

Course Code: LEAD-1334

Short Title: Workplace Communications

**Long Title:** Workplace Communications: It's All About You

**Prerequisites:** None

Co-requisites: N/A

School: School of Healthy, Community and Social Justice

**Division/Academy/Centre:** Centre for Leaderships

**Previous Code & Title:** MGMT134 – Workplace Communications: It's All About You

Course First Offered: October 2004

Credits: 1.0

## **Course Description**

Miscommunication is a key factor affecting business productivity and personal growth. Understanding the impact of positive and negative energy in a workplace is vital to succeeding as an employee on the front line, in mid-management, or in a senior position. Learn to divert time spent on personal issues to time spent on business productivity and career enjoyment. Apply learned techniques to reduce overreaction or feelings of being overwhelmed. Set healthy, professional boundaries; develop an inclusive approach to communication to improve the flow of information and reduce administrative redundancy; and improve skills an efficiencies in email and on the phone.

#### **Course Goals**

## **Learning Outcomes**

Upon successful completion of this course, the learner will be able to:

- Maintain a sense of self-control and detachment under stressful conditions
- 2. State the basic principles behind miscommunication
- 3. Describe and demonstrate how to reduce overwhelm and overreaction during communication
- 4. Set healthy and professional boundaries
- 5. Describe how to approach various personality styles
- 6. Describe how perceptional shifts in attitude can produce immediate results
- 7. Demonstrate improved skills and efficiencies in standard communications
- 8. Demonstrate personal responsibility and self-mastery as an advantage in communications

## **Course Topics/Content**

- Why miscommunications occur
- How people react to miscommunications
- How the learner reacts to miscommunication



- The assessment of "office archetypes" and behaviour models
- How we are evaluated in communications
- The difference between familiarity and professionalism
- The 4 major pitfalls in communication and how we can avoid them
- Setting healthy relationship boundaries

#### **Text & Resource Materials**

Use APA style; specify chapters where applicable. (APA Style Guidelines)

# **Equivalent JIBC Courses**

Instructional Method(s) (select all that apply)	Hours
⊠ Direct Instruction (lecture, seminar, role plays, independent study, etc.)	7
⊠Supervised Practice (includes simulations & labs)	7
☐ Practice Education, Field Placement, Internship or Co-op	
Total	14

## **Course Evaluation**

The evaluation criteria used for this course are represented below. Specific course evaluation information will be provided by the instructor at the start of the course.

Criterion			% of Final Grade (may be represented as a range)	
Course work (activit	ies, assignments, essays, rep	oorts, etc.)		
Quizzes and exams				
Simulations/Labs				
Attendance/Particip	pation (in class or online)			
Practice Education/	Internships			
		Total	100%	
Comments on Evalu	uation	•		
Course Grading So	cheme*			
□JIBC1 (A to F)	•	□JIBC3(CM/IN)	□JIBC4 (P/F)	
<u>" nttp://www.jibc.co</u>	<u>a/policy/3304</u> Grading policy	)		



# **Other Course Guidelines, Procedures and Comments**

View official versions of related JIBC academic regulations and student policies in the JIBC Calendar on the following pages of the JIBC website:

## **Academic Regulations:**

http://www.jibc.ca/programs-courses/jibc-calendar/academic-regulations
Student Academic Integrity Policy
Academic Progression Policy
Admissions Policy
Academic Appeals Policy
Evaluation Policy

#### **Student Policies:**

http://www.jibc.ca/about-jibc/governance/policies

Access Policy
Harassment Policy – Students
Student Records Policy
Student Code of Conduct Policy

# **JIBC Core Competencies**

**Grading Policy** 

our	programs will demonstrate high levels of compe	tenc	e in the following areas:	
	<b>Critical thinking:</b> Identify and examine issues and ideas; analyze and evaluate options in a variety of fields with differing assumptions, contents and methods.		<b>Problem solving:</b> State problems clearly; effectively and efficiently evaluate alternative solutions; choose solutions that maximize positive and minimize negative outcomes.	
	Communication, Oral and written: Demonstrate effective communication skills by selecting the appropriate style, language and form of communication suitable for different audiences and mediums.		Interpersonal relations: Know and manage ourselves; recognize and acknowledge the needs and emotions of others including those with diverse cultures, backgrounds and capabilities.	
	<b>Leadership:</b> Inspire individuals and teams to reach their potential by embracing innovation through strategic thinking and shared responsibility.		Inter-professional teamwork: Understand and work productively within and between groups, respect others' perspectives and provide constructive feedback with special attention to inter-professional relationships.	
	Independent learning: Show initiative by acting independently in choosing effective, efficient and appropriate applied learning, research and problem solving strategies.		Information literacy: Recognize and analyze the extent and nature of an information need; efficiently locate and retrieve	
	<b>Globally minded:</b> Self-aware of own identity and culture, recognize the interconnectedness of world events and issues; interact respectfully and authentically		information; evaluate it and its sources critically, and use information effectively ar ethically.	

The JIBC promotes the development of core and specialized competencies in its programs. Graduates of

across cultures; value multiple perspectives; utilize curiosity to learn with and from others.