



BULLYING

A listing of materials available at the Justice Institute Library

GENERAL BOOKS

Adult Bullying: Perpetrators and Victims by Peter Randall. London, England: Routledge. (BF 637 B85 R36 1997)

And Words Can Hurt Forever: How to Protect Adolescents from Bullying, Harassment, and Emotional Violence by James Garbarino and Ellen deLara. New York: Free Press. (BF 637 B85 G36 2002)

Breaking the Cycle of Violence: Interventions for Bullying and Victimization by Richard J. Hazler. Washington, D.C.: Accelerated Development. (BF 637 B85 H37 1996)

Bullied Teacher, Bullied Student: How to Recognize the Bullying Culture in Your School and What to Do About It by Les Parsons. Markham, Ont.: Pembroke Publishers. (LB 3013.3 P37 2005)

Bullies & Victims: Helping Your Child Survive the Schoolyard Battlefield by SuEllen Fried and Paula Fried. New York: M. Evans and Co. (LB 3013.3 F75 1996)

Bullies: From the Playground to the Boardroom: Strategies for Survival by Jane Middleton-Moz and Mary Lee Zawadski. Deerfield Beach, Fla.: Health Communications. (BF 637 B85 M53 2002)

The Bullies: Understanding Bullies and Bullying by Dennis Lines. Philadelphia: Jessica Kingsley Publishers. (BF 637 B85 L56 2008)

The Bully at Work: What You Can Do to Stop the Hurt and Reclaim Your Dignity on the Job by Gary Namie and Ruth Namie. Naperville, Ill.: Sourcebooks, Inc. (HF 5549.5 E43 N348 2009)

Bully Blocking: Six Secrets to Help Children Deal with Teasing and Bullying by Evelyn M. Field. London: Jessica Kingsley. (BF 637 B85 F54 2007)

Bully Busters: A Teacher's Manual for Helping Bullies, Victims, and Bystanders by Dawn A. Newman, Arthur M. Horne and Christi L. Bartolomucci. Champaign, Ill.: Research Press. (BF 637 B85 N48 2000)

Bully-Proofing Your School: A Comprehensive Approach for Elementary Schools by Carla Garrity. Longmont, Colo.: Sopris West. (BF 637 B85 B846 1994)

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The Bully, the Bullied, and the Bystander: From Pre-School to High School: How Parents and Teachers Can Help Break the Cycle of Violence by Barbara Coloroso. Toronto, Ont.: HarperCollins Canada. (LB 3013.32 C65 2002)

Bullying Among Prisoners: Innovations in Theory and Research edited by Jane L. Ireland. Portland, Or.: Willan. (HV 6089 B856 2005)

Bullying and Victimization among Canadian School Children by Wendy M. Craig, Ray Dev. Peters, and Roman Konarski. Ottawa, Ont.: Human Resources Development Canada, Applied Research Branch. (BF 637 B85 C723 1998)

Bullying at School: Advice for Families by Andrew Mellor. Edinburgh, Scotland: The Scottish Council for Research in Education. (BF 637 B85 M445 1997)

Bullying at School: What We Know and What We Can Do by Dan Olweus. Cambridge, Mass.: Blackwell. (LB 1124 O48 1993)

Bullying in Schools by Rana Sampson. Washington, D.C.: U.S. Dept. of Justice, Office of Community Oriented Policing Services. (HV 7936 C83 P768 2002 NO. 12)
http://www.usdoj.gov/cops/pdf/cp_resources/guidebooks/e12011405.PDF

Bullying, Rejection, and Peer Victimization: A Social Cognitive Neuroscience Perspective edited by Monica J. Harris. New York: Springer. (BF 637 B85 B858 2009)

Bullyproof: A Teacher's Guide on Teasing and Bullying for Use with Fourth and Fifth Grade Students by Nan Stein. Wellesley, Ma.: Center for Research on Women. (BF 637 B85 S743 1996)

Bully/Victim Conflict: An Overview for Educators by Beverly B. Title. Minneapolis, Mn.: Johnson Institute. (LB 3011.5 T58 1996)

Childhood Bullying, Teasing, and Violence: What School Personnel, Other Professionals, and Parents Can Do by Dorothea M. Ross. Alexandria, Va.: American Counseling Assoc. (LB 3011.5 R67 2003)

Cyberbullying edited by Lauri S. Freidman. Detroit, MI: Greenhaven Press. (HV 6773.2 C925 2011)

Dignity at Work: Eliminate Bullying and Create a Positive Working Environment by Pauline Rennie Peyton. New York: Brunner-Routledge. (BF 637 B85 R46 2003)

Focus on Bullying: A Prevention Program for Elementary School Communities. Victoria, B.C.: British Columbia Ministry of Education, Ministry of Attorney General. (BF 637 B85 F623 1999)
<http://www.bced.gov.bc.ca/specialed/bullying.pdf>

Focus on Harassment and Intimidation: Responding to Bullying in Secondary School Communities by Safe School Initiative and Inter-Ministry Committee on Youth Violence and Crime. Victoria, B.C.: Ministry of Education. (LB 3013.34 C26 F624 2001)

The Handbook of School Violence and School Safety: From Research to Practice edited by Shane R. Jimerson and Michael J. Furlong. Mahwah, N.J.: Lawrence Erlbaum Associates. (LB 3013.3 H346 2006)

How Parents Can Take Action Against Bullying by Cindi Seddon, Alyson McLellan, and Gesele Lajoie. Coquitlam, B.C.: Bully B'Ware Productions. (BF 637 B85 S433 2000)

It's Up to Me: Building Healthy Relationships. Moncton, N.B.: Coalition against Abuse in Relationships. (BF 724.3 I58 I878 2000)

Mean Girls: 101 ½ Creative Strategies and Activities for Working with Relational Aggression by Kaye Randall & Allyson A. Bowen. Chapin, SC: YouthLight, Inc. (BF 575 A3 R363 2007)

Names Will Never Hurt Me: Bullyproofing for Children by Beverly Brookman. Gabriola, B.C.: Pacific Edge Publishing. (BF 637 B85 B765 1999)

Odd Girl Out: The Hidden Culture of Aggression in Girls by Rachel Simmons. New York: Harcourt. (BF 723 A35 S56 2002)

Oral Sex is the New Goodnight Kiss: The Sexual Bullying of Teenage Girls by Sharlene Azam. Santa Monica, Calif. (HQ 735 A926 2009)

Preventing and Treating Bullying and Victimization edited by Eric M. Vernberg and Bridget K. Biggs. New York: Oxford University Press. (BF 637 B85 P74 2010)

Preventing Bullying and School Violence by Stuart W. Twemlow and Frank C. Sacco. Washington, DC: American Psychiatric Pub. (BF 637 B85 T94 2011)

Preventing School Bullying: Things You Can Do. London, England: Police Research Group Publications. (LB 3013.3 P747 1996)

School Bullying and Victimization: NSSC Resource Paper. Malibu, Calif.: National School Safety Center, Pepperdine University. (BF 637 B85 S363 1993)

School Bullying: Insights and Perspectives edited by Peter K. Smith and Sonia Sharp. London, England: Routledge. (LB 3011 S419 1994)

Set Straight on Bullies by Stuart Greenbaum, Brenda Turner and Ronald D. Stephens. Malibu, Calif.: National School Safety Center. (LB 3013.3 G743 1989)

Tackling Bullying in Your School: A Practical Handbook for Teachers edited by Sonia Sharp and Peter K. Smith. London, England: Routledge. (BF 637 B85 T33 1994)

Take Action against Bullying. Bully B'ware Productions. Coquitlam, B.C.: Bully B'ware Productions. (BF 637 B85 T843 1997)

Take the Bully by the Horns: Stop Unethical, Uncooperative, or Unpleasant People from Running and Ruining Your Life by Sam Horn. New York: St. Martin's Press. (BF 637 B85 H67 2002)

Understanding Girl Bullying and What to Do About It: Strategies to Help Heal the Divide by Julaine E. Field ... [et al.]. Thousand Oaks, Calif.: Corwin Press. (LB 3013.32 U63 2009)

Understanding Girls' Friendships, Fights, and Feuds: A Practical Approach to Girls' Bullying by Valerie E. Besag. New York: Open University Press. (BF 637 B85 B475 2006)

GENERAL DVDs

- D1226 **Girls and Aggression** (DVD, 10 minutes)
Examines the risk factors for aggressive and violent behaviour among young girls. Fourteen researchers discuss related crime rates and the success of treatment and intervention programs. Also includes interviews with four young women who describe their own experiences as aggressive girls. (University of Victoria)
(BF 723 A35 G573 2002)
- D1115 **Hating Tami: A Look at Female Bullying** (DVD, 26 minutes)
Angela and her friends take every opportunity to make Tami's life miserable, even going so far as to pose as a boy interested in Tami on a social networking site. In a dramatic turn of events, Angela's cruel prank is uncovered. (Aquarius Health Care Media)
(LB 3013.3 H38 2008)
- D946 **It's a Girl's World** (DVD, 52 minutes)
Examines the relationships among young girls. Through audio and video diaries, a disturbing picture emerges of how girls use friendships to hurt each other and win social power in the group. At the same time, their parents struggle through considerable denial and disbelief to accept and deal with the serious consequences of this behavior. Discusses a true story of a fourteen-year-old girl who committed suicide. (National Film Board of Canada) (BF 637 B85 I774 2002)
Copy 1 is in Video format.
- D792 **Opposing Aggression and Bullying** (DVD, 38 minutes)
Examines what happens when ordinary people become witnesses to events of aggression and bullying. In each scenario, actors draw unassuming spectators into tense and often disturbing situations. (McIntyre Media Inc.) (BJ 1419 O67 2008)
- D1151 **Physics of Bullying: A New Approach to Bullying Intervention Using the Laws of Conservation and Symmetry** (DVD, 40 minutes)
Thousands of children avoid school each day for fear of being persecuted by their peers; countless more dread it for the same reason. This timely, insightful, and truly practical DVD shows parents, teachers, administrators, and community leaders how to begin creating healthier, safer communities. (Heartspeak Productions)
(BF 637 B85 P493 2009)

- D1293 **This Secret Shame** (DVD, 25 minutes)
 The story of Wesley Olesak, a constant target of bullying, which leads to his eventual suicide. The program discusses bullying in Canada. A psychologist elaborates on the behaviour of bullying. (Canadian Broadcasting Corporation) (BF 637 B85 S427 1996)

GENERAL VIDEOS

- V2486 **Bullied, Battered and Bruised** (video, 55 minutes)
 A look at the most daunting characters of the schoolyard — the bullies. Includes interviews with children who have been their victims. Also includes the story of two schools and how they are dealing with the problem. (Canadian Broadcasting Corporation International Sales) (BF 637 B85 B838 2000)
- V1704 **Bully Beware Take Action against Bullying** (video, 12 minutes)
 This video is comprised of four scenarios involving realistic bullying incidents between middle school students. It offers students practical advice and skills for handling bullying. Topics include: building connections, using authority, staying safe, and caring enough to take a stand. (Bully B'ware Productions) (BF 637 B85 B843 1997)
- V2426 **Bully Dance** (video, 10 minutes)
 Using “stick people” this video is designed as a tool for conflict resolution. “Like the dance beat pulsing throughout the film, the bully’s intimidation of a smaller victim is unrelenting; no one stops the dance until serious harm is inflicted.” (National Film Board of Canada) (BF 637 B85 B844 2000)
- V1849 **BullySmart New Personal Safety System** (video, 30 minutes)
 Teaches children to use a 4-step personal safety system to deal with bullies. Topics include: techniques to say “no” to peer pressure, self esteem and confidence to counter bullies, 5 things to do if approached by a bully, confident body language, last resort self-defense techniques, communication tips to get away from a bully without fighting, and the importance of getting involved with school activities. (LifeSmart) (BF 637 B85 B837 1995)
- V2981 **It’s a Girl’s World** (video, 52 minutes)
 Examines the relationships among young girls. Through audio and video diaries, a disturbing picture emerges of how girls use friendships to hurt each other and win social power in the group. At the same time, their parents struggle through considerable denial and disbelief to accept and deal with the serious consequences of this behaviour. Discusses a true story of a fourteen-year-old girl who committed suicide. (National Film Board of Canada) (BF 637 B85 I774 2002)
Copy 2 is in DVD format.
- V2351 **Making Schools Safer** (video, 26 minutes)
 This video provides parents with information on what is being done to make sure schools are safe places in which to learn. It focuses on bullying. Includes interviews with teachers, parents, students and bullying prevention experts. It also includes warning signs to help recognize and respond to bullying problems. (BC Ministry of Education) (LB 3013.3 M237 2000)

V2857

Workplace Bullying (video, 27 minutes)

This program is designed for employees and managers as part of a wider strategy to prevent workplace bullying. It covers legal obligations, mediation and counselling, coping strategies and the effects on the workplace. It contains two parts: part one is for general viewing by all staff; part two is for managers, explaining their obligations and offering solutions. (RG Training Resources Ltd.) (HF 5549.5 E43 W573 2003)

Other related bibliographies:

- Workplace Harassment

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