

CRITICAL INCIDENT STRESS

A listing of materials available at the Justice Institute Library

GENERAL BOOKS

Acute Reactions to Trauma and Psychotherapy: A Multidisciplinary and International Perspective edited by Etzel Cardena and Kristin Croyle. Binghamton, NY: Haworth Medical Press: (RC 455.4 S87 A25 2005)

Aftermath: Survive and Overcome Trauma by Mariann Hybels-Steer. New York, NY: Simon & Schuster. (RC 552 P67 H93 1995)

Assessing Psychological Trauma and PTSD edited by John P. Wilson and Terence M. Keane. New York, NY: Guilford Press. (RC 552 P67 A85 2004)

A Basic Understanding of Trauma: Theories of Understanding How Trauma Travels through the Mind and Body by Gerald Kiesman. Victoria, BC: G. Kiesman. (RC 552 P67 K543 2007)

Beyond Trauma: Conversations on Traumatic Incident Reduction edited by Victor R. Volkman. Ann Arbor, MI: Loving Healing Press. (RC 552 P67 V656 2005)

The Body Bears the Burden: Trauma, Dissociation, and Disease by Robert C. Scaer. New York, NY: Routledge. (RC 552 P67 S2236 2014)

The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma by Bessel A. van der Kolk, MD. New York, New York: Viking. (RC 552 P67 V355 2014)

The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment by Babette Rothschild. New York, NY: Norton. (RC 489 M53 R68 2000)

The Body Remembers: Volume 2: Revolutionizing Trauma Treatment by Babette Rothschild. New York, NY: Norton. (RC 489 M53 R68 2017)

Bridging Responses: A Front-Line Worker's Guide to Supporting Women Who Have Post-Traumatic Stress by Lori Haskell. Toronto, ON: Centre for Addiction and Mental Health. (RC 552 P67 H284 2001)

Child Abuse Trauma: Theory and Treatment of Lasting Effects by John N. Briere. Newbury Park, CA: Sage Publications. (RC 569.5 C55 B75 1992)

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- A Clinical Handbook/Practical Therapist Manual: Assessing and Treating Adults with Post-Traumatic Stress Disorder (PTSD)** by Donald Meichenbaum. Waterloo, ON: Institute Press. (RC 552 P67 M433 1994)
- Cognitive Processing Therapy for PTSD: A Comprehensive Manual** by Patricia A. Resick, Candice M. Monson, and Kathleen M. Chard. New York, NY: The Guilford Press. (RC 552 P67 R47 2017)
- Compassion Fatigue: Coping with Secondary Traumatic Stress Disorder in Those Who Treat the Traumatized** by Charles R. Figley. New York, NY: Brunner/Mazel. (RC 552 P67 C666 1995)
- Comprehensive Acute Traumatic Stress Management, CATSM** by Mark D. Lerner and Raymond D. Shelton. Commack, NY: American Academy of Experts in Traumatic Stress. (RC 480.6 L475 2005)
- Coping with Post-Traumatic Stress Disorder: A Guide for Families** by Cheryl A. Roberts. Jefferson, NC: McFarland & Co. (RC 552 P67 R63 2011)
- Counselling for Post-Traumatic Stress Disorder** by Michael J. Scott and Stephen G. Stradling. Thousand Oaks, CA: SAGE Publications. (RC 552 P67 S35 2006)
- Critical Incident Debriefing: Understanding and Dealing with Trauma** by Frank Parkinson. London, ENG: Souvenir Press. (RC 552 P67 P275 1997)
- Critical Incident Stress Management Across the Life Span: Conference Proceedings.** Turrumurra, AU: CISA Conference Organising Committee. (RC 552 P67 A883 1992)
- Critical Incident Stress: Sources, Reactions and Solutions** by Toby Snelgrove. West Vancouver, BC: Easton-Snelgrove, Inc. (RC 552 P67 S54 1998)
- Cultural Competence in Trauma Therapy: Beyond the Flashback** by Laura S. Brown. Washington, DC: American Psychological Association. (RC 552 P67 B764 2008)
- Day After Day the Price You Pay: Managing Your Second-Hand Shock** by Ellie Izzo and Vicki Carpel Miller. CA: Janis Publications. (RC 552 P67 1993 2008)
- Does Stress Damage the Brain? Understanding Trauma-Related Disorders from a Mind-Body Perspective** by J. Douglas Bremner. New York, NY: W.W. Norton. (RC 552 P67 B735 2005)
- Early Intervention for Trauma and Traumatic Loss** edited by Brett T. Litz. New York, NY: Guilford Press. (RC 552 P67 E256 2004)
- Effective Treatments for PTSD: Practice Guidelines from the International Society for Traumatic Stress Studies** edited by Edna B. Foa ... [et al.]. New York, NY: Guilford Press. (RC 552 P67 E35 2009)
- EMDR As an Integrative Psychotherapy Approach: Experts of Diverse Orientations Explore the Paradigm Prism** edited by Francine Shapiro. Washington, DC: American Psychological Association. (RC 489 E98 E465 2002)

An EMDR Therapy Primer: From Practicum to Practice by Barbara J. Hensley. New York, NY: Springer Publishing Company, LLC. (RC 489 E98 H46 2016)

Emergency Services Stress: Guidelines for Preserving the Health and Careers of Emergency Services Personnel by Jeffrey T. Mitchell and Grady P. Bray. Englewood Cliffs, NJ: Prentice-Hall. (RC 552 P67 M57 1990)

Emotion-Focused Therapy for Complex Trauma: An Integrative Approach by Sandra C. Paivio and Antonio Pascual-Leone. Washington, DC: American Psychological Association. (RC 489 F62 P35 2010)

The Encyclopedia of Psychological Trauma edited by Gilbert Reyes, Jon D. Elhai, and Julian D. Ford. Hoboken, NJ: Wiley. (RC 552 P67 E53 2008)

Ethnocultural Aspects of Posttraumatic Stress Disorder: Issues, Research, and Clinical Applications edited by Anthony J. Marsella. Washington, DC: American Psychological Association. (RC 552 P67 E83 1996)

Eye Movement Desensitization and Reprocessing (EDMR): Basic Principles, Protocols, and Procedures by Francine Shapiro. New York, NY: The Guilford Press. (RC 489 E98 S534 2018)

First Stage Trauma Treatment: A Guide for Mental Health Professionals Working with Women by Lori Haskell. Toronto, ON: Centre for Addiction and Mental Health. (RC 552 P67 H37 2003)

Gender and PTSD edited by Rachel Kimerling, Paige Ouimette, and Jessica Wolfe. New York, NY: Guilford Press. (RC 552 P67 G46 2002)

Group Crisis Support: Why it Works, When & How to Provide It by Jeffrey T. Mitchell. Ellicott City, MD: Chevron Pub. Corp. (RC 480.6 M575 2007)

Handbook of Posttraumatic Growth: Research and Practice edited by Lawrence G. Calhoun and Richard G. Tedeschi. Mahwah, NJ: Lawrence Erlbaum Associates. (RC 552 P67 H34 2006)

Handbook of Post-Traumatic Therapy edited by Mary Beth Williams and John F. Sommer. Westport, CT: Greenwood Press. (RC 552 P67 H35 1994)

Healing the Traumatized Self: Consciousness, Neuroscience, Treatment by Paul Frewen and Ruth Lanius. New York, NY: W. W. Norton & Company. (RC 552 P67 F745 2015)

Healing Trauma: Attachment, Mind, Body, and Brain edited by Marion F. Solomon and Daniel J. Siegel. New York, NY: W.W. Norton. (RC 552 P67 H426 2003)

Helping Traumatized Families by Charles R. Figley and Laurel J. Kiser. New York, NY: Routledge (RC 552 P67 F54 2013)

Human Elements Training for Emergency Services, Public Safety, and Disaster Personnel: An Instructional Guide to Teaching Debriefing, Crisis Intervention, and Stress Management Programs by Jeffrey T. Mitchell and George S. Everly. Ellicott City, MD: Chevron Pub. Corp. (HV 551.3 M57 1994)

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I Can't Get Over It: A Handbook for Trauma Survivors by Aphrodite Matsakis. Oakland, CA: New Harbinger Publications. (RC 552 P67 M365 1996)

Images of Trauma: From Hysteria to Post-Traumatic Stress Disorder by David Healy. Boston, MA: Faber and Faber. (RC 552 P67 H43 1993)

In the Line of Fire: Trauma in the Emergency Services by Cheryl Regehr and Ted Bober. Toronto, ON: Oxford University Press. (RC 451.4 E44 R445 2005)

Integrative Crisis Intervention and Disaster Mental Health by George S. Everly, Jr. and Jeffrey T. Mitchell. Ellicott City, MD: Chevron Pub. (RC 451.4 D57 E94 2008)

International Handbook of Traumatic Stress Syndromes edited by John P. Wilson and Beverley Raphael. New York, NY: Plenum Press. (RC 552 P67 I58 1993)

The Little Book of Trauma Healing: When Violence Strikes and Community Security is Threatened by Carolyn Yoder. Intercourse, PA: Good Books. (RC 552 P67 Y63 2005)

Loving Someone with PTSD: A Practical Guide to Understanding and Connecting with Your Partner After Trauma by Aphrodite T. Matsakis. Oakland, CA: New Harbinger Publications. (RC 552 P67 M366 2014)

Managing Trauma in the Workplace: Supporting Workers and Organizations edited by Noreen Tehrani. New York, NY: Routledge. (RC 552 P67 M356 2011)

Managing Traumatic Stress Risk: A Proactive Approach by Douglas Paton ... [et al.]. Springfield, IL: Charles C. Thomas. (HF 5548.85 M364 2004)

Many Faces of Posttraumatic Stress Disorder by Susan Rau Stocker. Uniontown, OH: Holy Macro! Books. (RC 552 P67 S76 2010)

Mind-Body Workbook for PTSD: A 10-Week Program for Healing After Trauma by Stanley H. Block and Carolyn Bryant Block. Oakland, CA: New Harbinger Publications. (RC 552 P67 B63 2010)

Mini-Series on Post-Traumatic Stress Disorder: Current Status and Future Directions edited by Terrence M. Keane (special issue of **Behavior Therapy** v. 20 (2) Spring 1989). New York, NY: Association for the Advancement of Behavior Therapy. (RC 552 P67 M557 1989)

Narrative Exposure Therapy: A Short-Term Treatment for Traumatic Stress Disorders by Maggie Schauer, Frank Neuner, and Thomas Elbert. Toronto, ON: Hogrefe. (RC 552 P67 S33 2011)

On the Ground After September 11: Mental Health Responses and Practical Knowledge Gained edited by Yael Danieli and Robert L. Dingman. New York, NY: Haworth Maltreatment and Trauma Press. (HV 6432.7 053 2005)

Post-Traumatic Stress by Stephen Regel and Stephen Joseph. Oxford, UK: Oxford University Press. (RC 552 P67 R44 2017)

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Post-Traumatic Stress Disorder: A Complete Treatment Guide by Aphrodite Matsakis. Oakland, CA: New Harbinger Publications. (RC 552 P67 M368 1994)

Post-Traumatic Stress Disorder and Chronic Health Conditions by Steven S. Coughlin. Washington, DC: American Public Health Association. (RC 552 P67 C67 2012)

Post Traumatic Stress Disorder (PTSD) and War-Related Stress. Ottawa, ON: Veterans Affairs Canada. (RC 552 P67 P687 2006)

Post-Traumatic Stress Disorder: Relationships & Brain Chemistry: A Manual for Lay People As Well as Clinicians by Amy Banks. Wellesley, MA: Jean Baker Miller Training Institute. (RC 552 P67 B254 2001)

The Post-Traumatic Stress Disorder Sourcebook: A Guide to Healing, Recovery, and Growth by Glenn R. Schiraldi. New York, NY: McGraw-Hill. (RC 552 P67 S326 2016)

Post-Traumatic Stress Disorder: The Victim's Guide to Healing and Recovery by Raymond B. Flannery. New York, NY: Crossroad. (RC 552 P67 F55 1992)

Posttraumatic Growth in Clinical Practice by Lawrence G. Calhoun and Richard G. Tedeschi. New York, NY: Routledge. (RC 552 P67 C45 2013)

Posttraumatic Stress Intervention: Challenges, Issues, and Perspectives edited by John M. Violanti, Douglas Paton and Christine Dunning. Springfield, IL: C.C. Thomas. (RC 552 P67 P675 2000)

Post-Traumatic Therapy and Victims of Violence edited by Frank M. Ochberg. New York, NY: Brunner/Mazel. (RC 552 P67 P68 1988)

A Practical Guide for University Crisis Response by Mark D. Lerner, Joseph S. Volpe, and Brad Lindell. Commack, NY: American Academy of Experts in Traumatic Stress. (LB 2866 L475 2004)

Principles of Trauma Therapy: A Guide to Symptoms, Evaluation, and Treatment by John N. Briere and Catherine Scott. Los Angeles, CA: SAGE. (RC 552 P67 B7495 2015)

Proactive Trauma Management: Trauma Intervenor's Resource Manual by Toby Snelgrove. West Vancouver, BC: Easton-Snelgrove, Inc. (RC 552 P67 S544 2000)

Promoting Capabilities to Manage Posttraumatic Stress: Perspectives on Resilience edited by Douglas Paton, John M. Violanti, and Leigh M. Smith. Springfield, IL: Charles C. Thomas Publishers. (RC 552 P67 P763 2002)

Psychological Assessment of Adult Posttraumatic States: Phenomenology, Diagnosis, and Measurement by John Briere. Washington, DC: American Psychological Association. (RC 552 P67 B75 2004)

Psychological Debriefing: A Leader's Guide for Small Group Crisis Intervention by Atle Dyregrov. Ellicott City, MD: Chevron Pub. Corp. (RC 552 P67 D97 2003)

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- Psychological Debriefing: Theory, Practice, and Evidence** edited by Beverley Raphael and John P. Wilson. New York, NY: Cambridge University Press. (RC 552 P67 P7715 2000)
- Psychological Trauma** by B. Van der Kolk. Washington, DC: American Psychiatric Press. (RC 552 P67 P77 1987)
- Retraumatization: Assessment, Treatment, and Prevention** edited by Melanie P. Duckworth and Victoria M. Follette. New York, NY: Routledge. (RC 552 P67 R48 2012)
- Seeking Safety: A Treatment Manual for PTSD and Substance Abuse** by Lisa M. Najavits. New York, NY: Guilford Press. (RC 489 C63 N34 2002)
- Shock Waves: A Practical Guide to Living with a Loved One's PTSD** by Cynthia Orange. Center City, MN: Hazelden. (RC 552 P67 O73 2010)
- Strategic Interventions for People in Crisis, Trauma, and Disaster** by Diana Sullivan Everstine and Louis Everstine. New York, NY: Routledge. (RC 480.6 E913 2006)
- Transforming the Pain: A Workbook on Vicarious Traumatization** by Karen W. Saakvitne and Laurie Anne Pearlman. New York, NY: Norton & Company. (RC 552 P67 S22 1996)
- Trauma and Health: Physical Health Consequences of Exposure to Extreme Stress** edited by Paula P. Schnurr and Bonnie L. Green. Washington, DC: American Psychological Association. (RC 455.4 S87 T735 2004)
- Trauma and Its Wake: The Study of Post-Traumatic Stress Disorder** by C. Figley. New York, NY: Brunner/Mazel. (RC 552 P67 T73 1985)
- Trauma and Recovery: The Aftermath of Violence, from Domestic Abuse to Political Terror** by Judith Herman. New York, NY: Basic Books. (RC 552 P67 H47 2015)
- The Trauma Counselor Training Manual** by Gerald Kiesman. Victoria, BC: G. Kiesman. (RC 552 P67 K548 2007)
- Trauma: Explorations in Memory** edited by Cathy Caruth. Baltimore, MD: Johns Hopkins University Press. (BF 175.5 P75 T73 1995)
- Trauma, Memory, and Dissociation** edited by J. Douglas Bremner and Charles R. Marmar. Washington, DC: American Psychiatric Press. (RC 553 D5 T73 1998)
- Trauma, Psychopathology, and Violence: Causes, Consequences, or Correlates?** edited by Cathy Spatz Widom. New York: Oxford University Press. (RC 552 P67 T73 2012)
- Trauma, Recovery, and Growth: Positive Psychological Perspectives on Posttraumatic Stress** edited by Stephen Joseph and P. Alex Linley. Hoboken, NJ: Wiley. (RC 552 P67 T737 2008)

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The Trauma Recovery Group: A Guide for Practitioners by Michaela Mendelsohn ... [et al.]. New York, NY: Guilford Press. (RC 552 P67 M454 2011)

Trauma-Related Stress in Australia: Essays by Leading Australian Thinkers and Researchers edited by Bob Douglas and Jo Wodak. Weston, ACT: Australia 21 Ltd. (RC 552 P67 T73 2016)

The Trauma Response: Treatment for Emotional Injury by Diana Sullivan Everstine and Louis Everstine. New York, NY: Norton. (RC 552 P67 E84 1993)

Trauma, Transformation, and Healing: An Integrative Approach to Theory, Research, and Post-Traumatic Therapy by John P. Wilson. New York, NY: Brunner/Mazel. (RC 552 P67 W55 1989)

Traumatic Incident Reduction: Research and Results edited by Victor R. Volkman. Ann Arbor, MI: Loving Healing Press. (RC 552 P67 T755 2008)

Traumatic Stress: From Theory to Practice edited by John R. Freedy and Stevan E. Hobfoll. New York, NY: Plenum Press. (RC 552 P67 T756 1995)

Traumatic Stress in Critical Occupations: Recognition, Consequences, and Treatment by Douglas Paton and John M. Violanti. Springfield, IL: Charles C. Thomas Publishers. (RC 552 P67 P286 1996)

Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body, and Society edited by Bessel A. van der Kolk, Alexanders C. McFarlane, and Lars Weisaeth. New York, NY: Guilford Press. (RC 552 P67 T758 1996)

Treating Compassion Fatigue edited by Charles R. Figley. New York, NY: Brunner-Routledge. (RC 451.4 M44 T74 2002)

Treating Complex Traumatic Stress Disorders: An Evidence-Based Guide edited by Christine A. Courtois and Julian D. Ford. New York, NY: Guilford Press. (RC 552 P67 T763 2009)

Treatment of Traumatized Adults and Children edited by Allen Rubin and David W. Springer. Hoboken, NJ: Wiley. (RC 552 P67 T767 2009)

Trust After Trauma: A Guide to Relationships for Survivors and Those Who Love Them by Aphrodite Matsakis. Oakland, CA: New Harbinger Publications. (RC 552 P67 M287 1998)

Understanding Trauma: Integrating Biological, Clinical and Cultural Perspectives edited by Laurence J. Kirmayer, Robert Lemelson, and Mark Barad. Cambridge, ENG: Cambridge University Press. (RC 552 P67 U534 2008)

Waiting for First Light: My Ongoing Battle with PTSD by Romeo Dallaire and Jessica Dee Humphreys. Toronto, ON: Random House Canada. (RC 552 P67 D35 2016)

Waking the Tiger: Healing Trauma: The Innate Capacity to Transform Overwhelming Experiences by Peter A. Levine. Berkeley, CA: North Atlantic Books. (RC 552 P67 L48 1997)

"Walk the Talk" First Responder Peer Support: A Boots-On-The-Ground Peer and Trauma Support Systems Guide by Brad McKay and Sylvio Gravel. Fitzroy Harbour, ON: Sylvio A. Gravel. (RC 963.48 M35 2016)

What Doesn't Kill Us: The New Psychology of Posttraumatic Growth by Stephen Joseph. New York, NY: Basic Books. (RC 552 P67 J673 2011)

Who Gets PTSD? Issues of Posttraumatic Stress Vulnerability edited by John M. Violanti and Douglas Paton. Springfield, IL: Charles C. Thomas. (RC 552 P67 W46 2006)

Women and Post Traumatic Stress Disorder: Moving Research to Policy by Francisca Isi Omorodion and Judy White. Winnipeg, MB: Prairie Women's Health Centre of Excellence. (RC 552 P67 0469 2003)

GENERAL DVDs

- D1857 **Aftermath: An Initial Response to Critical Incidents** (DVD, 18 minutes)
This program depicts a critical incident in the workplace and shows how counselling sessions, known as defusing or debriefing, are effective at reducing workers' anxiety and stress related to a critical incident. (Workers' Compensation Board of B.C.) (RC 552 P67 A375 1996)
- D840 **CISM. Response for First Responders** (DVD, 108 minutes)
The Michigan Crisis Response Association presents a demonstration of a response to first responders after the death of three children in a fire. It includes CISM, defusing, CMB, and PASS for a first responder scenario. (Chevron Publishing Corp.) (RC 480.6 C577 2009)
- D839 **CISM. Response to a Community Setting** (DVD, 87 minutes)
The Michigan Crisis Response Association presents a demonstration of a response to staff of a high school following the death of a student at a football game. It includes CISM, defusing, CMB, and PASS for a community-based scenario. (Chevron Publishing Corp.) (RC 480.6 C578 2009)
- D1346 **The Counting Method** (DVD, 25 minutes)
This program documents a specific technique for mastering flashbacks and intrusive recollections, and a collegial, collaborative relationship between psychotherapist and client, midway through a long-term, multifaceted out-patient treatment. (Kinetic) (RC 552 P67 C685 1993)
- D1031 **Counting the Cost: The Lasting Impact of Childhood Trauma** (DVD, 30 minutes)
Dr. Bessel van der Kolk and three clinicians explore the various symptoms of Disorder of Extreme Stress. Four survivors of severe early trauma add their perspectives on its effect on their lives and their attempts to cope with those effects. (Cavalcade Productions Inc.) (RC 552 P67 C69 1995)

- D1153 **Critical Incident Stress Debriefing** (DVD, 30 minutes)
This package is designed to assist people in various occupations and organizations recognize and manage critical incident stress (CIS). The DVD follows a fictional critical incident and illustrates the stages of critical incident stress support that precede and follow it. The DVD support materials include a workshop facilitator's guide which will assist the facilitator to conduct a half-day workshop. It also includes a self-directed study guide that provides an overview of CIS and CIS management (CISM). Please note that this DVD contains some course language which may offend some viewers. (Justice Institute of B.C.) (RC 552 P67 C758 1996)
- D860 **Critical Incident Stress Debriefing (CISD): Powerful Event Group Support**
(DVD, 44 minutes)
CISD is a structured, small group crisis intervention process. The CISD is a formal group discussion of a traumatic event. Each CISD is conducted by a trained crisis team following a multi-step process. Dr. Mitchell explains the rationale for using a CISD and describes, in detail, the seven steps in the process. Following a crisis management briefing demonstration, he leads a traumatized group of business executives through a CISD. The program also includes study questions that can be used for discussions among CISM team members. (Chevron Publishing) (RC 480.6 C5756 2009)
- D1526 **Critical Incident Stress: Fire Fighters' Experience** (DVD, 15 minutes)
Three firefighters discuss critical incidents which have had a strong emotional impact on their lives. Of interest to any emergency service worker. (Justice Institute of B.C., Fire Academy) (RC 552 P67 C756 1989)
- D859 **Critical Incident Stress Management (CISM): Defusing/Immediate Small Group Support.** (DVD, 30 minutes)
A defusing is a small group crisis intervention process designed to alleviate distress, enhance unit cohesion, and restore unit performance. Dr. Mitchell describes the defusing process and its benefits. Following a crisis management briefing, he conducts a demonstration of a defusing with a small group of business executives. The program also includes study questions for discussions among CISM team members. (Chevron Publishing) (RC 480.6 C5753 2009)
- D861 **Critical Incident Stress Management: Crisis Management Briefing (CMB)**
(DVD, 21 minutes)
A Crisis Management Briefing (CMB) is a versatile crisis intervention tool for use with large groups exposed to traumatic events. As an early intervention, a CMB provides information and guidance. It can reduce anxiety and mitigate distress, while restoring people to adaptive functions. Dr. Mitchell offers information about the nature and uses of a CMB and then conducts a demonstration with a group of traumatized employees in a business setting. (Chevron Publishing) (RC 480.6 C575 2009)
- D1581 **EMDR, A Closer Look** (DVD, 40 minutes)
A group of experts present their perspectives on a variety of issues concerning EMDR. Dr. Francine Shapiro demonstrates the eight-step EMDR protocol and discusses the relationship between EMDR and trauma. (Guilford Press) (RC 489 E98 E437 1999)

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- D1850 **Firefighter Critical Incident Stress** (DVD, 15 minutes)
Covers the two main types of reactions to critical incidents: acute and delayed. Discusses the symptoms of both, as well as strategies for managing each type of reaction. (Federal Emergency Management Agency, National Fire Academy) (RC 552 P67 F573)
- D912 **Inside a Gunshot Victim** (DVD, 43 minutes)
This video, after re-creating the crime, follows the victim from the scene of the crime, to surgery, to intensive care, to recovery and through his ongoing therapy for post-traumatic stress disorder. It discusses the treatment of his wounds, the use of ballistic tests as well as illustrating the effects of gunshot wounds on the human body. (Films Media Group) (RA 1121 I575 2006)
- D2049 **Moving Forward ... in the Aftermath of Trauma** (DVD, 14 minutes)
This is invaluable information for those directly (or indirectly) affected by traumatic incidents in the workplace and beyond. Gathers a group of leading experts in the field of trauma, who give practical suggestions for moving forward. Viewers learn to understand the normal responses to all types of trauma; take practical steps towards recovery; support coworkers, employees, friends and family; work together within organizations, and gain strength as individuals and communities. (Owen-Stewart Performance Resources) (RC 552 P67 M68 2002)
- D1277 **Telling the Untold Stories** (DVD, 36 minutes)
This video demonstrates the potential impact of traumatic workplace events on staff, including how external resources may assist an organization, and illustrates the stages of a group debriefing. A non-emergency services work site is used to show the applicability of these debriefings in a general workplace setting. (Justice Institute of British Columbia, Social Services and Community Safety Division) (RC 552 P67 T448 1997)

CRITICAL INCIDENT STRESS IN CHILDREN - BOOKS

- Children and Disasters** by Norma S. Gordon, Norman L. Farberow, and Carl A. Maida. Philadelphia, PA: Brunner/Mazel. (RJ 507 D57 G67 1999)
- Children and Disasters** edited by Conway F. Saylor. New York, NY: Plenum Press. (RJ 507 D57 C48 1993)
- Children of Iniki: Effects of Evacuation and Intervention: Final Report** by Roger S. Hamada. Boulder, CO: University of Colorado, Natural Hazards and Applications Information Center. (BF 723 D5 H243 1994)
- Creative Interventions with Traumatized Children** edited by Cathy A. Malchiodi. New York, NY: The Guilford Press. (RJ 506 P66 C74 2015)
- Gentling: A Practical Guide to Treating PTSD in Abused Children** by William E. Krill Jr. Ann Arbor, MI: Loving Healing Press. (RJ 506 P55 K75 2011)
- Helping Children Cope with Disasters and Terrorism** edited by Annette M. La Greca ... [et al.]. Washington, DC: American Psychological Association. (RJ 506 P66 H45 2002)

How Schools Can Help Students Recover from Traumatic Experiences: A Tool-Kit for Supporting Long-Term Recovery by Lisa H. Jaycox ... [et al.]. Santa Monica, CA: Rand Gulf States Policy Institute. (RJ 506 P66 H59 2006)
<http://www.rand.org/pubs/technical%5Freports/2006/RAND%5FTR413.pdf>

How to Help Children After a Disaster: A Guidebook for Teachers. Alameda County Mental Health Services. Washington, DC: Federal Emergency Management Agency. (BF 723 D5 H684 1991)

Mass Trauma and Violence: Helping Families and Children Cope edited by Nancy Boyd Webb. New York, NY: Guilford Press. (RC 552 P67 M363 2004)

The Psychological Effects of Hurricane Andrew on Elementary and Middle School Children by Russell T. Jones ... [et al.]. Boulder, CO: National Hazards Research and Applications Center, University of Colorado. (BF 723 D5 P884 1993)

Psychological Trauma and the Developing Brain: Neurologically Based Interventions for Troubled Children by Phyllis T. Stien and Joshua C. Kendall. New York, NY: Haworth Maltreatment and Trauma Press. (RJ 506 P55 S856 2004)

School Intervention Following a Critical Incident by Project COPE. Washington, DC: Federal Emergency Management Agency. (BF 723 D5 S365 1991)

A Study of the Psychological Effects of Hurricane Andrew on an Elementary School Population by Jon A. Shaw ... [et al.]. Boulder, CO: National Hazards Research and Applications Center, University of Colorado. (BF 723 D5 S786 1993)

Trauma in the Lives of Children: Crisis and Stress Management Techniques for Counselors, Teachers, and Other Professionals by Kendall Johnson. Alameda, CA: Hunter House. (RJ 507 S77 J64 1998)

Trauma Systems Therapy for Children and Teens by Glenn N. Saxe, B. Heidi Ellis, and Adam D. Brown. New York, NY: The Guilford Press. (RJ 506 P55 S39 2015)

Trauma through a Child's Eyes: Awakening the Ordinary Miracle of Healing by Peter A. Levine and Maggie Kline. Berkeley, CA: North Atlantic Books. (RJ 499.3 L48 2006)

Traumatic Experience and the Brain: A Handbook for Understanding and Treating Those Traumatized as Children by Dave Ziegler. Phoenix, AZ: Acacia Pub. (RJ 506 P55 Z546 2011)

Treating Trauma and Traumatic Grief in Children and Adolescents by Judith A. Cohen, Anthony P. Mannarino, and Esther Deblinger. New York, NY: The Guilford Press. (RJ 506 P55 C66 2017)

Treating Traumatic Stress in Children and Adolescents: How to Foster Resilience through Attachment, Self-Regulation, and Competency by Margaret E. Blaustein and Kristine M. Kinniburgh. New York, NY: Guilford Press. (RJ 506 P55 B53 2010)

Treating Traumatized Children: New Insights and Creative Interventions by Beverly James. Lexington, MA: Lexington Books. (RJ 506 P55 J36 1989)

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Treating Traumatized Children: Risk, Resilience, and Recovery edited by Danny Brom, Ruth Pat-Horenczyk, and Julian D. Ford. New York, NY: Routledge. (RJ 506 P55 T75 2009)

When Nothing Makes Sense: Disaster, Crisis, and Their Effects of Children by Gerald Deskin and Greg Steckler. Minneapolis, MN: Fairview Press. (RJ 507 D57 D47 1996)

Working with Children to Heal Interpersonal Trauma: The Power of Play edited by Eliana Gil. New York, NY: Guilford Press. (RJ 506 P66 W64 2010)

Young Children and Trauma: Intervention and Treatment edited by Joy D. Osofsky. New York, NY: Guilford Press. (RJ 506 P55 Y686 2004)

CRITICAL INCIDENT STRESS IN CHILDREN - DVDs

- D1333 **Children and Trauma: The School's Response** (DVD, 21 minutes)
A program for mental health professionals, school administrators and teachers. Trauma's impact on children and schools, normal and prolonged stress responses, assessment considerations, and intervention models are presented. (RJ 506 P66 C457 1992)
- D1427 **Play Therapy for Severe Psychological Trauma** (DVD, 36 minutes)
Play and family therapist Eliana Gil discusses the nature of trauma, how to recognize it, and how to manage its effects on children's development. Includes a reenacted clinical interview, footage from an actual play session, and a discussion of dissociation and other symptoms associated with posttraumatic stress disorder. (Guilford Publications) (RJ 505 P6 P63 1998)
- D963 **Trauma through a Child's Eyes: Awakening the Ordinary Miracle of Healing: Infancy through Adolescence** (DVD, 290 minutes)
Workshop with Peter A. Levine, Ph.D., and Maggie Kline, M.S., M.F.T. Geared for professionals who have an interest in working with children, as well as those wishing to deepen their understanding of inner child work with adults. (Foundation for Human Enrichment) (RJ 499.3 T728 2008)
- Understanding Childhood Trauma Video Series**
(D692, D695, D694, D693, D697, D691, D696, D690)
- D692 **The Brain — Effects of Childhood Trauma** (DVD, 29 minutes)
Trauma in childhood can have devastating effects on the developing brain. Current research confirms that trauma can activate various systems in the brain that change neuron response and cognitive pathways and cause children to develop systems in the brain that cause them to be constantly hyper-aroused and hyper-vigilant. These changes can result in severe problems in learning ability, mood, bonding and attachment, and in problem solving. This program offers caregivers, teachers and health care providers suggestions for avoiding and dealing with damage to the brain from emotional trauma, with primary emphasis being placed on prevention and timely intervention. (McIntyre Media) (RJ 506 P55 B724 2002)

- D695 **Domestic Violence & Childhood Trauma** (DVD, 29 minutes)
The connection between trauma in childhood and domestic violence later in life is obvious to Jane Middleton-Moz, a relationship and trauma expert featured in this program. She states that children who experience domestic violence grow up learning to stuff feelings and emotions. They go through the world in a deep freeze, and have whole parts of themselves cut off. In domestic violence, if a partner wasn't allowed their vulnerability as a child, then as an adult, if that vulnerability is touched, they will act out in rage. If the other partner wasn't allowed their anger as a child, then as an adult they get the other partner to act out their anger for them. This program also features interviews with people recovering from the trauma of domestic violence, who relate the consequences of family violence. (McIntyre Media) (HQ 809 D648 2002)
- D694 **Identifying & Responding to Trauma in Ages 6 to Adolescence** (DVD, 29 minutes)
Older children suffering from the effects of emotional trauma are frequently misdiagnosed as having attention deficit disorder or chronic depression. Misdiagnosed characteristics of trauma are typically sex related, with boys who are hyperactive and act-out and girls who dissociate and withdraw. An accurate assessment of the problem is critical to the success of intervention. Common trauma-related problems also include learning difficulties, test anxiety, difficulty in forming relationships, difficulty with authority figures, substance abuse, acquiescence to abuse, and violent behaviour. Since teachers spend so much time with this age group, this program specifically targets teachers to help them form positive attachments and offer concrete help to their students. Sample guidelines include being respectful, giving positive reinforcement, investing time and attention, being consistent, and building honest relationships. (McIntyre Media) (RJ 506 P55 I348 2002)
- D693 **Identifying & Responding to Trauma in Children 0 to 5 Years Old**
(DVD, 29 minutes)
Trauma in the life of children from birth to five years of age has a profound impact which intensifies the need for early identification and intervention. Young children are either pre-verbal or inexperienced with the verbal language and consequently are unable to express their thoughts and feelings or describe threatening life events. In order to understand a child's behaviour and plan for care and intervention it is necessary for the caregiver, teacher, or health care provider to determine the child's history and emotional state from other sources. Segments in this program include determining the trauma, guidelines for caregivers, non-verbal interaction, significant loss, dissociating, being an example, and acceptance. Particular emphasis is given to a discussion on how caregivers and teachers can intervene to build trust and provide guidance, predictability and support. (McIntyre Media) (RJ 506 P55 I347 2002)
- D697 **A Parent's Guide to Identifying & Responding to Childhood Trauma**
(DVD, 39 minutes)
This video helps parents identify and respond to trauma from parental divorce, the death of a parent or sibling, a life threatening accident or illness, extreme school violence and natural catastrophic disasters, as well as terrorist attacks. The suddenness of the event, the fear produced, the confusion, and the lack of coping skills makes these events traumatic for many children. It is important for parents to know what to do in identifying reactions to these events in their children and, in turn, the appropriate responses to take. (McIntyre Media) (RJ 506 P66 P273 2002)

- D691 **Significant-Event Childhood Trauma** (DVD, 29 minutes)
Sometimes a significant event can cause trauma in the life of a child. Such events include the death of a parent or sibling, parental divorce, violence, and natural disasters. If not addressed, that trauma will negatively affect normal and healthy childhood development. Typical effects of trauma are the alarm state, re-experiencing, emotional memory, avoidance, and dissociation. Effective intervention involves openness and honesty, nurturance, and the frank discussion of details. Program segments include: significant event trauma effects, targeting resources, in the classroom, divorce, single parents, addiction, violence, and intervention. Over time and with compassionate care and intervention children can recover from traumatic childhood events and be better prepared for similar losses and trauma later in life. (McIntyre Media) (RJ 506 P55 S534 2002)
- D696 **Trauma & Healing** (DVD, 29 minutes)
Adults who have suffered trauma in childhood often have difficulty expressing anger. This program features trauma expert Jane Middleton-Moz. It also features interviews with Vickie, Cynthia, and Curtis, adults recovering from childhood trauma. Recovery from childhood trauma ultimately depends on accepting and understanding the original trauma, and then relying on the same survival skills that one had as a child. (McIntyre Media) (RJ 506 P55 T723 2002)
- D690 **What Is Childhood Trauma?** (DVD, 29 minutes)
Defines childhood trauma as an experience that raises a child's stress response for an unreasonable amount of time. Delves into the ranges of childhood trauma, symptom assessment, as well as its impact on the child's physical and emotional health, development, as well as its potential impact on society as a whole. (McIntyre Media) (RJ 506 P55 W53 2002)

DISASTERS AND TRAUMATIC STRESS - BOOKS

- Applications in Emergency Services and Disaster Response** edited by George S. Everly. Ellicott City, MD: Chevron. (RA 645.5 A664 1995)
- Critical Incident Stress: Training Document** by Robert van Goethem. Edmonton, AB: Alberta Public Safety Services, Disaster Services Division. (RC 552 P67 G638 1989)
- DEEP Prep: All-Hazards Disaster Behavioral Health Training** by James M. Shultz ... [et al.]. Miami, FL: Miller School of Medicine, University of Miami. (RA 645.5 S877 2008)
- Disaster Work and Mental Health: Prevention and Control of Stress Among Workers** by Don M. Hartsough and Diane Garavanta Myers. Rockville, MD: U.S. Dept. of Health and Human Services, Public Health Service, Alcohol, Drug Abuse, and Mental Health Administration, National Institute of Mental Health. (BF 789 D5 H277 1985)
- Disasters and Mental Health** edited by Juan Jose Lopez-Ibor ... [et al.]. Hoboken, NJ: J. Wiley. (RC 451.4 D57 D55 2005)
- Disasters: Mental Health Interventions** by John D. Weaver. Sarasota, FL: Professional Resource Press. (RC 451.4 D57 W43 1995)

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Individual and Community Responses to Trauma and Disaster: The Structure of Human Chaos edited by Robert J. Ursano, Brian G. McCaughey, and Carol S. Fullerton. Cambridge, ENG: Cambridge University Press. (BF 789 D5 I63 1994)

Intervention and Resilience After Mass Trauma edited by Michael Blumenfield and Robert J. Ursano. New York, NY: Cambridge University Press. (RC 552 P67 I66 2008)

Interventions Following Mass Violence and Disasters: Strategies for Mental Health Practice edited by Elspeth Cameron Ritchie, Patricia J. Watson, and Matthew J. Friedman. New York, NY: Guilford Press. (RC 552 P67 I68 2006)

Mental Health Response to Mass Violence and Terrorism: A Training Manual. Rockville, MD: U.S. Dept. of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services. (RC 480.6 M465 2004)

Psychological Effects of Catastrophic Disasters: Group Approaches to Treatment edited by Leon A. Schein ... [et al.]. Binghamton, NY: Haworth Press. (RC 569.5 T47 P79 2005)

Responding to the Needs of People with Serious and Persistent Mental Illness in Times of Major Disaster. Rockville, MD: U.S. Dept. of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services. (HV 553 R485 1996)

Treating Victims of Mass Disaster and Terrorism by Jennifer Housley and Larry E. Beutler. Cambridge, MA: Hogrefe. (RC 451.4 D57 H68 2007)

EMERGENCY MEDICINE - BOOKS

Damaged: A First Responder's Experiences Handling Post-Traumatic Stress Disorder by James Meur. Bloomington, IN: WestBow Press, a division of Thomas Nelson. (RC 552 P67 M484 2013)

Save-My-Life School: A First Responder's Mental Health Journey by Natalie Harris. Barrie, ON: Echo Books. (RC 552 P67 H35 2017)

Surge, Sort, Support: Disaster Behavioral Health for Health Care Professionals. Miami, FL: DEEP Center, Miller School of Medicine, University of Miami. (RA 645.5 S877 2007)

FIRE - BOOKS

Critical Incident Stress in Wildland Firefighting by Gina Wilson-Millar. Fairfield, WA: International Association of Wildland Fire. (RC 552 P67 W547 1992)

Posttraumatic Stress Disorder in Firefighters: The Calls that Stick with You by Paul James Antonellis and Shannon Gwin Mitchell. Ellicott City, MD: Chevron Pub. Corp. (RC 552 P67 A634 2005)

Rural Emergency Response: A Guide to Coping with Stressors in Rural Emergency Services Delivery by Daniel Casey and Ellen Leger. Becker, MN: Crisis Management Counseling & Consultation. (RA 645.5 C284 1996)

FIRE - DVDs

D1863 **Fire Service CMB & Defusing** (DVD, 35 minutes)
Dr. Jeff Mitchell demonstrates a Crisis Management Briefing (CMB) and a Defusing in a fire service setting. Dr. Mitchell and a team of CISM providers take a group of responders who have experienced a major, traumatic multiple casualty event through the two intervention processes. (Chevron Publishing) (RC 480.6 F574 2011)

POLICE - BOOKS

56 Seconds by Sylvio (Syd) A. Gravel. Ottawa, ON: Syd A. Gravel/Budd Pub. (RC 552 P67 G73 2012)

Aftershock: Managing the Emotionally Injured Officer: The International Association of Chiefs of Police Annual Conference at Detroit-Windsor. International Association of Chiefs of Police. (RC 552 P67 I573 1991)

A Cop Doc's Guide to Public-Safety Complex Trauma Syndrome: Using Five Police Personality Styles by Daniel Rudofossi. Amityville, NY: Baywood Pub. Co. (RC 451.4 P54 R83 2009)

CopShock: Surviving Posttraumatic Stress Disorder (PTSD) by Allen R. Kates. Tucson, AZ: Holbrook Street Press. (HV 7936 J63 K37 2008)

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How to Survive PTSD and Build Peer Support by Sylvio (Syd) A. Gravel. Fitzroy Harbour, ON: Syd A. Gravel. (RC 552 P67 G733 2013)

Jones' After the Smoke Clears: Surviving the Police Shooting - An Analysis of the Post Officer-Involved Shooting Trauma by Adam Pasciak. Springfield, IL.: Charles C. Thomas, Publisher, Ltd. (RC 552 P67 J66 2015)

On the Other Side of Broken: One Cops's Battle with the Demons of PTSD by Brian Knowler. Chatham, ON: Knowler Consulting. (RC 552 P67 K66 2016)

Police Trauma: Psychological Aftermath of Civilian Combat edited by John M. Violanti and Douglas Paton. Springfield, IL: Charles C. Thomas. (HV 7936 P75 P647 1999)

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“Postshooting Trauma” chapter in **Stress Management for Law Enforcement Officers** by Wayne Anderson, David Swenson, and Daniel Clay. Englewood Cliffs, NJ: Prentice Hall. (HV 7936 J63 A53 1995)

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Study of Post Shooting Experiences in Firearms Officers by M. Manolias and A. Hyatt-Williams. London, ENG: Home Office. (RC 552 P67 M256 1986)

Traumatic Stress in Police Officers: A Career-Length Assessment from Recruitment to Retirement by Douglas Paton ... [et al.]. Springfield, IL: Charles C. Thomas. (HV 7936 J63 T73 2009)

Working with Traumatized Police Officer-Patients: A Clinician's Guide to Complex PTSD Syndromes in Public Safety Professionals by Daniel C. Rudofossi. Amityville, NY: Baywood Pub. Co. (RC 552 P67 R83 2007)

POLICE - DVDs

D2122 **When Trauma Doesn't Bleed** (DVD, 14 minutes)
Job-related stress comes with the territory of first responders. Some members may experience more trauma in a single day than some people will experience in a lifetime. Critical incident stress occurs when first responders experience greater than normal pressures, as the result of either a major incident or the cumulative effect of a number of smaller events. However, the sheer scale of some incidents, whether it's a terrorist act like 9/11 or a natural disaster such as Hurricane Katrina, can have an even more profound effect. This program demonstrates the importance of not only understanding critical incident stress, but also having a proactive plan in place to identify and respond to those in need. (Ontario Police Video Training Alliance) (HV 7936 T7 O58 V.128)

CRITICAL INCIDENT STRESS - JOURNALS

International Journal of Emergency Mental Health and Human Resilience
(Current issues available online only)

Other related bibliographies:

- Psychological Trauma

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