

Course Code:	LEAD-1382
Short Title:	More than Words
Long Title:	More than Words: Understanding Body Language
Prerequisites:	None
Co-requisites:	N/A
School:	School of Health, Community and Social Justice
Division/Academy/Centre:	Centre for Leadership
Previous Code & Title:	MGMT182 – More than Words: Understanding Body Language
Course First Offered:	September 2009
<b>Credits:</b> 1.0	

# **Course Description**

This activity-driven course aims to increase levels of self-awareness and maximize communication effectiveness, impact ad finesse with the North American workplace context in mind. The goal of this course is to elevate your awareness of non-verbal communication skills to the same level as spoken communication and listening skills. This course is not about learning a replacement set of communication skills, but rather to embrace a complementary range of skills.

## **Course Goals**

This course will help you improve your professional relationships and effectiveness by increasing your ability to understand and apply the skills of non-verbal communication.

### **Learning Outcomes**

Upon successful completion of this course, the learner will be able to:

- 1. Understand non-verbal communication skills for negotiation and presentation scenarios
- 2. Understand non-verbal communication skills that influence others
- 3. Identify non-verbal communication skills that influence others
- 4. Demonstrate subtle interview skills
- 5. Demonstrate active listening
- 6. Analyze the impact that verbal non-communication has on making a first impression
- 7. Apply non-verbal communication skills in workplace and personal setting

### **Course Topics/Content**

- Facial expression
- Eye contact
- Physical distance and touch
- Dominant vs. submissive behaviour
- Paralanguage (non-verbal aspects of speech)



- Forensics (communicating to larger audiences)
- Interviewing and meeting skills

## Text & Resource Materials

## N/A

# **Equivalent JIBC Courses**

N/A

Instructional Method(s) (select all that apply)	Hours
⊠ Direct Instruction (lecture, seminar, role plays, independent study, etc.)	7
Supervised Practice (includes simulations & labs)	7
□ Practice Education, Field Placement, Internship or Co-op	
Total	14

## **Course Evaluation**

The evaluation criteria used for this course are represented below. Specific course evaluation information will be provided by the instructor at the start of the course.

Criterion			% of Final Grade (may be represented as a range)	
Course work (activitie	es, assignments, essays, repo	orts, etc.)		
Quizzes and exams				
Simulations/Labs				
Attendance/Participation (in class or online)			100%	
Practice Education/Ir	iternships			
		Total	100%	
Comments on Evalua	ation			
Course Grading Scl	heme*			
□JIBC1 (A to F)	□JIBC2 (MAS/NMA)	□JIBC3(CM/IN)	⊠JIBC4 (P/F)	
(* <u>http://www.jibc.ca/</u>	(policy/3304 Grading policy)			
Other Course Guid	elines, Procedures and	Comments		
View official versions of	of related JIBC academic regu	ulations and student p	policies in the JIBC Calendar o	on

the following pages of the JIBC website:



### **Academic Regulations:**

<u>http://www.jibc.ca/programs-courses/jibc-</u> <u>calendar/academic-regulations</u> Student Academic Integrity Policy Academic Progression Policy Admissions Policy Academic Appeals Policy Evaluation Policy Grading Policy

#### **Student Policies:**

http://www.jibc.ca/about-jibc/governance/policies

Access Policy Harassment Policy – Students Student Records Policy Student Code of Conduct Policy

# **JIBC Core Competencies**

The JIBC promotes the development of core and specialized competencies in its programs. Graduates of our programs will demonstrate high levels of competence in the following areas:

- Critical thinking: Identify and examine issues and ideas; analyze and evaluate options in a variety of fields with differing assumptions, contents and methods.
- Communication, Oral and written: Demonstrate effective communication skills by selecting the appropriate style, language and form of communication suitable for different audiences and mediums.
- Leadership: Inspire individuals and teams to reach their potential by embracing innovation through strategic thinking and shared responsibility.
- □ Independent learning: Show initiative by acting independently in choosing effective, efficient and appropriate applied learning, research and problem solving strategies.
- □ **Globally minded:** Self-aware of own identity and culture, recognize the interconnectedness of world events and issues; interact respectfully and authentically across cultures; value multiple perspectives; utilize curiosity to learn with and from others.

- Problem solving: State problems clearly; effectively and efficiently evaluate alternative solutions; choose solutions that maximize positive and minimize negative outcomes.
- Interpersonal relations: Know and manage ourselves; recognize and acknowledge the needs and emotions of others including those with diverse cultures, backgrounds and capabilities.
- Inter-professional teamwork: Understand and work productively within and between groups, respect others' perspectives and provide constructive feedback with special attention to inter-professional relationships.
- □ Information literacy: Recognize and analyze the extent and nature of an information need; efficiently locate and retrieve information; evaluate it and its sources critically, and use information effectively and ethically.