

SUBSTANCE ABUSE

A listing of materials available at the Justice Institute Library

GENERAL BOOKS

Addiction: A Disorder of Choice by Gene M. Heyman. Cambridge, MA: Harvard University Press.
(HV 5801 H459 2009)

Addiction by Prescription: One Woman's Triumph and Fight for Change by Joan E. Gadsby.
Toronto, ON: Key Porter Books. (RM 146.5 G237 2000)

Addictive Substances and Neurological Disease: Alcohol, Tobacco, Caffeine, and Drugs of Abuse in Everyday Lifestyles edited by Ronald Ross Watson and Sherma Zibadi. San Diego, CA: Academic Press. (RC 564 A33 2017)

Aggression, Family Violence, and Chemical Dependency by Ronald T. Potter-Efron. New York, NY: Haworth Press. (HV 6626 A344 1990)

Alcohol and Drugs in the Canadian Workplace: An Employer's Guide to the Law, Prevention and Management of Substance Abuse by Norm Keith. Toronto, ON: LexisNexis Canada.
(HF 5549.5 A4 K43 2015)

Alcohol Use Disorders by Stephen A. Maisto, Gerard J. Connors, and Ronda L. Dearing. Toronto, ON: Hogrefe & Huber. (RC 565 M357 2007)

Alcoholics Anonymous: The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism. New York, NY: Alcoholics Anonymous World Services. (HV 5275 W15 2001)

Anabolic Steroid Abuse in Public Safety Personnel: A Forensic Manual by Brent E. Turvey and Stan Crowder. Amsterdam, NP: Elsevier Academic Press. (HV 4999 T87 2015)

Beyond Codependency: And Getting Better All the Time by Melody Beattie. San Francisco, CA: Harper & Row. (RC 569.5 C63 B428 1989)

Blowing Smoke: Rethinking the War on Drugs without Prohibition and Rehab by Michael J. Reznicek. Lanham, MD: Rowman & Littlefield Publishers. (HV 5825 R484 2012)

Busted: An Illustrated History of Drug Prohibition in Canada by Susan Boyd. Winnipeg, MB: Fernwood Publishing. (HV 5840 C2 B69 2017)

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Buzzed: The Straight Facts About the Most Used and Abused Drugs from Alcohol to Ecstasy by Cynthia Kuhn, Scott Swartzwelder, and Wilkie Wilson. New York, NY: W.W. Norton & Company. (RM 316 K84 2014)

Canadian Profile, Alcohol, Tobacco & Other Drugs. Ottawa, ON: Canadian Centre on Substance Abuse. (HV 5306 C356 1999)

Chasing the Scream: The First and Last Days of the War on Drugs by Johann Hari. New York, NY: Bloomsbury. (HV 5825 H234 2015)

Codependent No More: How to Stop Controlling Others and Start Caring for Yourself by Melody Beattie. New York, NY: Hazelden. (RC 569.5 C63 B43 1992)

Concurrent Substance Use and Mental Health Disorders: An Information Guide by W.J. Wayne Skinner ... [et al.]. Toronto, ON: Centre for Addiction and Mental Health. (RC 564.68 C58 2004)

Crime, Drugs and Social Theory: A Phenomenological Approach by Chris Allen. Burlington, VT: Ashgate. (HV 5801 A393 2007)

Criminal Artefacts: Governing Drugs and Users by Dawn Moore. Vancouver, BC: UBC Press. (HV 5801 M664 2007)

Drug Abuse and Antisocial Behavior: A Biosocial Life Course Approach by Christopher P. Salas-Wright, Michael G. Vaughn, and Jennifer M. Reingle González. New York, NY: Palgrave Macmillan. (HV 5840 D784 2016)

Drug I.D. & Symptom Guide by Ken Whitley. San Clemente, CA: LawTech. (HV 8079 N3 W457 2014)

Drug Identification Bible. Grand Junction, CO: Amera-Chem, Inc. (RS 58 D795 2011)

Drug Identification: Designer and Club Drugs Quick Reference Guide by Scott W. Perkins. Carrollton, TX: Alliance Press. (HV 8079 N3 P467 1999)

Drug Policy and the Public Good by Thomas Babor ... [et al.]. New York, NY: Oxford University Press. (HV 5801 D616 2010)

Drug Use and Abuse: A Comprehensive Introduction by Howard Abadinsky. Belmont, OH: Wadsworth/Cengage Learning. (HV 5825 A233 2014)

Drugs and Crime by Philip Bean. Portland, OR: Willan Pub. (HV 5840 G7 B366 2008)

Drugs and Drug Abuse: A Reference Text by Terrence C. Cox. Toronto, ON: Addiction Research Foundation. (RC 564 D78 1998) (Shelved in Reference section. For Library use only.)

Drugs and Policing: A Scientific Perspective by Brian K. Payne and Randy R. Gainey. Springfield, IL: Charles C Thomas. (HV 5825 P333 2005)

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Drugs and the World by Axel Klein. London, ENG: Reaktion. (HV 5801 K54 2008)

Drugs, Crime and Public Health: The Political Economy of Drug Policy by Alex Stevens. London, ENG: Cavendish Pub Ltd. (HV 5825 S748 2011)

Emergency Management of Selected Drugs of Abuse by Carson R. Harris. Dallas, TX: American College of Emergency Physicians. (RA 1211 E445 2000)

European Report on Drug Consumption Rooms by Dagmar Hedrich. Luxembourg, LU: Office for Official Publications of the European Communities. (HV 5840 E85 H437 2004)

Final Report: Methamphetamine Interagency Task Force, Federal Advisory Committee. Washington, DC: Methamphetamine Interagency Task Force. (HV 5822 A5 M484 2000)

Following the Evidence: Preventing Harms from Substance Use in BC prepared by the Centre for Addictions Research of BC. Victoria, BC: Ministry of Health. (HV 5840 C32 B74 2006)
<http://www.health.gov.bc.ca/library/publications/year/2006/followingtheevidence.pdf>

From Witches to Crack Moms: Women, Drug Law, and Policy by Susan C. Boyd. Durham, NC: Carolina Academic Press. (HV 5824 W6 B686 2015)

Games Alcoholics Play: The Analysis of Life Scripts by Claude Steiner. New York: Random House. (RC 565 S74 1971)

Handbook of the Medical Consequences of Alcohol and Drug Abuse edited by John Brick. New York, NY: Haworth Press. (RC 564 H363 2008)

Harm Reduction: A New Direction for Drug Policies and Programs edited by Patricia G. Erickson. Toronto, ON: Buffalo, NY: University of Toronto Press. (HV 4998 H277 1997)

Highs & Lows: Canadian Perspectives on Women and Substance Use edited by Nancy Poole and Lorraine Greaves. Toronto, ON: Centre for Addiction and Mental Health. (HV 5824 W6 H53 2007)

HIV, Hepatitis and Injection Drug Use in British Columbia: Pay Now or Pay Later? by John S. Millar. Victoria, BC: Office of the Provincial Health Officer. (RA 643.7 C2 M545 1998)

Identification Guide. Calgary, AB: Beaton/Drugtec Systems, Inc. (HV 8079 N3 D785 1992)

Illicit Drugs in Canada: A Risky Business by Judith C. Blackwell. Scarborough, ON: Nelson Canada. (HV 5840 C2 I453 1988)

In the Realm of Hungry Ghosts: Close Encounters with Addiction by Gabor Maté. Toronto, ON: Knopf Canada. (RC 533 M38 2007)

Introduction to Addictive Behaviors by Dennis L. Thombs and Cynthia J. Osborn. New York, NY: Guilford Press. (RC 564 T55 2013)

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“Just a Stupid Kid—: Low Self-Esteem and Alcoholism by John Candito. New York, NY: Vantage Press. (HV 5045 C253 2003)

Loved One in Treatment? Now What! An Essential Handbook for Family Members and Friends Navigating the Path of a Loved One's Addiction, Treatment and Recovery by Lisa Frederiksen. Redwood City, CA: KLJ Publishing. (HV 5132 F743 2010)

Loving an Addict, Loving Yourself: The Top 10 Survival Tips for Loving Someone with an Addiction by Candace Plattor. Vancouver: BC: Plattor. (RC 533 P537 2009)

Lowinson and Ruiz's Substance Abuse: A Comprehensive Textbook edited by Pedro Ruiz, and Eric C. Strain. Philadelphia, PA: Wolters Kluwer Health/Lippincott Williams & Wilkins. (RC 564 S826 2011)

Medical-Legal Aspects of Drugs compiled and edited by Marcelline Burns. Tucson, AZ: Lawyers & Judges Pub. Co. (RA 1160 M43 2007)

Memoirs of an Addicted Brain: A Neuroscientist Examines His Former Life On Drugs by Marc Lewis. Toronto, ON: Doubleday Canada. (HV 5805 L495 A3 2011)

Meth Mania: A History of Methamphetamine by Nicholas L. Parsons. Boulder, CO: Lynne Rienner Publishers. (HV 5822 A5 P37 2014)

Methamphetamine Use: Clinical and Forensic Aspects by Sandra B. McPherson, Harold V. Hall, and Errol Yudko. Boca Raton, FL: CRC Press. (HV 5822 A5 M483 2009)

Overload: Attention Deficit Disorder and the Addictive Brain by David K. Miller and Kenneth Blum. Duarte, CA: Hope Press. (RC 394 A85 M55 2000)

Parental Substance Misuse and Child Welfare by Brynna Kroll and Andy Taylor. Philadelphia, PA: Jessica Kingsley Publishers. (HV 4999 P37 K76 2003)

Peaceful Measures: Canada's Way Out of the "War on Drugs" by Bruce K. Alexander. Toronto, ON: University of Toronto Press. (HV 5840 C2 A64 1990)

Psychotropic Agents by Irene Ralph...[et al.]. Grand Forks, BC: IGR Publications. (RM 315 P79 2014)

Relief...At What Cost? Women with Disabilities and Substance Use/Misuse: Tobacco, Alcohol and Other Drugs: Summary of Themes by Monika Chappell. Montreal, QC: DAWN Canada. (HV 4999 H25 C426 1996)

Rural Women and Substance Use: Insights from a National Project in Three Communities. Ottawa, ON: Office of Alcohol, Drugs and Dependency Issues, Health Canada. (HV 4999 W65 R878 1997)

Streetdrugs: A Drug Identification Guide. Long Lake, MN: Publishers Group West. (RM 316 S775 2018)

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Stress, Trauma, and Substance Use edited by Brian E. Bride and Samuel A. MacMaster. New York, NY: Routledge. (RC 564 S77 2008)

Substance Abuse and Emotion edited by Jon D. Kassel. Washington, DC: American Psychological Association. (RC 564 S826 2010)

Substance Abuse Curriculum Resources. Centre for Curriculum and Professional Development (B.C.) Victoria, BC: British Columbia Ministry of Advanced Education, Training and Technology. (HV 4998 S823 1990 — v.1 - Assessment/referral. v.2 - Concepts. v.3 - Counselling. v.4 - Issues. v.5 Prevention/treatment)

Substance Abuse, Family Violence and Child Welfare: Bridging Perspectives edited by Robert L. Hampton, Vincent Senatore, and Thomas P. Gullotta. Thousand Oaks, CA: Sage Publications. (HV 4999 P37 S83 1998)

Substance Abuse in Canada by Marilyn Herie and Wayne Skinner. Don Mills, ON: OUP Canada. (HV 5000 C3 H47 2009)

Substance Abuse in Canada: Concurrent Disorders. Ottawa, ON: Canadian Centre on Substance Abuse. (RC 564.68 S823 2009)

Substance Use and Abuse: Everything Matters by Rick Csiernik. Toronto, ON: Canadian Scholars' Press. (HV 5840 C3 C75 2011)

Symptoms and Signs of Substance Misuse by Margaret Stark, Jason Payne-James, and Michael Scott-Ham. Boca Raton, FL: Taylor & Francis. (RC 564 S74 2015)

Theory of Addiction by Robert West and Jamie Brown. West Sussex, UK: Wiley Blackwell. (RC 564 W47 2014)

Understanding Drugs, Alcohol and Crime by Trevor Bennett and Katy Holloway. New York, NY: Open University Press. (HV 5840 G7 B468 2005)

Understanding Street Drugs: A Handbook of Substance Misuse for Parents, Teachers and Other Professionals by David Emmett and Graeme Nice. Philadelphia, PA: J. Kingsley. (HV 5840 G7 E55 2006)

Uppers, Downers, All Arounders: Physical and Mental Effects of Psychoactive Drugs by Darryl S. Inaba and William E. Cohen. Medford, OR: CNS Publications. (RM 315 I515 2014)

Women and Addiction: A Comprehensive Handbook edited by Kathleen T. Brady, Sudie E. Back, and Shelly F. Greenfield. New York, NY: Guilford Press. (HV 4999 W65 W664 2009)

Women and Substance Abuse: Gender Transparency edited by Sally J. Stevens and Harry K. Wexler. New York, NY: Haworth Press. (HV 5824 W6 W645 1998)

Women on Ice: Methamphetamine Use among Suburban Women by Miriam Boeri. New Brunswick, NJ: Rutgers University Press. (HV 5824 W6 W64 2013)

You Owe Yourself a Drunk: An Ethnography of Urban Nomads by James P. Spradley. Boston, MA: Little, Brown. (HV 5298 S43 S5 1970)
Study of Seattle street alcoholic subculture and it's encounter with law enforcement agencies.

GENERAL DVDs

- D652 **America's Crystal Meth Epidemic** (DVD, 100 minutes)
Meth is destroying America. National meth use is at an all-time high, cutting across gender, race and economic lines. These documentary specials take a multi-faceted look at the epidemic, including the users and the activists who are trying to save them, law enforcement officers on the front lines, and those working to keep the drug from spreading and taking further hold of the smallest towns and the major urban centers. (A & E Home Video) (HV 5822 A5 A443 2008)
- D264 **Cold As Ice: Crystal Meth in the Community** (DVD, 32 minutes)
An educational video that provides a comprehensive snapshot of how methamphetamine impacts on the community. Mental health experts, firefighters and police officers describe how this drug is related to serious psychosis, a variety of crimes and environmental contamination. Parents and addicts speak about their experiences and experts describe why this drug is toxic and dangerous. The relationship between HIV infection and crystal meth in the gay community is also addressed. (Peace Arch Community Servcies) (HV 5822 A5 C655 2006)
- D024 **Crank'd on Meth** (DVD, 10 & 15 minutes)
Tells the story of a meth addict who becomes an expert "cook" and successful dealer. But soon paranoia and desperation cause him to blunder, and a perceptive police constable recognizes the signs that will reveal the full spectrum of his crimes. This DVD also contains another program called *First Officer*. (Ontario Police Video Training Alliance) (HV 5822 A5 C726)
- D491 **Damage Done: The Drug War Odyssey** (DVD, 55 minutes)
Meet a group of maverick cops - and former cops - who have put in decades fighting the war on drugs. They all believe strongly that drug prohibition is a terrible mistake and that all illicit drugs should be in the hands of government, not under the control of criminals. John Gayder, a currently employed constable with nearly 20 years experience, is our guide to the world of pro-legalization cops. Among this group is the legendary Frank Serpico, the man who blew the whistle on corruption in the New York Police Department, and who was shot in the face for his efforts. Then there's retired police captain Peter Christ, who spent 20 years enforcing drug laws before co-founding the group LEAP: Law Enforcement Against Prohibition. These are only a couple of the men who tell us their incredible stories. (National Film Board of Canada) (HV 5825 D36 2006)
- D1012 **The Downside of High** (DVD, 44 minutes)
Tells the stories of three young people from British Columbia who believe - along with their doctors - that their mental illness was triggered by marijuana use. All three spent months in hospital psychiatric wards, and still wage a battle with their illness. Today's super-potent pot may be a big part of the problem. Modern growing techniques have dramatically increased the amount of THC, the psychoactive ingredient in marijuana - ramping up the threat to the developing teenage brain. (CBC Learning) (HV 5822 M3 D694 2010)

- D1129 **Drug Abuse & the Brain** (DVD, 26 minutes)
Intended primarily for drug abuse counselors, this program provides a detailed look at the biological basis of drug addiction. Through animation and interviews with experts in the field, viewers will come to understand how the brain's reward system operates and how drug abuse can cause fundamental changes in how the brain works. (National Institute on Drug Abuse) (HV 5801 D783 1993)
- D1523 **Drugs and the Mind** (DVD, 32 minutes)
Teaching module of two stacked programs dealing with drugs and the mind.
29: Deals with alcoholism, addiction, biological evidence for hereditary traits, and how science progresses through replication and the development of new technologies.
30: Provides an example of how drug therapies incorporate the results of research on several levels of behaviour and shows how patients learn to deal with environmental triggers for cravings. (Colorado State University) (RM 315 D78 1999)
- D2146 **Fentanyl: Killing More Than Pain** (DVD, 15 minutes)
Fentanyl is an extremely potent synthetic opioid, often prescribed for pain management in patients who have developed a tolerance for less powerful medications such as oxycodone or morphine. One hundred times more potent than morphine and 40 times more potent than heroin, the misuse and diversion of Fentanyl transdermal patches is devastating communities across Canada, causing hundreds of overdose deaths. Meanwhile, police seizures of Fentanyl have increased thirty-fold between 2009 and 2014. Through interviews with a wide variety of law enforcement and medical experts, this program examines the pathways and methods for the illicit sale, distribution and ingestion of Fentanyl, including prescription diversion, illicit production, investigative clues and safety precautions. It also looks at the success of the "patch-for-patch" programs already implemented in dozens of Ontario communities and passed into Ontario law in 2015. (Ontario Police Video Training Alliance) (HV 7936 T7 O58 V.152)
- D947 **Fix: The Story of an Addicted City** (DVD, 92 minutes)
Tells the story of Vancouver's adoption of its four pillar drug policy and the struggle of drug users in the Downtown Eastside to gain acceptance in the community. It also relates the story of the effort to establish Canada's first safe injection site. (Canada Wild Productions) (HV 5840 C22 V345 2002)
- D1321 **Greater Vancouver: Episode 9, April 25, 2000** (DVD, 30 minutes)
A brief history of the region's drug problem. A look at what other jurisdictions/cities have done to solve similar problems. An explanation of a four-pillars approach to a drug strategy (e.g. prevention, enforcement, treatment and harm reduction) which is gaining popularity amongst many policy makers. What Vancouver is doing and plans to do to solve the drug problem. (Rogers Community TV) (HV 5840 C262 V254 2000)

- D153 **Harm Reduction: Pieces to the Puzzle** (DVD, 26 minutes)
Directed to professionals who come in contact with intravenous drug users, this program emphasizes how harm reduction techniques can and do effect positive change -- by decreasing the devastating human and economic burden injection drug use and addictions place on society. In interviews with a doctor, emergency nurse, police superintendent, methadone nurse, and others, we learn how people working with injection drug users can assist them to practice techniques that can effectively reduce harm to the users, help save society money, and possibly save lives. The video features interviews with two past injection drug users who describe the vicious cycle of addiction, and make an eloquent case for harm reduction practices. And it also features the music and performance of a gifted musician who remains street addicted. (Image Media) (HV 4998 H38 2002)
- D651 **Hooked: Illegal Drugs and How They Got That Way** (DVD, 200 minutes)
Describes the history of various drugs illegal in the United States. Talks about the cycles of social and legal acceptance and rejection of various drugs as their positive effects were recognized, used and overused. Describes the mechanisms by which drugs are made illegal to use in the United States. (A & E Television Networks) (HV 5825 H665 2008)
- D736 **Medical Aspects of Chemical Dependency: The Neurobiology of Addiction** (DVD, 25 minutes)
Explains how mood-altering substances alter the chemicals in the brain, and how this in turn affects heart rate, breathing, sensory perceptions, and more. Presents the latest research findings on brain chemistry. Includes newer drugs such as OxyContin and GHB. Features commentary by experts in the field. (Kinetic Video) (RC 564 M435 2003)
- D549 **Messing with Heads** (DVD, 46 minutes)
Conducts interviews and discusses research linking heavy marijuana use to schizophrenia and paranoid psychosis among teenagers and young adults, particularly focusing on the effects of THC on the brains of young users. (Image Media) (HV 5822 M3 M47 2005)
- D556 **Methamphetamine: Neurochemistry & Recovery** (DVD, 31 minutes)
Presents the basic neurochemistry and examines the ways methamphetamine changes the brain both chemically and structurally, including loss of brain mass, loss of memory, and an inability to concentrate, and how these changes interfere with the recovery process. Animations illustrate what happens to a user's brain when the drug is introduced; brain scans illustrate what happens as the user comes off the drug. Combines interviews with people in recovery with those of treatment professionals who present the challenges inherent in recovery (depression, unclear thinking, intense craving, deficit of self control, mental problems, and negative emotional states). (Image Media) (RC 568 A45 M47 2006)
- D1557 **Narcotics** (DVD, 20 minutes)
Delves into the history of narcotics such as heroin, opium, codeine, and morphine; the effects of narcotics on the body and the short- and long-term health impacts; and teenage attitudes toward narcotics. Also considers legalization and regulatory issues involving narcotics, as well as physical and psychological addiction to these potent drugs. (McIntyre Media) (HV 5816 N366 2010)

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- D1818 **Stopping Traffik: The War Against the War on Drugs** (DVD, 47 minutes)
Since 1982 when Ronald Reagan declared war on drugs, the international trade in black market drugs has grown to a \$600 billion industry. Now a new clarion is being heard as the war against the war on drugs gains support. Leading the crusade is a coalition of unlikely allies: outspoken cops (including Vancouver constable Gil Puder), wealthy businessmen, social activists and medical professionals. They contend that stopping the traffic in human misery lies in decriminalizing drug use and treating addiction as a medical problem, not a crime. From Vancouver to Liverpool to Zurich, we look at experiments and programs that would seem to give merit to this growing campaign. (CBC International Sales) (HV 5801 S768 1999)
- D337 **Uppers, Downers, All Arounders: Drugs & Effects** (DVD, 63 minutes)
One of the most comprehensive videos on psychoactive drugs available, this production uses a combination of animation, live action, graphics and interviews with addiction experts and recovering users to present a current, wide ranging, nonjudgmental overview of drug use. It covers current drugs of abuse including Ecstasy, methamphetamines, marijuana, and inhalants, along with "legal" drugs (alcohol, caffeine, tobacco, and benzodiazepines). In addition, concepts like hereditary and environmental influences, the physiology of drug use, and levels of use are examined. (Kinetic Video) (RM 332 U663 2001)
- D1866 **V6A 1N6: A Television Essay** (DVD, 47 minutes)
Looks at one of Vancouver's downtown neighbourhoods which is considered the worst place to live in Canada, with its concentration of drug abusers, alcoholics, prostitutes and the homeless. It has the highest infection rates for tuberculosis, pneumonia, and hepatitis in North America, and the highest HIV infection rate among drug users in the developed world. Interviews locals, police officers, social workers; visits the life on the street, public health outlets and hostels; looks at how people cope and hears about some initiatives for a better future. (Image Media) (HV 5840 C32 V626 1997)

CHILDREN OF ALCOHOLICS - BOOKS

- Adult Children of Alcoholics** by Janet Geringer Woititz. Deerfield Beach, FL: Health Communications, Inc. (HV 5132 W642 1990)
- The Adult Children of Alcoholics Syndrome: From Discovery to Recovery** by Wayne Kritsberg. Toronto, ON: Bantam Books. (HV 5132 K748 1988)
- After the Tears: Helping Adult Children of Alcoholics Heal their Childhood Trauma** by Jane Middleton-Moz and Lorie Dwinell. Deerfield Beach, FL: Health Communications. (HV 5132 M53 2010)
- Alcohol and Parenting: The Effects of Maternal Heavy Drinking** by R.O. Pihl. Ottawa, ON: Human Resources Development Canada, Applied Research Branch. (HV 5132 A436 1998)
- It Will Never Happen to Me!** by Claudia Black. New York, NY: Ballantine Books. (HV 5132 B43 1987)

CULTURAL DIFFERENCES - BOOKS

Addictive Behaviours Among Aboriginal People in Canada by Deborah Chansonneuve. Ottawa, ON: Aboriginal Healing Foundation. (RC 564 C423 2007)

Alcohol, Stress and Violence in American Indian Families by Ronet Bachman. Durham, NH: University of New Hampshire, Family Research Laboratory and Sociology Department. (HQ 809.3 U6 B224 1990)

Native Students With Problems of Addiction: A Manual for Adult Educators by Janet Campbell Hale. Salmon Arm, BC: Native Adult Education Resource Centre, Okanagan College for the Province of British Columbia, Ministry of Advanced Education, Training and Technology. (E 96.65 B7 C246 1990)

Northern Native Wife Abuse Prevention Demonstration Project by Madeline Jean Graveline. Thompson, MB: Manitoba Keewatinowi Okimakanak. (HV 6626 G728 1986)
Assesses the correlation between the abuse of alcohol and the incidence of wife abuse in 13 northern reserve communities.

Promising Practices and Strategies to Reduce Alcohol and Substance Abuse among American Indians and Alaska Natives prepared by American Indian Development Associates (AIDA) for the Office of Justice Programs. Washington, DC: Office of Justice Programs. (HV 4999 I5 P766 2000)
<http://purl.access.gpo.gov/GPO/LPS6318>

Research on Native Adolescents and Substance Abuse. Round Lake Treatment Centre. Next Generation Native Adolescent Substance Abuse Project. Armstrong, BC: Round Lake Treatment Centre. (HV 4999 Y68 R485 1992)

Self Evaluation: Its Relationship to Substance Use in Native Adolescents by Kimberly Ann Scott. Waterloo, ON: K.A. Scott. (HV 4999 Y68 S368 1986 -- *Thesis*)

(See also related section: Solvent Abuse)

CULTURAL DIFFERENCES - DVDs

D1828 **Breaking of the Bottle** (DVD, 25 minutes)
This substance mis-use prevention program is designed for the Indo-Canadian community. It creates an awareness of substance abuse problems and encourages parents to take an active role in preventing alcohol and other drug use among their children. *In Punjabi with English subtitles.* (Alcohol and Drug Programs, Ministry of Labour and Consumer Services) (HV 5824 Y68 B743 1990)

D1218 **Kakawis: The Healing Circle** (DVD, 18 minutes)
Profiles the Kakawis Family Development Centre in Tofino, B.C., which is a counseling Centre for native Indian families with problems relating to alcoholism. (Kakawis Family Development Centre) (E 98 L7 K243 1990)

- D1198 **Kharaab Daru: Bad Medicine** (DVD, 39 minutes)
This Punjabi program with English subtitles offers a creative and informative look at alcohol misuse in the Punjabi community residing in a North American context. Punjabi speaking professionals, along with individuals impacted by alcohol, share their knowledge with respect to the harms and risks associated with problem drinking, mistaking alcohol as medicine, how alcohol impairs mental and physical functioning, drinking and driving, addiction and family violence, and the benefits of recovery. (Sources Counselling Programs) (HV 5824 E85 K43 2009)
- D1621 **Poundmaker's Lodge/Nechi Institute** (DVD, 48 minutes)
Visits the Poundmaker's Lodge Alcohol and Drug Rehabilitation Centre and co-housed Nechi Institute, a counsellor training facility, operated by and for Native Peoples. Pt. 1 features interviews with directors discussing institutional history, objectives and programs. Pt. 2 focusses on the cultural component, counselling curriculum & techniques, a client interview, and participation in National Addictions Awareness Week. (Magic Lantern) (E 78 C2 A36 1992 no. 32)
- D1441 **VisionQuest Journeys '97: A Journey of Hope** (DVD, 50 minutes)
Documents the one thousand mile canoe trip of VisionQuest along the west coast of British Columbia. The journey was taken by over 50 Royal Canadian Mounted Police Members, private citizens and First Nations youths to promote the healing message of VisionQuest in communities along the route. VisionQuest is a registered charitable organization dedicated to the establishment of an addiction recovery centre. (RCMP) (HV 5840 C26 V583 1997)
- D1839 **Walking in Pain** (DVD, 50 minutes)
Features a Native Canadian counselor and patients in session at a Canadian treatment centre located on a reserve. Offers rare insights into an intensive and successful approach to the treatment of all alcoholics and especially native. (Kinetic) (HV 5199 C2 W245 1988)

(See also related section: Solvent Abuse)

PREVENTION - BOOKS

Drug Abuse Prevention Program for Runaway and Homeless Youth: Promising Practices from the Field. National Clearinghouse on Runaway and Homeless Youth (U.S.) Washington, DC: U.S. Department of Health and Human Services. (HV 5824 Y68 D7837 1994)

Parent Education: A Review and Analysis of Drug Abuse Prevention and General Programs: Based on a Review by Paul C. Whitehead and Louis Gliksman by Paul. C. Whitehead. Ottawa, ON: Health Promotion Directorate. (HQ 755.8 P274 1984)

Promising Strategies to Reduce Substance Abuse. Washington, DC: U.S. Dept. of Justice, Office of Justice Programs. (HV 4999.2 P76 2000)

Rising Above Gangs and Drugs: How to Start a Community Reclamation Project by Billie Sargent Hatchell. Washington, DC: U.S. Dept. of Justice, Office of Justice Programs, Office of Juvenile Justice and Delinquency Prevention. (HV 5831 C2 H283 1995)

Step by Step: A Prevention Handbook on Alcohol and Other Drug Use by Diane Champion-Smith. Vancouver, BC: Kaiser Substance Abuse Foundation. (HV 5824 Y68 C424 1992)

Wholistic Educational Evaluation for Community Transformation: A Preventative Approach by Judie Bopp. Lethbridge, AB: Four Worlds Development Project, Faculty of Education, The University of Lethbridge. (HV 4999 I5 W564 1984)

PREVENTION - DVDs

D854 **Tears for April: Beyond the Blue Lens** (DVD, 99 minutes)

Destroys the myth that drug abuse affects just the user as life and death unfolds in the Downtown Eastside of Vancouver. Set in Vancouver's drug-infested Downtown Eastside, this video follows the short, tragic life of April Reoch as told by the newly-retired beat cop, Cst. Al Arsenault, who first warned the fresh-faced 17-year old to leave the street. Within six months April was hooked on drugs and prostituting herself. We follow April's life-and-death struggle: from those first days on the street, through her struggles to get clean, to finding her body on Christmas Day, and into jail where her murderer laments her death. Five other characters, also seen in 'Through a Blue Lens' (1999), are woven into this compelling drama. (Odd Squad Productions) (HV 5840 C22 T423 2007)

D455 **Through a Blue Lens** (DVD, 52 minutes)

Constable Al Arsenault, along with six other policemen, began video-documenting the lives of people on their beat to create a powerful educational tool to help prevent drug use among young people. This unique group of officers, who formed a non-profit group dubbed the Odd Squad, resulted in an unusual relationship between the police and addicts in Vancouver's Downtown Eastside. The result is a documentary that gives addicts a voice to talk about who they are, and how they got to the streets. Through their participation, they hope to stop others joining their nightmare. (National Film Board of Canada) (HV 5840 C26 T473 1999)

D1842 **The Truth About Drugs** (DVD, 34 minutes)

Explores the lives of several teens who are current drug users. Shows the immediate consequences of illegal drugs, and illustrates how easily a life can be changed or destroyed after one drug use. Discusses the effects of heroin, cocaine, Ecstasy and other drugs, as well as techniques for turning away from risky drug-related situations. (AIMS Media) (HV 5824 Y68 T78 2000)

REPORTS AND STUDIES - BOOKS

Abusing the User: Police Misconduct, Harm Reduction and HIV/AIDS in Vancouver. New York, NY: Human Rights Watch. (HV 8079 N3 A288 2003)
<http://www.hrw.org/reports/2003/canada/canada0503.pdf>

Children at Risk: The Case for a Better Response to Parental Addiction. Victoria, BC: Representative for Children and Youth. (HV 746 B7 T87 2014)
http://www.llbc.leg.bc.ca/public/pubdocs/bcdocs2014_2/543179/rcy_childrenatrisk-finalweb.pdf

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Cities and Drugs: Responding to Drugs in the City of Vancouver, Canada edited by Evan Wood and Thomas Kerr. Liverpool, ENG: International Journal on Drug Policy. (HV 5840 C26 C585 2006)

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TREATMENT - DVDs

D1826 **Addiction, Anger, Solutions** (DVD, 95 minutes)

In a series of three programs, lecturer Billy Weselowski discusses how to detect addiction, how to handle anger and its link to addiction, and methods for treating addiction. (HV 4998 A343 1996) (Maple Ridge, B.C.: Tricity Education)

D1827 **Addictions: Getting In, Getting Out** (DVD, 37 minutes)

This program is based on testimonials of three men recovering from alcohol and drug addictions. Part 1 explains how addictions begin and progress. Part 2 explores intervention strategies. Part 3 covers treatment options. Part 4 focuses on recovery. Useful for anyone concerned about alcohol or other drug addictions including educators, counsellors in colleges, community-based substance abuse prevention programmers, clinics and treatment centres. Valuable for health care professionals to improve their understanding of the addiction process. This tape is an abridged version of the original 1992 production which includes 2 additional testimonials from women. (Designed Learning, Inc.) (HV 5808 A345 1998)

D508 **Bevel Up: Drugs, Users & Outreach Nursing** (DVD, 270 minutes)

Documentary on a team of street nurses who reach out to youth, sex workers and street-entrenched men and women in the alleys and hotels of Vancouver's inner city. (National Film Board of Canada) (HV 5840 C32 V336 2007)

D1811 **"Derek", an Alcohol Abuser** (DVD, 35 minutes)

This program demonstrates how a detoxification centre assists the substance dependent client, following a client through intake, medical assessment, and educational therapy provided at the centre. (Northwest Community College) (HV 5275 D473 1989)

- D1843 **I Was Just a Kid** (DVD, 30 minutes)
Through the experiences of a group of women, explores the connection between childhood trauma and adult substance abuse; illustrates the fact that recovery from substance abuse entails recovering from the trauma of victimization. (THA Media Distributors) (HV 6626.5 I93 1997)
- D1824 **Introduction to Assessment** (DVD, 35 minutes)
This program introduces the 5-part series on substance abuse. The series will demonstrate the importance of individualized assessment and treatment plans through presentation of 3 case studies, and interviews with counselors. (Northwest Community College) (HV 5125 I573 1989)
- D1727 **Motivational Interviewing: Helping People Change** (2 DVDs, 175, 197 minutes)
Provides information and demonstrations of motivational interviewing, a person-centered clinical style for strengthening personal motivation and commitment to change. (Change Companies) (RC 533 M57 2013)
- D1830 **Relapse Prevention** (DVD, 24 minutes)
What do we really know about relapse, and how can we help clients avoid it? This videotape addresses these questions by providing information on the phenomenon of relapse and its often chronic appearance in the lives of alcohol and other drug abusers. The accompanying user's guide gives information on the components of relapse prevention. (NCADI: National Clearinghouse for Alcohol and Drug Information) (HV 5275 R456 1992)
- D463 **The Revolving Door and the Road to Recovery** (DVD, 20 minutes)
Examines the Vancouver Drug Treatment Court by following "Nicki" as she progresses through this innovative program designed to help treat the drug addiction that drives the criminal behaviour. (Odd Squad Productions) (HV 5840 C26 R483 2004)
- D1825 **"Sarah", Drug Dependency and Depression** (DVD, 27 minutes)
This case study follows a patient who is taking prescription drugs for depression due to stress in the family. She is treated by the Mental Health Centre and Northwest Drug and Alcohol, Terrace and joins an Al-Anon support group. (Northwest Community College) (HV 5809.5 S273 1989)
- D1541 **Staying Alive: Canada's Controversial Safe Injection Site** (DVD, 43 minutes)
Insite, located in Vancouver's notorious downtown eastside, has been controversial since it first opened its doors in 2003. An exemption from federal drug laws was granted to allow addicts to bring their drugs onto the premises and inject them. Reporter Hana Gartner introduces some of those who work there, including Darwin Fisher, the intake manager, and Dr. Gabor Mate, who has been caring for addicts, prostitutes and the homeless for the past 10 years. Gartner also follows three addicts doing their best to survive despite the many issues that confront them: poverty, homelessness, unemployment, mental illness, HIV/AIDS, a history of trauma and/or sexual abuse. (CBC Learning) (HV 5840 C32 V378 2009)

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The Non-Medical Use of Drugs Including Alcohol Among Police Personnel: A Critical Literature Review by J. Dietrich. Ottawa, ON: RCMP Health Directorate. (HV 7936 P75 D537 1986)

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Criminal Conduct and Substance Abuse Treatment for Adolescents: Pathways To Self-Discovery and Change: The Provider's Guide by Harvey B. Milkman and Kenneth W. Wanberg. Thousand Oaks, CA: SAGE. (HV 4999 Y68 M57 2012)

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Double Jeopardy: A Counselor's Guide to Treating Juvenile Male Sex Offenders/Substance Abusers by Christopher Frey. Lanham, MD: American Correctional Association. (HV 9067 S48 F74 2005)

Helping Students Overcome Substance Abuse: Effective Practices for Prevention and Intervention by Jason J. Burrow-Sanchez and Leanne S. Hawken. New York, NY: Guilford Press. (HV 4999 C45 B87 2007)

Manual of Adolescent Substance Abuse Treatment edited by Todd Wilk Estroff. Washington, DC: American Psychiatric Press. (RJ 506 D78 M36 2001)

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Youth on the Street and Youth Involved with Child Welfare: Maltreatment, Mental Health and Substance Use. Ottawa, ON: Public Health Agency of Canada. (HV 1441 C2 G653 2011)
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YOUTH - DVDs

- D550 **Dark Crystal** (DVD, 41 minutes)
Investigates how two B.C. towns in the Interior, Kamloops and Barriere, are dealing with a crystal meth epidemic among their young people. Interviews include: parents of addicts, former addicts, medical and social services staff, and the police; tracks the success or failure of three teenagers trying to kick the addiction. (Image Media) (HV 5840 C32 D37 2005)
- D034 **Death by Jib: The Dangers of Crystal Meth** (DVD, 19 minutes)
Filmed in the Lower Mainland of British Columbia, this film explores the devastation that results from the use of crystal meth in a graphic manner, in an effort to send a strong message to viewers about the harsh realities of using this drug. Features interviews with teens, young adults and parents who have been affected by meth abuse. Examines various issues associated with use of this drug: various losses experienced by users; sexual exploitation of youth on crystal meth; health problems including sores on the body, rotten teeth, cognitive impairment, and mental health concerns. (Kinetic Video) (HV 5822 A5 D425 2005)
- D454 **Flipping the World: Drugs Through a Blue Lens** (DVD, 30 minutes)
A culturally diverse group of seven high school students meets with members of the Odd Squad, Vancouver police officials. They talk to the police and then meet young people who are in recovery, and others who are still struggling with addiction. In the process, they become more understanding and empathetic, and they reveal their own drug experiences. (National Film Board of Canada) (HV 5824 Y68 F558 2000)
- D257 **Project Resiliency: Overcoming Addiction: Real Youth--Real Stories--Real Hope--: Youth Tell It Like It Is** (DVD, 22 minutes)
Beneath the skin of a bustling metropolis, drug use is a serious problem. A youth director interviews several young people who tell it like it is. It focuses on how accurate drug information, personal strength, courage and resiliency are the antidote to drug temptation and hardship. (Langley School District #35) (HV 4999 Y68 P767 2005)
- D026 **Reduce Speed: A Film About Crystal Meth** (DVD, 22 minutes)
Highlights five youth's experience with the highs and lows of crystal meth use in Victoria and Vancouver. (Vancouver Island Health Authority) (HV 5822 A5 R437 2004)

D462 Scathed (DVD, 17 minutes)

Crystal Meth has roared across the globe, leaving in its wake wrecked lives, broken dreams and death. Its use has cost millions in policing and health expenditures. This program looks at the problem through the eyes of the current and recovering users and their families, health-care workers and police. The documentary dramatically shows that using crystal meth is not a game. This program is suitable for high school students, their parents, educators, and anyone interested in understanding the seductive lure of illicit drugs. (Odd Squad Productions) (HV 5822 A5 S338 2007)

D1931 Tweaked: A Generation in Overdrive (DVD, 72 minutes)

Exposes the truth about methamphetamine, also known as crystal meth or speed, the "new drug of choice" ravaging America's youth. The shorter 20 min. program is designed for the classroom or rehab center as a wake up call to the addict or potential user. The 50 min. program includes all the graphic sequences of the shorter program plus additional interviews with recovered meth addicts. Both programs include interviews with kids and law enforcement officials. (The Foundation) (HV 5822 A5 T84 2001)

D1834 The Wrath of the Dragon (DVD, 12 minutes)

This program takes a look at drug use among teenagers, and follows the downward spiral of heroin addiction and desperation, to the spectre of death. It shows drug addicts talking about their addiction, prostitutes speaking about the misery of their daily lives, and high school students talking about their perceptions and challenges. The program brings home the message that drug addiction, and the related violence at home and in the streets, is not limited to the downtown areas of big cities, but is also a growing problem in the suburbs and small communities. (Image Media) (HV 5824 Y68 W724 1999)

Other related bibliographies:

- *Prenatal Exposure to Drugs/Alcohol*
- *Substance Abuse in Corrections*

Last updated: February 16, 2018

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