

### **OFFICIAL COURSE OUTLINE**

Course Code: CRES-1280

Short Title: Mediation Skills Level II

Long Title: Mediation Skills Level II

Prerequisites: CRES-1100 (CCR100) or CRES-1101 (CCR101), and CRES-1190 (formerly

CCR190), CRES-1180 (formerly CCR180) and CRES-1170 (formerly

CCR170)

Co-requisites: None

School: Health, Community and Social Justice

**Division/Academy/Centre:** Centre for Conflict Resolution

**Previous Code & Title:** CCR290 – Mediation Skills Level II

Course First Offered: June 1, 2008

Credits: 2.5

## **Course Description**

Building on the mediation process and skills learned in Mediation Skills Level I, this course moves to more challenging, complex and emotionally charged situations. Skills, theory and techniques include framing and tracking issues, probing for and clarifying interests, addressing power dynamics and adapting the mediation process to meet the needs of participants. You will discuss the development of a personal mediating style, legal and ethical issues in the mediation field, and caucusing. Emphasis is on skill development through simulated mediations, with assistance and feedback from trained coaches. A flash drive will be provided for you to record your role-play on the final day of the course.

#### **Course Goals**

At the completion of this 5-day (35-hour) course, the learner will be able to:

 Use a facilitative interest-based mediation process to mediate a dispute between two people involving emotionally charged, multiple issues.

## **Learning Outcomes**

Upon successful completion of this course, the learner will be able to:

- 1. Identify mediator style and influence on the mediation process, the professional of mediation and career paths.
- 2. During the mediation:
  - Establish and maintain an environment that supports safety and collaboration.
  - Remain impartial in dealing with participants and issues.



- Demonstrate responsiveness to procedural needs of the participants by adapting the mediation process to suit the issues and people involved.
- 3. Assist participants to:
  - Clarify, frame, track, link and fractionalize their issues.
  - Explore and clarify their interests.
  - Move from a past to a present and future focus.
- 4. Communicate respectfully and constructively and assist participants to do so by:
  - Assisting parties to deal with strong emotions.
  - Defusing escalating emotions and personal attacks.
  - Managing blame, hostility and resistance.
  - Identify and address power dynamics between participants.
  - Develop and encourage greater understanding between the participants and assist participants to reduce the interpersonal conflict between them.
- 5. Assist participants to make progress on their negotiable issues by:
  - Using skills in combination to explore and clarify interests and to move from discussion/exploration to resolution/closure.
  - Developing and using objective criteria.
  - Developing options based on interests and criteria.
- 6. Use advanced communication skills to support the mediation process.
- 7. Describe drafting a memorandum of consensus.
- 8. Describe the appropriate involvement of other professionals.
- 9. Display an increasing level of self-awareness regarding own strengths and challenges as a beginning mediator.

### **Course Topics/Content**

- Mediator styles and approaches.
- Mediator's appropriateness.
- Four stages of mediation process.
- Analyzing conflict.
- Framing issues.
- Uncovering and clarifying interests.
- Using criteria and standards.
- Building understanding.
- Handling emotions.



- Moving from exploration to resolution.
- Writing a memorandum of understanding.
- Mediation follow-up, evaluation.
- The power relationship.
- Neutrality of mediator.
- Caucusing.
- Ethics.
- Cultural considerations.
- Advanced communication skills (probing, reframing, refocusing, immediacy, confronting inconsistencies).

# **Text & Resource Materials**

#### Required:

Centre for Conflict Resolution. (2005). *Mediation Skills Level II, Fourth Edition.* New Westminster: Justice Institute of BC.

#### Recommended:

Baruch Bush, R.A. & Folger, J.P. (2005). *The Promise of Mediation: The Transformative Approach to Conflict.* San Francisco: Jossey-Bass Publishers.

Lang, M.D. & Taylor, A. (2000). *The Making of a Mediator: Developing Artistry in Practice*. San Francisco, Calif.: Jossey-Bass.

Picard, C. [et. Al.] (2004). The Art and Science of Mediation. Toronto, Ont.: Emond Montgomery Publications.

Winslade, J. & Monk, G. (2000). *Narrative Mediation: A New Approach to Conflict Resolution*. San Francisco, Calif.: Jossey-Bass.

# **Equivalent JIBC Courses**

N/A

Instructional Method(s) (select all that apply)	Hours
⊠ Direct Instruction (lecture, seminar, role plays, independent study, etc.)	21
⊠Supervised Practice (includes simulations & labs)	14
☐ Practice Education, Field Placement, Internship or Co-op	
Total	35



# **Course Evaluation**

The evaluation criteria used for this course are represented below. Specific course evaluation information will be provided by the instructor at the start of the course.

Criterion			% of Final Grade (may be represented as a range)	
Course work (activities	s, assignments, essays, repo	orts, etc.)		
Quizzes and exams				
Simulations/Labs			60%	
Attendance/Participation (in class or online)			40%	
Practice Education/Int	ernships			
		Tota	100%	
Comments on Evaluat	ion			
Course Grading Sch	eme*			
□JIBC1 (A to F)	□JIBC2 (MAS/NMA)	□JIBC3(CM/IN)	⊠JIBC4 (P/F)	
(* http://www.jibc.ca/p	olicy/3304 Grading policy)			
Other Course Guide	lines, Procedures and	Comments		
Learners must attend th	ne full course to receive cre	dit.		
View official versions of the following pages of t	_	ulations and studen	t policies in the JIBC Calendar on	
Academic Regulations:		Student Policies:		
http://www.jibc.ca/program	<del></del>	http://www.jibc.ca/ab	out-jibc/governance/policies	
<u>calendar/academic-regulations</u> Student Academic Integrity Policy		Access Policy		
Academic Progression Policy		Harassment Policy – Students		
Admissions Policy Academic Appeals Policy		Student Records Policy Student Code of Conduct Policy		
Evaluation Policy		Student Code of Com	duct rolley	
Grading Policy				
JIBC Core Competer	ncies			
	development of core and sponstrate high levels of comp		ncies in its programs. Graduates of wing areas:	
and ideas; analyze	dentify and examine issues and evaluate options in a th differing assumptions, nods.	effectively a solutions; ch	ving: State problems clearly; nd efficiently evaluate alternative noose solutions that maximize minimize negative outcomes.	



Communication, Oral and written: Demonstrate effective communication skills by selecting the appropriate style, language and form of communication suitable for different audiences and mediums.	Interpersonal relations: Know and manage ourselves; recognize and acknowledge the needs and emotions of others including those with diverse cultures, backgrounds and capabilities.
<b>Leadership:</b> Inspire individuals and teams to reach their potential by embracing innovation through strategic thinking and shared responsibility.	Inter-professional teamwork: Understand and work productively within and between groups, respect others' perspectives and provide constructive feedback with special
Independent learning: Show initiative by acting independently in choosing effective, efficient and appropriate applied learning, research and problem solving strategies.	Information literacy: Recognize and analyze the extent and nature of an information need; efficiently locate and retrieve
Globally minded: Self-aware of own identity and culture, recognize the interconnectedness of world events and issues; interact respectfully and authentically across cultures; value multiple perspectives; utilize curiosity to learn with and from others.	information; evaluate it and its sources critically, and use information effectively and ethically.