

PERSONAL SAFETY

A listing of materials available at the Justice Institute Library

GENERAL BOOKS

Afraid of the Dark? Lite Your Way to Safety by John G. Peters. Albuquerque, NM: Reliapon Police Products. (HV 8080 P2 P484 1984)

The Art of Invisibility: The World's Most Famous Hacker Teaches You How to Be Safe in the Age of Big Brother and Big Data by Kevin Mitnick. New York, NY: Little, Brown and Company. (TK 5105.875 I57 M58 2017)

Attack Proof: The Ultimate Guide to Personal Protection by John Perkins, Al Ridenhour, and Matt Kovsky. Champaign, IL: Human Kinetics. (HV 7431 P453 2009)

Be Safe. Victoria, BC: Ministry of Attorney General. (HV 7431 B473 1999)

Can I See Your Hands! A Guide to Situational Awareness, Personal Risk Management, Resilience and Security by Gavriel Schneider. Irvine, CA: Universal Publishers. (HV 7431 S353 2017)

Canadian Law & Self Defence: The Fine Line Between Justifiable Self-Defence and Criminal Assault by Ted Truscott. Victoria, BC: Desk Top Publishing. (KE 8839 T78 2004)

Complete Security Handbook by Anthony B. Herbert. New York, NY: Macmillan. (HV 7431 H47 1983)

The Danger from Strangers: Confronting the Threat of Assault by James D. Brewer. New York, NY: Insight Books. (GV 1111 B69 1994)

Dangerous Personalities: An FBI Profiler Shows How to Identify and Protect Yourself from Harmful People by Joe Navarro. Emmaus, PA: Rodale. (HV 7431 N38 2014)

Dating Violence. Surrey, BC: British Columbia Crime Prevention Association. (HQ 801.83 D287 1999)

Defensive Living: Preserving Your Personal Safety Through Awareness, Attitude, and Armed Action by Ed Lovette & Dave Spaulding. Flushing, NY: Looseleaf Law Publications. (HV 7431 L69 2005)

Exploding the Myth of Self-Defense: A Survival Guide for Every Woman by Judith Fein. Duncans Mills, CA: Torrance Pub. (HV 6558 F45 1993)

Fearless: The Complete Personal Safety Guide for Women by Paul Henry Danylewich. Toronto, ON: University of Toronto Press. (GV 1111.5 D36 2000)

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- The Gentle Art of Verbal Self-Defense** by Suzette Haden Elgin. New York, NY: Barnes and Noble. (BF 637 V47 E43 1992)
- The Gift of Fear: Survival Signals that Protect Us From Violence** by Gavin De Becker. Boston, MA: Little, Brown. (HM 281 D36 1997)
- Girl Power: Self-Defense for Teens** by Burt Konzak. Toronto, ON: Sport Books. (GV 1111.5 K658 1999)
- Hacked Again** by Scott N. Schober. Metuchen, NJ: ScottSchober.com Publishing. (HV 6773 S363 2016)
- How to Stop a Stalker** by Mike Proctor. Amherst, NY: Prometheus Books. (HV 6594 P76 2003)
- iRules: What Every Tech-Healthy Family Needs to Know about Selfies, Sexting, Gaming, and Growing Up** by Janell Burley Hofmann. Emmaus, PA: Rodale Books. (HQ 784 I58 H64 2014)
- One Child at a Time: The Global Fight to Rescue Children from Online Predators** by Julian Sher. Toronto, ON: Random House Canada. (HQ 471 S52 2007)
- Personal Safety Guide: Reaching Out Together for a Safer Campus: Justice Institute of B.C.** New Westminster, BC: Justice Institute of B.C. (LB 2345 P477 1996)
- Personal Security: A Guide for International Travelers** by Tanya Spencer. Boca Raton, FL: Taylor & Francis. (G 151 S657 2014)
- Protecting the Gift: Keeping Children and Teenagers Safe (and parents sane)** by Gavin de Becker. New York, NY: Dell Publishing. (HQ 770.7 D424 2000)
- Protecting Your Money, Privacy & Identity from Theft, Loss & Misuse: Practical Steps for Today's World** by Jim Garston and Paul K. Wing. Toronto, ON: Canadian Institute of Chartered Accountants. (HV 6675 G37 2003)
- Raising Kids Who Can Protect Themselves** by Debbie and Mike Gardner. New York, NY: McGraw-Hill. (HQ 769 G2597 2004)
- Safe Kids, Safe Families** by Samantha Wilson. Toronto, ON: HarperCollins. (HQ 770.7 W557 2005)
- Safe Teen: Powerful Alternatives to Violence** by Anita Roberts. Vancouver, BC: Polestar Book Publishers. (HQ 799.2 V56 R624 2001)
- Sexual Assault Prevention Handbook.** Sacramento, CA: Crime and Violence Prevention Center. (HV 6561 S495 1995)
- Sexual Predators: How to Recognize Them on the Internet and on the Street: How to Keep Your Kids Away** by Stephen Dean. Los Angeles, CA: Silver Lake Pub. (HV 6250.4 C48 D43 2007)

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Stalkers and Their Victims by Paul E. Mullen, Michele Pathé, and Rosemary Purcell. New York, NY: Cambridge University Press. (HV 6594 M85 2009)

Stopping a Stalker: A Cop's Guide to Making the System Work for You by Robert L. Snow. New York, NY: Plenum Trade. (HV 6594.2 S56 1998)

Strictly Street Stuff: A Streetwise Guide to Personal Protection by Bill Bryant. Boulder, CO: Paladin Press. (GV 1111 B768 2005)

Strong on Defense: Survival rules to Protect You and Your Family From Crime by Sanford Strong. New York, NY: Pocket Books. (HV 7431 S776 1996)

Talking Back to Sexual Pressure: What to Say...To Resist Persuasion...To Avoid Disease...To Stop Harassment...To Avoid Acquaintance Rape by Elizabeth Powell. Minneapolis, MN: CompCare Publishers. (HQ 31 P79 1991)
Provides advice and specific skills for asserting and protecting your sexual rights, including what to say and do in uncomfortable or potentially dangerous situations, and where to get and give help.

Total Awareness: A Woman's Safety Book by Darren and Beth Laur. Victoria, BC: Sono Nis Press. (HV 6250.4 W65 L287 1999)

Understanding Personal Security and Risk: A Guide for Business Travelers by Charles E. Goslin. Boca Raton, FL: CRC Press, Taylor & Francis Group. (G 156.5 B86 G67 2017)

Understanding the Digital World: What You Need to Know about Computers, the Internet, Privacy, and Security by Brian W. Kernighan. Princeton, NJ: Princeton University Press. (QA 76.9 A25 K43 2017)

You Can't Say That to Me: Stopping the Pain of Verbal Abuse: An 8-Step Program by Suzette Haden Elgin. New York, NY: Wiley. (BF 637 V47 E4337 1995)

GENERAL DVDs

D743 **Caught in the Web** (DVD, 49 minutes)
With testimony from victims, leading world psychologists and top police commanders, this documentary looks at the crucial challenges of a new face of crime in the 21st century. We see how the Internet fuelled an explosion of child abuse, how police are racing to learn new CSI-type techniques to find the children displayed in abuse images that are flooding the web, and how young people can be empowered so that they can turn the tables on the predators and reclaim the Internet as a safe global neighborhood for all. (Kinetic Video) (HQ 471 C289 2007)

Related Subject Headings:

Bullying
Safety education
Self defense
Verbal self defense
Violence - Prevention

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