SUBSTANCE ABUSE
A listing of materials available at the Justice Institute Library

GENERAL BOOKS


Addiction by Prescription: One Woman’s Triumph and Fight for Change by Joan E. Gadsby. Toronto, ON: Key Porter Books. (RM 146.5 G237 2000)


Alcohol and Drugs in the Canadian Workplace: An Employer’s Guide to the Law, Prevention and Management of Substance Abuse by Norm Keith. Toronto, ON: LexisNexis Canada. (HF 5549.5 A4 K43 2015)


Blowing Smoke: Rethinking the War on Drugs without Prohibition and Rehab by Michael J. Reznicek. Lanham, MD: Rowman & Littlefield Publishers. (HV 5825 R484 2012)


Canadian Profile, Alcohol, Tobacco & Other Drugs. Ottawa, ON: Canadian Centre on Substance Abuse. (HV 5306 C356 1999)

Concurrent Substance Use and Mental Health Disorders: An Information Guide by W.J. Wayne Skinner ... [et al.]. Toronto, ON: Centre for Addiction and Mental Health. (RC 564.68 C58 2004)

Crime, Drugs and Social Theory: A Phenomenological Approach by Chris Allen. Burlington, VT: Ashgate. (HV 5801 A393 2007)


Drug Policy and the Public Good by Thomas Babor ... [et al.]. New York, NY: Oxford University Press. (HV 5801 D616 2010)


Drugs and Drug Abuse: A Reference Text by Terrence C. Cox. Toronto, ON: Addiction Research Foundation. (RC 564 D78 1998) (Shelved in Reference section. For Library use only.)


Following the Evidence: Preventing Harms from Substance Use in BC prepared by the Centre for Addictions Research of BC. Victoria, BC: Ministry of Health. (HV 5840 C32 B74 2006)


Highs & Lows: Canadian Perspectives on Women and Substance Use edited by Nancy Poole and Lorraine Greaves. Toronto, ON: Centre for Addiction and Mental Health. (HV 5824 W6 H53 2007)


In the Realm of Hungry Ghosts: Close Encounters with Addiction by Gabor Maté. Toronto, ON: Knopf Canada. (RC 533 M38 2007)


Peaceful Measures: Canada’s Way Out of the “War on Drugs” by Bruce K. Alexander. Toronto, ON: University of Toronto Press. (HV 5840 C2 A64 1990)

Psychotropic Agents by Irene Ralph…[et al.]. Grand Forks, BC: IGR Publications. (RM 315 P79 2014)


Substance Abuse Curriculum Resources. Centre for Curriculum and Professional Development (B.C.) Victoria, BC: British Columbia Ministry of Advanced Education, Training and Technology. (HV 4998 S823 1990 — v.1 - Assessment/referral. v.2 - Concepts. v.3 - Counselling. v.4 - Issues. v.5 Prevention/treatment)


Substance Abuse in Canada by Marilyn Herie and Wayne Skinner. Don Mills, ON: OUP Canada. (HV 5000 C3 H47 2009)

Substance Abuse in Canada: Concurrent Disorders. Ottawa, ON: Canadian Centre on Substance Abuse. (RC 564.68 S823 2009)
Substance Use and Abuse: Everything Matters by Rick Csiernik. Toronto, ON: Canadian Scholars' Press. (HV 5840 C3 C75 2011)

Symptoms and Signs of Substance Misuse by Margaret Stark, Jason Payne-James, and Michael Scott-Ham. Boca Raton, FL: Taylor & Francis. (RC 564 S74 2015)


GENERAL DVDs

D652 America's Crystal Meth Epidemic (DVD, 100 minutes)

Meth is destroying America. National meth use is at an all-time high, cutting across gender, race and economic lines. These documentary specials take a multi-faceted look at the epidemic, including the users and the activists who are trying to save them, law enforcement officers on the front lines, and those working to keep the drug from spreading and taking further hold of the smallest towns and the major urban centers. (A & E Home Video) (HV 5822 A5 A443 2008)
**Cold As Ice: Crystal Meth in the Community** (DVD, 32 minutes)
An educational video that provides a comprehensive snapshot of how methamphetamine impacts on the community. Mental health experts, firefighters and police officers describe how this drug is related to serious psychosis, a variety of crimes and environmental contamination. Parents and addicts speak about their experiences and experts describe why this drug is toxic and dangerous. The relationship between HIV infection and crystal meth in the gay community is also addressed. (Peace Arch Community Services) (HV 5822 A5 C655 2006)

**Crank’d on Meth** (DVD, 10 & 15 minutes)
 Tells the story of a meth addict who becomes an expert “cook” and successful dealer. But soon paranoia and desperation cause him to blunder, and a perceptive police constable recognizes the signs that will reveal the full spectrum of his crimes. This DVD also contains another program called First Officer. (Ontario Police Video Training Alliance) (HV 5822 A5 C726)

**Damage Done: The Drug War Odyssey** (DVD, 55 minutes)
Meet a group of maverick cops - and former cops - who have put in decades fighting the war on drugs. They all believe strongly that drug prohibition is a terrible mistake and that all illicit drugs should be in the hands of government, not under the control of criminals. John Gayder, a currently employed constable with nearly 20 years experience, is our guide to the world of pro-legalization cops. Among this group is the legendary Frank Serpico, the man who blew the whistle on corruption in the New York Police Department, and who was shot in the face for his efforts. Then there's retired police captain Peter Christ, who spent 20 years enforcing drug laws before co-founding the group LEAP: Law Enforcement Against Prohibition. These are only a couple of the men who tell us their incredible stories. (National Film Board of Canada) (HV 5825 D36 2006)

**The Downside of High** (DVD, 44 minutes)
 Tells the stories of three young people from British Columbia who believe - along with their doctors - that their mental illness was triggered by marijuana use. All three spent months in hospital psychiatric wards, and still wage a battle with their illness. Today's super-potent pot may be a big part of the problem. Modern growing techniques have dramatically increased the amount of THC, the psychoactive ingredient in marijuana - ramping up the threat to the developing teenage brain. (CBC Learning) (HV 5822 M3 D694 2010)

**Drug Abuse & the Brain** (DVD, 26 minutes)
Intended primarily for drug abuse counselors, this program provides a detailed look at the biological basis of drug addiction. Through animation and interviews with experts in the field, viewers will come to understand how the brain's reward system operates and how drug abuse can cause fundamental changes in how the brain works. (National Institute on Drug Abuse) (HV 5801 D783 1993)

**Drugs and the Mind** (DVD, 32 minutes)
Teaching module of two stacked programs dealing with drugs and the mind.
29: Deals with alcoholism, addiction, biological evidence for hereditary traits, and how science progresses through replication and the development of new technologies.
30: Provides an example of how drug therapies incorporate the results of research on several levels of behaviour and shows how patients learn to deal with environmental triggers for cravings. (Colorado State University) (RM 315 D78 1999)
Fentanyl: Killing More Than Pain (DVD, 15 minutes)
Fentanyl is an extremely potent synthetic opioid, often prescribed for pain management in patients who have developed a tolerance for less powerful medications such as oxycodone or morphine. One hundred times more potent than morphine and 40 times more potent than heroin, the misuse and diversion of Fentanyl transdermal patches is devastating communities across Canada, causing hundreds of overdose deaths. Meanwhile, police seizures of Fentanyl have increased thirty-fold between 2009 and 2014. Through interviews with a wide variety of law enforcement and medical experts, this program examines the pathways and methods for the illicit sale, distribution and ingestion of Fentanyl, including prescription diversion, illicit production, investigative clues and safety precautions. It also looks at the success of the “patch-for-patch” programs already implemented in dozens of Ontario communities and passed into Ontario law in 2015. (Ontario Police Video Training Alliance) (HV 7936 T7 O58 V.152)

Fix: The Story of an Addicted City (DVD, 92 minutes)
Tells the story of Vancouver's adoption of its four piller drug policy and the struggle of drug users in the Downtown Eastside to gain acceptance in the community. It also relates the story of the effort to establish Canada's first safe injection site. (Canada Wild Productions) (HV 5840 C22 V345 2002)

Greater Vancouver: Episode 9, April 25, 2000 (DVD, 30 minutes)
A brief history of the region's drug problem. A look at what other jurisdictions/cities have done to solve similar problems. An explanation of a four-pillars approach to a drug strategy (e.g. prevention, enforcement, treatment and harm reduction) which is gaining popularity amongst many policy makers. What Vancouver is doing and plans to do to solve the drug problem. (Rogers Community TV) (HV 5840 C262 V254 2000)

Harm Reduction: Pieces to the Puzzle (DVD, 26 minutes)
Directed to professionals who come in contact with intravenous drug users, this program emphasizes how harm reduction techniques can and do effect positive change -- by decreasing the devastating human and economic burden injection drug use and addictions place on society. In interviews with a doctor, emergency nurse, police superintendent, methadone nurse, and others, we learn how people working with injection drug users can assist them to practice techniques that can effectively reduce harm to the users, help save society money, and possibly save lives. The video features interviews with two past injection drug users who describe the vicious cycle of addiction, and make an eloquent case for harm reduction practices. And it also features the music and performance of a gifted musician who remains street addicted. (Image Media) (HV 4998 H38 2002)

Hooked: Illegal Drugs and How They Got That Way (DVD, 200 minutes)
Describes the history of various drugs illegal in the United States. Talks about the cycles of social and legal acceptance and rejection of various drugs as their positive effects were recognized, used and overused. Describes the mechanisms by which drugs are made illegal to use in the United States. (A & E Television Networks) (HV 5825 H665 2008)
**Medical Aspects of Chemical Dependency: The Neurobiology of Addiction** (DVD, 25 minutes)
Explains how mood-altering substances alter the chemicals in the brain, and how this in turn affects heart rate, breathing, sensory perceptions, and more. Presents the latest research findings on brain chemistry. Includes newer drugs such as OxyContin and GHB. Features commentary by experts in the field. (Kinetic Video) (RC 564 M435 2003)

**Messing with Heads** (DVD, 46 minutes)
Conducts interviews and discusses research linking heavy marijuana use to schizophrenia and paranoid psychosis among teenagers and young adults, particularly focusing on the effects of THC on the brains of young users. (Image Media) (HV 5822 M3 M47 2005)

**Methamphetamine: Neurochemistry & Recovery** (DVD, 31 minutes)
Presents the basic neurochemistry and examines the ways methamphetamine changes the brain both chemically and structurally, including loss of brain mass, loss of memory, and an inability to concentrate, and how these changes interfere with the recovery process. Animations illustrate what happens to a user's brain when the drug is introduced; brain scans illustrate what happens as the user comes off the drug. Combines interviews with people in recovery with those of treatment professionals who present the challenges inherent in recovery (depression, unclear thinking, intense craving, deficit of self control, mental problems, and negative emotional states). (Image Media) (RC 568 A45 M47 2006)

**Narcotics** (DVD, 20 minutes)
Delves into the history of narcotics such as heroin, opium, codeine, and morphine; the effects of narcotics on the body and the short- and long-term health impacts; and teenage attitudes toward narcotics. Also considers legalization and regulatory issues involving narcotics, as well as physical and psychological addiction to these potent drugs. (McIntyre Media) (HV 5816 N366 2010)

**Stopping Traffik: The War Against the War on Drugs** (DVD, 47 minutes)
Since 1982 when Ronald Reagan declared war on drugs, the international trade in black market drugs has grown to a $600 billion industry. Now a new clarion is being heard as the war against the war on drugs gains support. Leading the crusade is a coalition of unlikely allies: outspoken cops (including Vancouver constable Gil Puder), wealthy businessmen, social activists and medical professionals. They contend that stopping the traffic in human misery lies in decriminalizing drug use and treating addiction as a medical problem, not a crime. From Vancouver to Liverpool to Zurich, we look at experiments and programs that would seem to give merit to this growing campaign. (CBC International Sales) (HV 5801 S768 1999)

**Uppers, Downers, All Arounders: Drugs & Effects** (DVD, 63 minutes)
One of the most comprehensive videos on psychoactive drugs available, this production uses a combination of animation, live action, graphics and interviews with addiction experts and recovering users to present a current, wide ranging, nonjudgmental overview of drug use. It covers current drugs of abuse including Ecstasy, methamphetamines, marijuana, and inhalants, along with "legal" drugs (alcohol, caffeine, tobacco, and benzodiazepines). In addition, concepts like hereditary and environmental influences, the physiology of drug use, and levels of use are examined. (Kinetic Video) (RM 332 U663 2001)
V6A 1N6: A Television Essay (DVD, 47 minutes)
Looks at one of Vancouver's downtown neighbourhoods which is considered the worst place to live in Canada, with its concentration of drug abusers, alcoholics, prostitutes and the homeless. It has the highest infection rates for tuberculosis, pneumonia, and hepatitis in North America, and the highest HIV infection rate among drug users in the developed world. Interviews locals, police officers, social workers; visits the life on the street, public health outlets and hostels; looks at how people cope and hears about some initiatives for a better future. (Image Media) (HV 5840 C32 V626 1997)

CHILDREN OF ALCOHOLICS - BOOKS

Adult Children of Alcoholics by Janet Geringer Woititz. Deerfield Beach, FL: Health Communications, Inc. (HV 5132 W642 1990)


CULTURAL DIFFERENCES - BOOKS

Addictive Behaviours Among Aboriginal People in Canada by Deborah Chansonneuve. Ottawa, ON: Aboriginal Healing Foundation. (RC 564 C423 2007)

Alcohol, Stress and Violence in American Indian Families by Ronet Bachman. Durham, NH: University of New Hampshire, Family Research Laboratory and Sociology Department. (HQ 809.3 U6 B224 1990)


http://purl.access.gpo.gov/GPO/LPS6318


(See also related section: Solvent Abuse)

CULTURAL DIFFERENCES - DVDs

D1828 Breaking of the Bottle (DVD, 25 minutes)
This substance misuse prevention program is designed for the Indo-Canadian community. It creates an awareness of substance abuse problems and encourages parents to take an active role in preventing alcohol and other drug use among their children. In Punjabi with English subtitles. (Alcohol and Drug Programs, Ministry of Labour and Consumer Services) (HV 5824 Y68 B743 1990)

D1218 Kakawis: The Healing Circle (DVD, 18 minutes)
Profiles the Kakawis Family Development Centre in Tofino, B.C., which is a counseling Centre for native Indian families with problems relating to alcoholism. (Kakawis Family Development Centre) (E 98 L7 K243 1990)

D1198 Kharaab Daru: Bad Medicine (DVD, 39 minutes)
This Punjabi program with English subtitles offers a creative and informative look at alcohol misuse in the Punjabi community residing in a North American context. Punjabi speaking professionals, along with individuals impacted by alcohol, share their knowledge with respect to the harms and risks associated with problem drinking, mistaking alcohol as medicine, how alcohol impairs mental and physical functioning, drinking and driving, addiction and family violence, and the benefits of recovery. (Sources Counselling Programs) (HV 5824 E85 K43 2009)

D1621 Poundmaker’s Lodge/Nechi Institute (DVD, 48 minutes)
Visits the Poundmaker’s Lodge Alcohol and Drug Rehabilitation Centre and co-housed Nechi Institute, a counsellor training facility, operated by and for Native Peoples. Pt. 1 features interviews with directors discussing institutional history, objectives and programs. Pt. 2 focusses on the cultural component, counselling curriculum & techniques, a client interview, and participation in National Addictions Awareness Week. (Magic Lantern) (E 78 C2 A36 1992 no. 32)
VisionQuest Journeys '97: A Journey of Hope  (DVD, 50 minutes)
Documents the one thousand mile canoe trip of VisionQuest along the west coast of British Columbia. The journey was taken by over 50 Royal Canadian Mounted Police Members, private citizens and First Nations youths to promote the healing message of VisionQuest in communities along the route. VisionQuest is a registered charitable organization dedicated to the establishment of an addiction recovery centre.  (RCMP)  (HV 5840 C26 V583 1997)

Walking in Pain  (DVD, 50 minutes)
Features a Native Canadian counselor and patients in session at a Canadian treatment centre located on a reserve. Offers rare insights into an intensive and successful approach to the treatment of all alcoholics and especially native.  (Kinetic)  (HV 5199 C2 W245 1988)

(See also related section: Solvent Abuse)

PREVENTION - BOOKS


**PREVENTION - DVDs**

D854  **Tears for April: Beyond the Blue Lens** (DVD, 99 minutes)

Destroys the myth that drug abuse affects just the user as life and death unfolds in the Downtown Eastside of Vancouver. Set in Vancouver’s drug-infested Downtown Eastside, this video follows the short, tragic life of April Reoch as told by the newly-retired beat cop, Cst. Al Arsenault, who first warned the fresh-faced 17-year old to leave the street. Within six months April was hooked on drugs and prostituting herself. We follow April’s life-and-death struggle: from those first days on the street, through her struggles to get clean, to finding her body on Christmas Day, and into jail where her murderer laments her death. Five other characters, also seen in ‘Through a Blue Lens’ (1999), are woven into this compelling drama. (Odd Squad Productions) (HV 5840 C22 T423 2007)

D455  **Through a Blue Lens** (DVD, 52 minutes)

Constable Al Arsenault, along with six other policemen, began video-documenting the lives of people on their beat to create a powerful educational tool to help prevent drug use among young people. This unique group of officers, who formed a non-profit group dubbed the Odd Squad, resulted in an unusual relationship between the police and addicts in Vancouver’s Downtown Eastside. The result is a documentary that gives addicts a voice to talk about who they are, and how they got to the streets. Through their participation, they hope to stop others joining their nightmare. (National Film Board of Canada) (HV 5840 C26 T473 1999)

D1842  **The Truth About Drugs** (DVD, 34 minutes)

Explores the lives of several teens who are current drug users. Shows the immediate consequences of illegal drugs, and illustrates how easily a life can be changed or destroyed after one drug use. Discusses the effects of heroin, cocaine, Ecstasy and other drugs, as well as techniques for turning away from risky drug-related situations. (AIMS Media) (HV 5824 Y68 T78 2000)

**REPORTS AND STUDIES - BOOKS**


**Children at Risk: The Case for a Better Response to Parental Addiction.** Victoria, BC: Representative for Children and Youth. (HV 746 B7 T87 2014)


**Cities and Drugs: Responding to Drugs in the City of Vancouver, Canada** edited by Evan Wood and Thomas Kerr. Liverpool, ENG: International Journal on Drug Policy. (HV 5840 C26 C585 2006)


Drug Use among Young Adults by John Samuel Russell. Vancouver, BC: Narcotic Addiction Foundation of British Columbia. (HV 5840 C32 V36 1971)


Also available: Cannabis (RC 566 C271 1972), Interim Report (RC 566 C273 1973), Treatment (RC 566 C272 1972)

Findings from the Evaluation of Vancouver’s Pilot Medically Supervised Safer Injecting Facility: Insite prepared by the Urban Health Research Initiative of the British Columbia Centre for Excellence in HIV/AIDS. Vancouver, BC: British Columbia Centre for Excellence in HIV/AIDS. (RA 643.86 C26 F554 2009)


The Health Entry Plan: Background Notes to the Compulsory Treatment Program for Heroin Dependents in British Columbia by Andre McNicoll. Victoria, BC: Alcohol and Drug Commission. (HV 5822 H4 M3 1978)


A Quantitative Test of the Effectiveness of an Experimental Treatment Programme for Delinquent Opiate Addicts by Brian C. Murphy. Ottawa, ON: Information Canada. (RC 566 M8 1975)
The Real Dope: Social, Legal, and Historical Perspectives on the Regulation of Drugs in Canada edited by Edgar-André Montigny. Toronto, ON: University of Toronto Press. (HV 5840 C3 R42 2011)


Sudden Death: A Study of Characteristics of Victims and Events Leading to Sudden Death in British Columbia with Primary Emphasis on Apparent Alcohol Involvement and Indian Sudden Death by Ronald Earl Cutler. Vancouver, BC: Alcoholism Foundation of British Columbia. (HV 5309 B7 C885 1971)


Vancouver Supervised Injection Site Scientific Research Pilot Project Proposal: An Application for an Exemption Under Section 56 of the Controlled Drugs and Substances Act prepared by Vancouver Coastal Health Authority in Partnership with community members … [et al.]. Vancouver, BC: Vancouver Coastal Health Authority. (HV 5840 C26 V257 2003)

SOLVENT ABUSE - BOOKS


The Truth Heals: Notes From a National Consultation with Youth and Service Providers on Aboriginal Solvent Abuse. Ottawa, ON: Health Canada, Addiction and Community Funded Programs. (HV 5822 S65 T784 1993)

STATISTICS


**TREATMENT - BOOKS**


**Addictions and Mental Health** by Irene Ralph. Grand Forks, BC: IGR Publications. (RC 564.15 R253 2015)


**Asking the Right Questions, 2: Talking with Clients About Sexual Orientation and Gender Identity in Mental Health, Counselling, and Addiction Settings** by Angela M. Barbara, Gloria Chaim, and Farzana Doctor. Toronto, ON: Centre for Addiction and Mental Health. (RC 564 B272 2004)


**Broadening the Base of Treatment for Alcohol Problems: Report of a Study by a Committee of the Institute of Medicine, Division of Mental Health and Behavioral Medicine**. Institute of Medicine (U.S.) Committee for the Study of Treatment and Rehabilitation Services for Alcoholism and Alcohol Abuse. Washington, DC: National Academy Press. (RC 565 I4893 1990)


**Ethics for Addiction Professionals** by LeClair Bissell. Center City, MN: Hazelden. (HV 5279 B57 1994)


Gender Specific Treatment: A Program for Chemically Dependent Women in Recovery by Diane Dempsey Marr. Holmes Beach, FL: Learning Publications. (HV 4999 M375 1994)


Improving Substance Abuse Treatment: An Introduction to the Evidence-Based Practice Movement by Michele J. Eliason. Los Angeles, CA: Sage. (RC 564 E453 2007)


"Me, I'm Living It" The Primary Health Care Experiences of Women Who Use Drugs in Vancouver's Downtown Eastside: Summary of Findings from the VANDU Women's Clinic Action Research for Empowerment Study prepared by the VANDU Women Clinic Action Research for Empowerment Team. Vancouver, BC: Women's Health Research Institute: University of British Columbia: British Columbia Centre of Excellence for Women's Health. (HV 4999 W65 M455 2009)


Service Provision for Detainees with Problematic Drug and Alcohol Use in Police Detention: A Comparative Study of Selected Countries in the European Union by Morag MacDonald ... [et al.]. Helsinki, FI: European Institute for Crime Prevention and Control. (HV 5840 E85 S476 2008)


The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry by Lance Dodes, MD and Zachary Dodes. Boston, MA: Beacon Press. (HV 4998 D634 2014)


Twenty-Four Hours a Day. Center City, MN: Hazelden Foundation. (BV 4596 A48 T88 1992)


TREATMENT - DVDs

D1826 Addiction, Anger, Solutions (DVD, 95 minutes)
In a series of three programs, lecturer Billy Weselowski discusses how to detect addiction, how to handle anger and its link to addiction, and methods for treating addiction. (HV 4998 A343 1996) (Maple Ridge, B.C.: Tricity Education)

D1827 Addictions: Getting In, Getting Out (DVD, 37 minutes)
This program is based on testimonials of three men recovering from alcohol and drug addictions. Part 1 explains how addictions begin and progress. Part 2 explores intervention strategies. Part 3 covers treatment options. Part 4 focuses on recovery. Useful for anyone concerned about alcohol or other drug addictions including educators, counsellors in colleges, community-based substance abuse prevention programmers, clinics and treatment centres. Valuable for health care professionals to improve their understanding of the addiction process. This tape is an abridged version of the original 1992 production which includes 2 additional testimonials from women. (Designed Learning, Inc.) (HV 5808 A345 1998)

D508 Bevel Up: Drugs, Users & Outreach Nursing (DVD, 270 minutes)
Documentary on a team of street nurses who reach out to youth, sex workers and street-entrenched men and women in the alleys and hotels of Vancouver's inner city. (National Film Board of Canada) (HV 5840 C32 V336 2007)

D1811 “Derek”, an Alcohol Abuser (DVD, 35 minutes)
This program demonstrates how a detoxification centre assists the substance dependent client, following a client through intake, medical assessment, and educational therapy provided at the centre. (Northwest Community College) (HV 5275 D473 1989)

D1843 I Was Just a Kid (DVD, 30 minutes)
Through the experiences of a group of women, explores the connection between childhood trauma and adult substance abuse; illustrates the fact that recovery from substance abuse entails recovering from the trauma of victimization. (THA Media Distributors) (HV 6626.5 I93 1997)
**Introduction to Assessment** (DVD, 35 minutes)
This program introduces the 5-part series on substance abuse. The series will demonstrate the importance of individualized assessment and treatment plans through presentation of 3 case studies, and interviews with counselors. (Northwest Community College) (HV 5125 I573 1989)

**Motivational Interviewing: Helping People Change** (2 DVDs, 175, 197 minutes)
Provides information and demonstrations of motivational interviewing, a person-centered clinical style for strengthening personal motivation and commitment to change. (Change Companies) (RC 533 M57 2013)

**Relapse Prevention** (DVD, 24 minutes)
What do we really know about relapse, and how can we help clients avoid it? This videotape addresses these questions by providing information on the phenomenon of relapse and its often chronic appearance in the lives of alcohol and other drug abusers. The accompanying user's guide gives information on the components of relapse prevention. (NCADI: National Clearinghouse for Alcohol and Drug Information) (HV 5275 R456 1992)

**The Revolving Door and the Road to Recovery** (DVD, 20 minutes)
Examines the Vancouver Drug Treatment Court by following "Nicki" as she progresses through this innovative program designed to help treat the drug addiction that drives the criminal behaviour. (Odd Squad Productions) (HV 5840 C26 R483 2004)

**“Sarah”, Drug Dependency and Depression** (DVD, 27 minutes)
This case study follows a patient who is taking prescription drugs for depression due to stress in the family. She is treated by the Mental Health Centre and Northwest Drug and Alcohol, Terrace and joins an Al-Anon support group. (Northwest Community College) (HV 5809.5 S273 1989)

**Staying Alive: Canada’s Controversial Safe Injection Site** (DVD, 43 minutes)
Insite, located in Vancouver's notorious downtown eastside, has been controversial since it first opened its doors in 2003. An exemption from federal drug laws was granted to allow addicts to bring their drugs onto the premises and inject them. Reporter Hana Gartner introduces some of those who work there, including Darwin Fisher, the intake manager, and Dr. Gabor Mate, who has been caring for addicts, prostitutes and the homeless for the past 10 years. Gartner also follows three addicts doing their best to survive despite the many issues that confront them: poverty, homelessness, unemployment, mental illness, HIV/AIDS, a history of trauma and/or sexual abuse. (CBC Learning) (HV 5840 C32 V378 2009)

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**WORKPLACE ISSUES - BOOKS**

**Assessment of Police Perceptions of Police Drinking** by Georgia Shelton. Vancouver, BC: University of British Columbia. (HV 5047 S5 1977)


YOUTH - BOOKS


Cocktails: Facts for Youth about Mixing Medicine, Booze and Street Drugs by Kathleen Collin. Vancouver, BC: Youth Health Program, Children’s & Women’s Health Centre of BC (HV 5824 Y68 C655 2005)


http://publications.gc.ca/pub?id=347953&sl=0

What Parents Need to Know about Teen Risk Taking: Strategies for Reducing Problems Related to Alcohol, Other Drugs, Gambling and Internet Use by David A. Wolfe ... [et al.]. Toronto, ON: Centre for Addiction and Mental Health. (RJ 506 R57 W43 2011)


Youth & Drugs and Mental Health: A Resource for Professionals by Elsbeth Tupker. Toronto, ON: Centre for Addiction and Mental Health. (RJ 506 D78 T86 2004)

Youth on the Street and Youth Involved with Child Welfare: Maltreatment, Mental Health and Substance Use. Ottawa, ON: Public Health Agency of Canada. (HV 1441 C2 G653 2011)
### YOUTH - DVDs

<table>
<thead>
<tr>
<th>Code</th>
<th>DVD Title</th>
<th>Duration</th>
<th>Description</th>
<th>Note</th>
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<tbody>
<tr>
<td>D550</td>
<td><strong>Dark Crystal</strong></td>
<td>(DVD, 41 minutes)</td>
<td>Investigates how two B.C. towns in the Interior, Kamloops and Barriere, are dealing with a crystal meth epidemic among their young people. Interviews include: parents of addicts, former addicts, medical and social services staff, and the police; tracks the success or failure of three teenagers trying to kick the addiction. (Image Media)</td>
<td>(HV 5840 C32 D37 2005)</td>
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<tr>
<td>D034</td>
<td><strong>Death by Jib: The Dangers of Crystal Meth</strong></td>
<td>(DVD, 19 minutes)</td>
<td>Filmed in the Lower Mainland of British Columbia, this film explores the devastation that results from the use of crystal meth in a graphic manner, in an effort to send a strong message to viewers about the harsh realities of using this drug. Features interviews with teens, young adults and parents who have been affected by meth abuse. Examines various issues associated with use of this drug: various losses experienced by users; sexual exploitation of youth on crystal meth; health problems including sores on the body, rotten teeth, cognitive impairment, and mental health concerns. (Kinetic Video)</td>
<td>(HV 5822 A5 D425 2005)</td>
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<tr>
<td>D454</td>
<td><strong>Flipping the World: Drugs Through a Blue Lens</strong></td>
<td>(DVD, 30 minutes)</td>
<td>A culturally diverse group of seven high school students meets with members of the Odd Squad, Vancouver police officials. They talk to the police and then meet young people who are in recovery, and others who are still struggling with addiction. In the process, they become more understanding and empathetic, and they reveal their own drug experiences. (National Film Board of Canada)</td>
<td>(HV 5824 Y68 F558 2000)</td>
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<tr>
<td>D257</td>
<td><strong>Project Resiliency: Overcoming Addiction: Real Youth--Real Stories--Real Hope--:</strong> Youth Tell It Like It Is</td>
<td>(DVD, 22 minutes)</td>
<td>Beneath the skin of a bustling metropolis, drug use is a serious problem. A youth director interviews several young people who tell it like it is. It focuses on how accurate drug information, personal strength, courage and resiliency are the antidote to drug temptation and hardship. (Langley School District #35)</td>
<td>(HV 4999 Y68 P767 2005)</td>
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<tr>
<td>D026</td>
<td><strong>Reduce Speed: A Film About Crystal Meth</strong></td>
<td>(DVD, 22 minutes)</td>
<td>Highlights five youth's experience with the highs and lows of crystal meth use in Victoria and Vancouver.</td>
<td>(Vancouver Island Health Authority) (HV 5822 A5 R437 2004)</td>
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<tr>
<td>D462</td>
<td><strong>Scathed</strong></td>
<td>(DVD, 17 minutes)</td>
<td>Crystal Meth has roared across the globe, leaving in its wake wrecked lives, broken dreams and death. Its use has cost millions in policing and health expenditures. This program looks at the problem through the eyes of the current and recovering users and their families, health-care workers and police. The documentary dramatically shows that using crystal meth is not a game. This program is suitable for high school students, their parents, educators, and anyone interested in understanding the seductive lure of illicit drugs. (Odd Squad Productions)</td>
<td>(HV 5822 A5 S338 2007)</td>
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**D1931**  
**Tweaked: A Generation in Overdrive**  (DVD, 72 minutes)
Exposes the truth about methamphetamine, also known as crystal meth or speed, the "new drug of choice" ravaging America's youth. The shorter 20 min. program is designed for the classroom or rehab center as a wake up call to the addict or potential user. The 50 min. program includes all the graphic sequences of the shorter program plus additional interviews with recovered meth addicts. Both programs include interviews with kids and law enforcement officials. (The Foundation) (HV 5822 A5 T84 2001)

**D1834**  
**The Wrath of the Dragon**  (DVD, 12 minutes)
This program takes a look at drug use among teenagers, and follows the downward spiral of heroin addiction and desperation, to the spectre of death. It shows drug addicts talking about their addiction, prostitutes speaking about the misery of their daily lives, and high school students talking about their perceptions and challenges. The program brings home the message that drug addiction, and the related violence at home and in the streets, is not limited to the downtown areas of big cities, but is also a growing problem in the suburbs and small communities. (Image Media) (HV 5824 Y68 W724 1999)

**Other related bibliographies:**
- Prenatal Exposure to Drugs/Alcohol
- Substance Abuse in Corrections

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