



SUBSTANCE ABUSE

A listing of materials available at the Justice Institute Library

GENERAL BOOKS

Addiction: A Disorder of Choice by Gene M. Heyman. Cambridge, Mass.: Harvard University Press. (HV 5801 H459 2009)

Addiction by Prescription: One Woman's Triumph and Fight for Change by Joan E. Gadsby. Toronto, Ont.: Key Porter Books. (RM 146.5 G237 2000)

Aggression, Family Violence, and Chemical Dependency by Ronald T. Potter-Efron. New York: Haworth Press. (HV 6626 A344 1990)

Alcohol and Drugs in the Canadian Workplace: An Employer's Guide to the Law, Prevention and Management of Substance Abuse by Norm A. Keith and Ailsa J. Wiggins. Markham, Ont.: LexisNexis Canada. (HF 5549.5 A4 K43 2007)

Alcohol Use Disorders by Stephen A. Maisto, Gerard J. Connors, and Ronda L. Dearing. Toronto: Hogrefe & Huber. (RC 565 M357 2007)

Alcoholics Anonymous: The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism. New York City: Alcoholics Anonymous World Services. (HV 5275 W15 2001)

Beyond Codependency: And Getting Better All the Time by Melody Beattie. San Francisco, Calif.: Harper & Row. (RC 569.5 C63 B428 1989)

Brave New Families: A Guide for Families in Recovery by Terence Williams. Center City, Minn.: Hazelden Educational Materials. (HV 5132 W54 1994)

Buzzed: The Straight Facts About the Most Used and Abused Drugs from Alcohol to Ecstasy by Cynthia Kuhn, Scott Swartzwelder, and Wilkie Wilson. New York, NY: W.W. Norton. (RM 316 K84 2008)

Canadian Profile, Alcohol, Tobacco & Other Drugs. Ottawa, Ont.: Canadian Centre on Substance Abuse. (HV 5306 C356 1999)

Codependent No More: How to Stop Controlling Others and Start Caring for Yourself by Melody Beattie. New York: Hazelden. (RC 569.5 C63 B43 1992)

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Concurrent Substance Use and Mental Health Disorders: An Information Guide by W.J. Wayne Skinner ... [et al.]. Toronto: Centre for Addiction and Mental Health. (RC 564.68 C58 2004)

Coping with a Drug-Abusing Parent by Lawrence Clayton. Center City, Mn.: Hazelden. (HV 5824 C45 C53 1997)

Crime, Drugs and Social Theory: A Phenomenological Approach by Chris Allen. Burlington, Vt.: Ashgate. (HV 5801 A393 2007)

Criminal Artefacts: Governing Drugs and Users by Dawn Moore. Vancouver: UBC Press. (HV 5801 M664 2007)

Drug Identification Bible. Grand Junction, Colo.: Amera-Chem, Inc. (RS 58 D795 2011)

Drug Identification: Designer and Club Drugs Quick Reference Guide by Scott W. Perkins. Carrollton, Tex.: Alliance Press. (HV 8079 N3 P467 1999)

Drug Policy and the Public Good by Thomas Babor ... [et al.]. New York: Oxford University Press. (HV 5801 D616 2010)

Drug Use and Abuse: A Comprehensive Introduction by Howard Abadinsky. Belmont, CA: Thomson/Wadsworth. (HV 5825 A233 2008)

Drugs and Crime by Philip Bean. Portland, Or.: Willan Pub. (HV 5840 G7 B366 2008)

Drugs and Drug Abuse: A Reference Text by Terrence C. Cox. Toronto, Ont.: Addiction Research Foundation. (RC 564 D78 1998) (Shelved in Reference section. For Library use only.)

Drugs and Policing: A Scientific Perspective by Brian K. Payne and Randy R. Gainey. Springfield, Ill.: Charles C Thomas. (HV 5825 P333 2005)

Drugs and the World by Axel Klein. London: Reaktion. (HV 5801 K54 2008)

Drugs, Crime and Public Health: The Political Economy of Drug Policy by Alex Stevens. Cavendish Pub Ltd. (HV 5825 S748 2011)

Emergency Management of Selected Drugs of Abuse by Carson R. Harris. Dallas, Tex.: American College of Emergency Physicians. (RA 1211 E445 2000)

European Report on Drug Consumption Rooms by Dagmar Hedrich. Luxembourg: Office for Official Publications of the European Communities. (HV 5840 E85 H437 2004)

Final Report: Methamphetamine Interagency Task Force, Federal Advisory Committee. Washington, D.C.: Methamphetamine Interagency Task Force. (HV 5822 A5 M484 2000)

- Following the Evidence: Preventing Harms from Substance Use in BC** prepared by the Centre for Addictions Research of BC. Victoria, B.C.: Ministry of Health. (HV 5840 C32 B74 2006)
http://www.carbc.uvic.ca/pubs/FollowingEvidence_web.pdf
- Games Alcoholics Play: The Analysis of Life Scripts** by Claude Steiner. New York: Random House. (RC 565 S74 1971)
- Handbook of the Medical Consequences of Alcohol and Drug Abuse** edited by John Brick. New York: Haworth Press. (RC 564 H363 2008)
- Harm Reduction: A New Direction for Drug Policies and Programs** edited by Patricia G. Erickson. Toronto, Ont.: Buffalo, N.Y.: University of Toronto Press. (HV 4998 H277 1997)
- Highs & Lows: Canadian Perspectives on Women and Substance Use** edited by Nancy Poole and Lorraine Greaves. Toronto: Centre for Addiction and Mental Health. (HV 5824 W6 H53 2007)
- HIV, Hepatitis and Injection Drug Use in British Columbia: Pay Now or Pay Later?** by John S. Millar. Victoria, B.C.: Office of the Provincial Health Officer. (RA 643.7 C2 M545 1998)
- Identification Guide.** Calgary, Alta.: Beaton/Drugtec Systems, Inc. (HV 8079 N3 D785 1992)
- Illicit Drugs in Canada: A Risky Business** by Judith C. Blackwell. Scarborough, Ont.: Nelson Canada. (HV 5840 C2 I453 1988)
- In the Realm of Hungry Ghosts: Close Encounters with Addiction** by Gabor Maté. Toronto: Knopf Canada. (RC 533 M38 2007)
- Introduction to Addictive Behaviors** by Dennis L. Thombs. New York: Guilford Press. (RC 564 T55 1994)
- “Just a Stupid Kid—: Low Self-Esteem and Alcoholism** by John Candito. New York: Vantage Press. (HV 5045 C253 2003)
- Karch’s Pathology of Drug Abuse** by Steven B. Karch. Boca Raton: CRC Press. (RM 316 K37 2009)
- Law Enforcement Drug I.D. & Symptom Guide** by Ken Whitley. San Clemente, Calif.: LawTech. (HV 8079 N3 W457 2000)
- A Listing of Research and Development Projects Since 1988** by Paula M. Green. Ottawa, Ont.: Health Canada, Addictions and Community Funded Programs. (HV 4999 I5 G743 1993)
- Loved One in Treatment? Now What! An Essential Handbook for Family Members and Friends Navigating the Path of a Loved One’s Addiction, Treatment and Recovery** by Lisa Frederiksen. Redwood City, CA: KLJ Publishing. (HV 5132 F743 2010)
- Loving an Addict, Loving Yourself: The Top 10 Survival Tips for Loving Someone with an Addiction** by Candace Plattor. Vancouver: C. Plattor. (RC 533 P537 2009)

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Medical-Legal Aspects of Drugs compiled and edited by Marcelline Burns. Tucson, AZ: Lawyers & Judges Pub. Co. (RA 1160 M43 2007)

Memoirs of an Addicted Brain: A Neuroscientist Examines His Former Life On Drugs by Marc Lewis. Toronto: Doubleday Canada. (HV 5805 L495 A3 2011)

Methamphetamine Use: Clinical and Forensic Aspects by Sandra B. McPherson, Harold V. Hall, and Errol Yudko. Boca Raton: CRC Press. (HV 5822 A5 M483 2009)

Overload: Attention Deficit Disorder and the Addictive Brain by David K. Miller and Kenneth Blum. Duarte, Calif.: Hope Press. (RC 394 A85 M55 2000)

Parental Substance Misuse and Child Welfare by Brynna Kroll and Andy Taylor. Philadelphia, Pa.: Jessica Kingsley Publishers. (HV 4999 P37 K76 2003)

Peaceful Measures: Canada's Way Out of the "War on Drugs" by Bruce K. Alexander. Toronto, Ont.: University of Toronto Press. (HV 5840 C2 A64 1990)

Psychotropic Agents edited by A. Burgmann...[et al.]. Grand Forks, B.C.: IGR Publications. (RM 315 P79 2010)

Relief...At What Cost? Women with Disabilities and Substance Use/Misuse: Tobacco, Alcohol and Other Drugs: Summary of Themes by Monika Chappell. DAWN Canada. (HV 4999 H25 C426 1996)

Responding to Drug Use and Violence: A Directory and Resource Guide of Public and Private Sector Drug Control Grants. Washington, D.C.: Executive Office of the President, Office of National Drug Control Policy. (HV 5825 R473 1998)

Rural Women and Substance Use: Insights from a National Project in Three Communities. Ottawa, Ont.: Office of Alcohol, Drugs and Dependency Issues, Health Canada. (HV 4999 W65 R878 1997)

Street Drugs: Drug Identification Guide. Plymouth, MN: Publishers Group. (RM 316 S775 2009)

Stress, Trauma, and Substance Use edited by Brian E. Bride and Samuel A. MacMaster. New York: Routledge. (RC 564 S77 2008)

Substance Abuse: A Comprehensive Textbook edited by Joyce H. Lowinson. Baltimore, Md.: Williams & Wilkins. (RC 564 S826 1997)

Substance Abuse and Emotion edited by Jon D. Kassel. Washington, DC: American Psychological Association. (RC 564 S826 2010)

Substance Abuse Curriculum Resources. Centre for Curriculum and Professional Development (B.C.) Victoria, B.C.: British Columbia Ministry of Advanced Education, Training and Technology. (HV 4998 S823 1990 — v.1 - Assessment/referral. v.2 - Concepts. v.3 - Counselling. v.4 - Issues. v.5 Prevention/treatment)

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Substance Abuse, Family Violence and Child Welfare: Bridging Perspectives edited by Robert L. Hampton, Vincent Senatore, and Thomas P. Gullotta. Thousand Oaks, Calif.: Sage Publications. (HV 4999 P37 S83 1998)

Substance Abuse in Canada by Marilyn Herie and Wayne Skinner. Don Mills, Ont.: OUP Canada. (HV 5000 C3 H47 2009)

Substance Abuse in Canada: Concurrent Disorders. Ottawa, Ont.: Canadian Centre on Substance Abuse. (RC 564.68 S823 2009)
<http://www.ccsa.ca/2010%20CCSA%20Documents/ccsa-011811-2010.pdf>

Substance Use and Abuse: Everything Matters by Rick Csiernik. Toronto: Canadian Scholars' Press. (HV 5840 C3 C75 2011)

Theory of Addiction by Robert West and Ainsley Hardy. Malden, MA: Blackwell Pub./Addiction Press. (RC 564 W47 2006)

Understanding Drugs, Alcohol and Crime by Trevor Bennett and Katy Holloway. New York, N.Y.: Open University Press. (HV 5840 G7 B468 2005)

Understanding Street Drugs: A Handbook of Substance Misuse for Parents, Teachers and Other Professionals by David Emmett and Graeme Nice. Philadelphia: J. Kingsley. (HV 5840 G7 E55 2006)

Uppers, Downers, All Arounders: Physical and Mental Effects of Psychoactive Drugs by Darryl S. Inaba and William E. Cohen. Medford, Or.: CNS Publications. (RM 332 I43 2007)

Women and Addiction: A Comprehensive Handbook edited by Kathleen T. Brady, Sudie E. Back, and Shelly F. Greenfield. New York: Guilford Press. (HV 4999 W65 W664 2009)

Women and Substance Abuse: Gender Transparency edited by Sally J. Stevens and Harry K. Wexler. New York: Haworth Press. (HV 5824 W6 W645 1998)

You Owe Yourself a Drunk: An Ethnography of Urban Nomads by James P. Spradley. Boston: Little, Brown. (HV 5298 S43 S5 1970)
Study of Seattle street alcoholic subculture and it's encounter with law enforcement agencies.

GENERAL DVDs

D652 **America's Crystal Meth Epidemic** (DVD, 100 minutes)
Meth is destroying America. National meth use is at an all-time high, cutting across gender, race and economic lines. These documentary specials take a multi-faceted look at the epidemic, including the users and the activists who are trying to save them, law enforcement officers on the front lines, and those working to keep the drug from spreading and taking further hold of the smallest towns and the major urban centers. (A & E Home Video) (HV 5822 A5 A443 2008)

- D264 **Cold As Ice: Crystal Meth in the Community** (DVD, 32 minutes)
An educational video that provides a comprehensive snapshot of how methamphetamine impacts on the community. Mental health experts, firefighters and police officers describe how this drug is related to serious psychosis, a variety of crimes and environmental contamination. Parents and addicts speak about their experiences and experts describe why this drug is toxic and dangerous. The relationship between HIV infection and crystal meth in the gay community is also addressed. (Peace Arch Community Services) (HV 5822 A5 C655 2006)
- D024 **Crank'd on Meth** (DVD, 10 & 15 minutes)
Tells the story of a meth addict who becomes an expert "cook" and successful dealer. But soon paranoia and desperation cause him to blunder, and a perceptive police constable recognizes the signs that will reveal the full spectrum of his crimes. This DVD also contains another program called *First Officer*. (Ontario Police Video Training Alliance) (HV 5822 A5 C726)
- D491 **Damage Done: The Drug War Odyssey** (DVD, 55 minutes)
Meet a group of maverick cops - and former cops - who have put in decades fighting the war on drugs. They all believe strongly that drug prohibition is a terrible mistake and that all illicit drugs should be in the hands of government, not under the control of criminals. John Gayder, a currently employed constable with nearly 20 years experience, is our guide to the world of pro-legalization cops. Among this group is the legendary Frank Serpico, the man who blew the whistle on corruption in the New York Police Department, and who was shot in the face for his efforts. Then there's retired police captain Peter Christ, who spent 20 years enforcing drug laws before co-founding the group LEAP: Law Enforcement Against Prohibition. These are only a couple of the men who tell us their incredible stories. (National Film Board of Canada) (HV 5825 D36 2006)
- D1012 **The Downside of High** (DVD, 44 minutes)
Tells the stories of three young people from British Columbia who believe - along with their doctors - that their mental illness was triggered by marijuana use. All three spent months in hospital psychiatric wards, and still wage a battle with their illness. Today's super-potent pot may be a big part of the problem. Modern growing techniques have dramatically increased the amount of THC, the psychoactive ingredient in marijuana - ramping up the threat to the developing teenage brain. (CBC Learning) (HV 5822 M3 D694 2010)
- D1129 **Drug Abuse & the Brain** (DVD, 26 minutes)
Intended primarily for drug abuse counselors, this program provides a detailed look at the biological basis of drug addiction. Through animation and interviews with experts in the field, viewers will come to understand how the brain's reward system operates and how drug abuse can cause fundamental changes in how the brain works. (National Institute on Drug Abuse) (HV 5801 D783 1993)
- D947 **Fix: The Story of an Addicted City** (DVD, 92 minutes)
Tells the story of Vancouver's adoption of its four pillar drug policy and the struggle of drug users in the Downtown Eastside to gain acceptance in the community. It also relates the story of the effort to establish Canada's first safe injection site. (Canada Wild Productions) (HV 5840 C22 V345 2002)
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- D1321 **Greater Vancouver: Episode 9, April 25, 2000** (DVD, 30 minutes)
A brief history of the region's drug problem. A look at what other jurisdictions/cities have done to solve similar problems. An explanation of a four-pillars approach to a drug strategy (e.g. prevention, enforcement, treatment and harm reduction) which is gaining popularity amongst many policy makers. What Vancouver is doing and plans to do to solve the drug problem. (Rogers Community TV) (HV 5840 C262 V254 2000)
- D153 **Harm Reduction: Pieces to the Puzzle** (DVD, 26 minutes)
Directed to professionals who come in contact with intravenous drug users, this program emphasizes how harm reduction techniques can and do effect positive change -- by decreasing the devastating human and economic burden injection drug use and addictions place on society. In interviews with a doctor, emergency nurse, police superintendent, methadone nurse, and others, we learn how people working with injection drug users can assist them to practice techniques that can effectively reduce harm to the users, help save society money, and possibly save lives. The video features interviews with two past injection drug users who describe the vicious cycle of addiction, and make an eloquent case for harm reduction practices. And it also features the music and performance of a gifted musician who remains street addicted. (Image Media) (HV 4998 H38 2002)
- D651 **Hooked: Illegal Drugs and How They Got That Way** (DVD, 200 minutes)
Describes the history of various drugs illegal in the United States. Talks about the cycles of social and legal acceptance and rejection of various drugs as their positive effects were recognized, used and overused. Describes the mechanisms by which drugs are made illegal to use in the United States. (A & E Television Networks) (HV 5825 H665 2008)
- D736 **Medical Aspects of Chemical Dependency: The Neurobiology of Addiction**
(DVD, 25 minutes)
Explains how mood-altering substances alter the chemicals in the brain, and how this in turn affects heart rate, breathing, sensory perceptions, and more. Presents the latest research findings on brain chemistry. Includes newer drugs such as OxyContin and GHB. Features commentary by experts in the field. (Kinetic Video) (RC 564 M435 2003)
- D549 **Messing with Heads** (DVD, 46 minutes)
Conducts interviews and discusses research linking heavy marijuana use to schizophrenia and paranoid psychosis among teenagers and young adults, particularly focusing on the effects of THC on the brains of young users. (Image Media) (HV 5822 M3 M47 2005)
- D556 **Methamphetamine: Neurochemistry & Recovery** (DVD, 31 minutes)
Presents the basic neurochemistry and examines the ways methamphetamine changes the brain both chemically and structurally, including loss of brain mass, loss of memory, and an inability to concentrate, and how these changes interfere with the recovery process. Animations illustrate what happens to a user's brain when the drug is introduced; brain scans illustrate what happens as the user comes off the drug. Combines interviews with people in recovery with those of treatment professionals who present the challenges inherent in recovery (depression, unclear thinking, intense craving, deficit of self control, mental problems, and negative emotional states). (Image Media) (RC 568 A45 M47 2006)

- D337 **Uppers, Downers, All Arounders: Drugs & Effects** (DVD, 63 minutes)
One of the most comprehensive videos on psychoactive drugs available, this production uses a combination of animation, live action, graphics and interviews with addiction experts and recovering users to present a current, wide ranging, nonjudgmental overview of drug use. It covers current drugs of abuse including Ecstasy, methamphetamines, marijuana, and inhalants, along with "legal" drugs (alcohol, caffeine, tobacco, and benzodiazepines). In addition, concepts like hereditary and environmental influences, the physiology of drug use, and levels of use are examined. (Kinetic Video)
(RM 332 U663 2001)
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GENERAL VIDEOS

- V321 **Crack Cheap and Dangerous** (video, 6 minutes)
This video is primarily located in Los Angeles, but discusses the spreading U.S.A. epidemic. Aspects discussed are that crack is the most potent, addictive, deadly street drug, its physical appearance, how it is used, physiological effects, dealers manufacturing, distributing and their clients, enforcement, the drug's cheapness and ex-addicts discussing their experiences and reactions to potential users. (Westwood Screen) (HV 5810 C733 1986)
- V831 **Crack — The Big Lie** (video, 20 minutes)
This program explains what crack is and shows the very addictive nature of the drug. This is a good dramatization showing a teenager who does research on the drug for school and decides it's not for him. Intended audience: adolescents. (Magic Lantern) (HV 5810 C723 1988)
- V2907 **Cycles: Drugs: How Have They Affected You?** (video, 25 minutes)
This program weaves visual art and dialogue to create a message about how people get caught up in substance abuse and the effects of their involvement. (Street Spirits Theatre Co.) (HV 5801 C924 2003)
- V2126 **Dealing with Drugs: New Options** (video, 57 minutes)
The video looks at government policy towards illicit drugs in North America, specifically Toronto and New York. It then examines policies toward heroin and marijuana in Britain and the Netherlands. It examines the consequences of treating illegal drugs as a health problem (Europe) as opposed to a criminal problem (North America). (CBC International Sales) (HV 5801 D423 1991)
- V2633 **Designer Drugs** (video, 21 minutes)
This episode of the television program "W-five" shows facts on designer drugs in Canada, which are continuing to gain popularity with young people. It makes the point that there are dangers associated with ecstasy and makes the plea for changes in Canadian law to make it easier for police to control illegal drug labs. (Magic Lantern Communications) (HV 5825 D483 2001)
- V2109 **Drug Overdose & Toxicology** (video, 60 minutes)
How your body uses drugs -- Poison control -- Geriatric multiple meds -- Activated charcoal - Pulse/EMU news -- Hands-on training : street drugs. (Primedia Workplace Learning) (RA 1211 D786 1998)

- V2897 **Drugs and the Mind** (video, 32 minutes)
Teaching module of two stacked programs dealing with drugs and the mind.
29: Deals with alcoholism, addiction, biological evidence for hereditary traits, and how science progresses through replication and the development of new technologies.
30: Provides an example of how drug therapies incorporate the results of research on several levels of behaviour and shows how patients learn to deal with environmental triggers for cravings. (Magic Lantern Communications) (RM 315 D78 1999)
- Drugs, Uses & Abuses Series (V2801 – V2808)**
- V2804 **Hallucinogens** (video, 29 minutes)
A pharmacist, an addiction counsellor, a police officer, an historian, a pastor, and recovering users provide background on hallucinogens (also known as psychedelics) as a class of drugs, and study the history and biological effects of mescaline, psilocybin (the so-called “magic mushrooms”), LSD, and the designer drug MDMA. Using case studies and personal experience, they explore the uses, abuses and hazards of these drugs, which can include vivid flashbacks and critical serotonin depletion. (McIntyre Media) (HV 5822 H25 H245 1999)
- V2805 **Inhalants** (video, 21 minutes)
Presents a summary of this class of drugs, then gives details about its constituent parts: solvents and aerosols, nitrites, and nitrous oxide. A doctor of pharmacology, and addiction specialist, police officers, and historian, recovering addicts, and others delve into the history and biological effects of these drugs. Together, they share case studies and personal experiences to address use, abuse, and hazards of inhalants, including brain, liver and kidney damage, as well as sudden sniffing death syndrome. (McIntyre Media) (HV 5822 S65 I53 1999)
- V2802 **Narcotics** (video, 29 minutes)
Presents a profile of narcotics as a class of drugs and then spotlights opium, codeine, morphine, and heroin. A pharmacist, a nurse, police officers, addiction counsellors, an historian, recovering addicts and others provide expert commentary, discuss the history and biological effects of narcotics, and scrutinize their use, abuse and hazards through case studies and personal experience. (McIntyre Media) (HV 5822 N3 N273 1999)
- V2807 **PCP** (video, 18 minutes)
Describes phencyclidine (PCP) and the related drug ketamine. A police officer, an addiction specialist, an addiction counsellor, a veterinarian, and recovering users review the history and biological effects of PCP (also known as “angel dust”) and ketamine, employing case studies and personal experience to assess their use, abuse, and hazards, including false feelings of invincibility, flashbacks, and even psychosis. (McIntyre Media) (HV 5822 P45 P26 1999)
- V2801 **Sedatives** (video, 32 minutes)
Offers a summary of sedatives as a class of drugs, then focuses on barbiturates, tranquilizers, and alcohol, and a little on narcotics. A doctor of pharmacology, police officers, an addiction specialist, an historian, a pastor, recovering addicts and others describe the history and biological effects of sedatives, employing case studies and personal experience to analyze the use, abuse, and hazards of this group of drugs. (McIntyre Media) (HV 5822 S44 S43 1999)

- V2808 **Steroids** (video, 24 minutes)
Examines the use and abuse of anabolic steroids (often used by athletes, now illegally, to build muscle and strength) and gamma-hydroxybutyrate (GHB), a synthetic steroid-like substance and date-rape drug. Former NFL player Charles Hunt, a pharmacist, a police officer, an addiction counsellor, a trainer, a swim coach, a recovering abuser and others explore the history and biological effects of steroids, using case studies and personal experience to probe abuse and the many side effects and serious long-term health risks, which include impotence, liver tumours, renal failure, and "roid rage," which can lead to violence and even suicide. (McIntyre Media) (HV 5822 S73 S73 1999)
- V2803 **Stimulants** (video, 39 minutes)
Gives an overview of stimulants as a class of drugs; examines caffeine, nicotine, amphetamines, methamphetamines, and cocaine (in both powder and crack form). A doctor of pharmacology, police officers, an addiction specialist, an historian, recovering addicts and others profile the history and biological effects of stimulants, employing case studies and personal experience to analyze their use, abuse, and hazards, including stimulants' instantly addictive nature. (McIntyre Media) (HV 5822 A5 S754 1999)
- V2806 **THC** (video, 30 minutes)
Examines THC and the cannabinoids marijuana, hashish and hash oil. Expert commentary is presented by former NFL player Charles Hunt, a pharmacist, a police officer, addiction counsellors, an historian, a pastor, recovering addicts and others. Together, they explain the history and biological effects of THC, investigating its use, abuse and hazards, and its reputation as a gateway drug. (McIntyre Media) (HV 5822 M3 T33 1999)
- V2865 **Fix: The Story of an Addicted City** (video, 92 minutes)
Tells the story of Vancouver's adoption of its four pillar drug policy and the struggle of drug users in the Downtown Eastside to gain acceptance in the community. It also related the story of the effort to establish Canada's first safe injection site. (Canada Wild Productions) (HV 5840 C22 V345 2002)
Copy 2 is in DVD format.
- V288 **Just As I Am** (video, 21 minutes)
Filmed at the Pacific Garden Mission in Chicago, this video looks at some of the men who have taken refuge there, and probes into the reasons for their situations. Intended for police human relations awareness training. (Magic Lantern) (HV 8079.2 J885 1983)
- V647 **Needle Park** (video, 14 minutes)
A segment of CBS' 60 Minutes program focusing on a public park in Zurich, Switzerland where drug addicts are permitted to use drugs freely, without interference from the law. Describes the city's attempt to control and contain the activities of drug abusers through a needle exchange program intended to reduce the spread of AIDS. (Ambrose Video Publishing) (HV 5840 N436 1990)
- V2568 **Our Pill Epidemic** (video, 45 minutes)
This documentary examines how prescription drug addiction to benzodiazepenes (tranquilizers and sleeping pills) is far more debilitating than addiction to heroin or cocaine. The roles of doctors, pharmaceutical companies, governments, pharmacists and consumers are investigated. (Magic Lantern Communications) (HV 5840 C2 O686 1997)

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- V2655 **Stopping Traffik: The War Against the War on Drugs** (video, 47 minutes)
Since 1982 when Ronald Reagan declared war on drugs, the international trade in black market drugs has grown to a \$600 billion industry. Now a new clarion is being heard as the war against the war on drugs gains support. Leading the crusade is a coalition of unlikely allies: outspoken cops (including Vancouver constable Gil Puder), wealthy businessmen, social activists and medical professionals. They contend that stopping the traffic in human misery lies in decriminalizing drug use and treating addiction as a medical problem, not a crime. From Vancouver to Liverpool to Zurich, we look at experiments and programs that would seem to give merit to this growing campaign. (CBC International Sales) (HV 5801 S768 1999)
- V2561 **Substance Misuse** (video, 28 minutes)
Using expert interviews, laboratory footage, and dramatizations, examines the most commonly misused substances, explaining the effects of each and the problems it can cause. Includes: stimulants (amphetamines, caffeine, cocaine, nicotine, MDMA (methylenedioxymethamphetamine or "ecstasy"); depressants (alcohol, barbiturates, solvents, benzodiazepines); hallucinogens (cannabis, lysergic acid diethylamide or "LSD", "magic" mushrooms); opiates (morphine, heroine). (B.C. Learning Connection) (HV 5801 S92 1993)
- V2467 **Toxicology** (video, 85 minutes)
The first segment follows 2 paramedics to a rave where they find their patient has been using ecstasy. Segment 2 examines two "date rape" drugs, GHB and rohypnol. Huffing volatile substances is examined in segment 3. Hallucinogens of various types are the subject of segment 4. The Pulse Plus segment covers the fastest growing drug threat, methamphetamines. (Primedia Workplace Learning) (RA 1224.5 T695 2001)
- V2823 **Uppers, Downers, All Arounders: Drugs & Effects** (video, 63 minutes)
One of the most comprehensive videos on psychoactive drugs available, this production uses a combination of animation, live action, graphics and interviews with addiction experts and recovering users to present a current, wide ranging, nonjudgmental overview of drug use. It covers current drugs of abuse including Ecstasy, methamphetamines, marijuana, and inhalants, along with "legal" drugs (alcohol, caffeine, tobacco, and benzodiazepines). In addition, concepts like hereditary and environmental influences, the physiology of drug use, and levels of use are examined. (Kinetic Video) (RM 332 U663 2001)
Copy 2 is in DVD format.
- V3066 **V6A 1N6: A Television Essay** (video, 47 minutes)
Looks at one of Vancouver's downtown neighbourhoods which is considered the worst place to live in Canada, with its concentration of drug abusers, alcoholics, prostitutes and the homeless. It has the highest infection rates for tuberculosis, pneumonia, and hepatitis in North America, and the highest HIV infection rate among drug users in the developed world. Interviews locals, police officers, social workers; visits the life on the street, public health outlets and hostels; looks at how people cope and hears about some initiatives for a better future. (Image Media) (HV 5840 C32 V626 1997)

CHILDREN OF ALCOHOLICS - BOOKS

Adult Children of Alcoholics by Janet Geringer Woititz. Deerfield Beach, Fla.: Health Communications, Inc. (HV 5132 W642 1990)

The Adult Children of Alcoholics Syndrome: From Discovery to Recovery by Wayne Kritsberg. Toronto, Ont.: Bantam Books. (HV 5132 K748 1988)

After the Tears: Helping Adult Children of Alcoholics Heal their Childhood Trauma by Jane Middleton-Moz and Lorie Dwinell. Deerfield Beach, Fla.: Health Communications. (HV 5132 M53 2010)

Alcohol and Parenting: The Effects of Maternal Heavy Drinking by R.O. Pihl. Ottawa, Ont.: Human Resources Development Canada, Applied Research Branch. (HV 5132 A436 1998)

It Will Never Happen to Me! by Claudia Black. New York: Ballantine Books. (HV 5132 B43 1987)

CULTURAL DIFFERENCES - BOOKS

Addictive Behaviours Among Aboriginal People in Canada by Deborah Chansonneuve. Ottawa, Ont.: Aboriginal Healing Foundation. (RC 564 C423 2007)

Alcohol, Stress and Violence in American Indian Families by Ronet Bachman. Durham, N.H.: University of New Hampshire, Family Research Laboratory and Sociology Department. (HQ 809.3 U6 B224 1990)

Native Students With Problems of Addiction: A Manual for Adult Educators by Janet Campbell Hale. Salmon Arm, B.C.: Native Adult Education Resource Centre, Okanagan College for the Province of British Columbia, Ministry of Advanced Education, Training and Technology. (E 96.65 B7 C246 1990)

Northern Native Wife Abuse Prevention Demonstration Project by Madeline Jean Graveline. Thompson, Man.: Manitoba Keewatinowi Okimakanak. (HV 6626 G728 1986)
Assesses the correlation between the abuse of alcohol and the incidence of wife abuse in 13 northern reserve communities.

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Self Evaluation: Its Relationship to Substance Use in Native Adolescents by Kimberly Ann Scott.
Waterloo, Ont.: K.A. Scott. (HV 4999 Y68 S368 1986 -- *Thesis*)

(See also related section: Solvent Abuse)

CULTURAL DIFFERENCES - DVDs

- D1218 **Kakawis: The Healing Circle** (DVD, 18 minutes)
Profiles the Kakawis Family Development Centre in Tofino, B.C., which is a counseling Centre for native Indian families with problems relating to alcoholism. (Kakawis Family Development Centre) (E 98 L7 K243 1990)
- D1198 **Kharaab Daru: Bad Medicine** (DVD, 39 minutes)
This Punjabi program with English subtitles offers a creative and informative look at alcohol misuse in the Punjabi community residing in a North American context. Punjabi speaking professionals, along with individuals impacted by alcohol, share their knowledge with respect to the harms and risks associated with problem drinking, mistaking alcohol as medicine, how alcohol impairs mental and physical functioning, drinking and driving, addiction and family violence, and the benefits of recovery. (Sources Counselling Programs) (HV 5824 E85 K43 2009)
- D1441 **VisionQuest Journeys '97: A Journey of Hope** (DVD, 50 minutes)
Documents the one thousand mile canoe trip of VisionQuest along the west coast of British Columbia. The journey was taken by over 50 Royal Canadian Mounted Police Members, private citizens and First Nations youths to promote the healing message of VisionQuest in communities along the route. VisionQuest is a registered charitable organization dedicated to the establishment of an addiction recovery centre. (RCMP) (HV 5840 C26 V583 1997)

CULTURAL DIFFERENCES - VIDEOS

- V2538 **Breaking of the Bottle** (video, 25 minutes)
This substance mis-use prevention program is designed for the Indo-Canadian community. It creates an awareness of substance abuse problems and encourages parents to take an active role in preventing alcohol and other drug use among their children. *In Punjabi with English subtitles.* (Alcohol and Drug Programs, Ministry of Labour and Consumer Services) (HV 5824 Y68 B743 1990)
- V2579 **Donna's Story** (video, 50 minutes)
An intimate portrait of a fiercely determined survivor, *Donna's Story* profiles a Cree woman who left behind a bleak existence on the streets. She has re-emerged as a powerful voice counselling Aboriginal adults and youth about abuse and addiction. (National Film Board of Canada) (E 90 G243 D65 2001)

- V421 **The Honour of All** (3 videos, 57, 44, 25 minutes)
- V422 V423 Part 1: The story of Alkali Lake (57 min.) -- Part 2: The People of Alkali Lake (44 min.) -- Part 3: Sharing innovations that work (25 min.). Describes the efforts of the Alkali Lake Indian Band of B.C. to control alcoholism on the reserve. Covers the period from 1940 to the present day. Pt. 3. is from a conference called Sharing Innovations that Work, which was held by the Alkali Lake Band. It focuses on the problems of alcoholism. (Phil Lucas Productions) (E 98 L7 H62 1986)
- V1548 **Poundmaker's Lodge/Nechi Institute** (video, 48 minutes)
Visits the Poundmaker's Lodge Alcohol and Drug Rehabilitation Centre and co-housed Nechi Institute, a counsellor training facility, operated by and for Native Peoples. Pt. 1 features interviews with directors discussing institutional history, objectives and programs. Pt. 2 focusses on the cultural component, counselling curriculum & techniques, a client interview, and participation in National Addictions Awareness Week. (Magic Lantern) (E 78 C2 A36 1992 no. 32)
- V842 **Walking in Pain** (video, 50 minutes)
Features a Native Canadian counselor and patients in session at a Canadian treatment centre located on a reserve. Offers rare insights into an intensive and successful approach to the treatment of all alcoholics and especially native. (Kinetic) (HV 5199 C2 W245 1988)

(See also related section: Solvent Abuse)

PREVENTION - BOOKS

- Drug Abuse Prevention Program for Runaway and Homeless Youth: Promising Practices from the Field.** National Clearinghouse on Runaway and Homeless Youth (U.S.) Washington, D.C.: U.S. Department of Health and Human Services. (HV 5824 Y68 D7837 1994)
- Drug Awareness Week, 1989: Community Events.** Victoria, B.C.: Ministry of Labour and Consumer Services, Alcohol and Drug Programs. (HV 5840 C26 D783 1990)
- Drug Awareness Week, 1989: Report.** Victoria, B.C.: Ministry of Labour and Consumer Services, Alcohol and Drug Programs. (HV 5840 C26 D784 1990)
- Parent Education: A Review and Analysis of Drug Abuse Prevention and General Programs: Based on a Review by Paul C. Whitehead and Louis Gliksman** by Paul. C. Whitehead. Ottawa, Ont.: Health Promotion Directorate. (HQ 755.8 P274 1984)
- Promising Strategies to Reduce Substance Abuse.** Washington, D.C.: U.S. Dept. of Justice, Office of Justice Programs. (HV 4999.2 P76 2000)
- Rising Above Gangs and Drugs: How to Start a Community Reclamation Project** by Billie Sargent Hatchell. Washington, D.C.: U.S. Dept. of Justice, Office of Justice Programs, Office of Juvenile Justice and Delinquency Prevention. (HV 5831 C2 H283 1995)
- Shining Stars: Prevention Programs That Work** by Betty Waters Straub. Louisville, Ky.: Southeast Regional Center for Drug-Free Schools and Communities. (HV 5824 Y68 S557 1994)

Step by Step: A Prevention Handbook on Alcohol and Other Drug Use by Diane Champion-Smith.
Vancouver, B.C.: Kaiser Substance Abuse Foundation. (HV 5824 Y68 C424 1992)

Talking with Youth About Prevention: A Teaching Guide for Law Enforcement and Others.
Washington, D.C.: National Crime Prevention Council. (HV 7431 T248 1992)

Two-Way Street: Parents, Kids & Drugs. Ottawa, Ont.: Royal Canadian Mounted Police, Drug Awareness Program. (HV 5824 Y68 T868 1992)

Wholistic Educational Evaluation for Community Transformation: A Preventative Approach by Judie Bopp. Lethbridge, Alta.: Four Worlds Development Project, Faculty of Education, The University of Lethbridge. (HV 4999 I5 W564 1984)

PREVENTION - DVDs

D854 **Tears for April: Beyond the Blue Lens** (DVD, 99 minutes)
Destroys the myth that drug abuse affects just the user as life and death unfolds in the Downtown Eastside of Vancouver. Set in Vancouver's drug-infested Downtown Eastside, this video follows the short, tragic life of April Reoch as told by the newly-retired beat cop, Cst. Al Arsenault, who first warned the fresh-faced 17-year old to leave the street. Within six months April was hooked on drugs and prostituting herself. We follow April's life-and-death struggle: from those first days on the street, through her struggles to get clean, to finding her body on Christmas Day, and into jail where her murderer laments her death. Five other characters, also seen in 'Through a Blue Lens' (1999), are woven into this compelling drama. (Odd Squad Productions) (HV 5840 C22 T423 2007)

PREVENTION - VIDEOS

V2087 **Just A Heartbeat** (video, 49 minutes)
Filmed in North Delta's Seaquam Secondary School during a Halloween dance, this drama is the story of a love affair between two students that results in the death of a girl who goes for a ride in her boyfriend's car after he had been drinking. The boyfriend survives the crash and the second part of the video deals with the effects of the girl's death on her family and friends and the legal consequences to the driver. (Delta Cable Communications Ltd.) (HE 5620 D7 J874 1997)

V125 **Please God I'm Only 17** (video, 10 minutes)
One day after school, a high school girl and her friends have a party. Later, speeding away in her parents' car, she is killed. The victim narrates, describing her family's pain, her funeral, and the experiences she has missed by dying at seventeen. (HE 5620 D7 P54 1985)

V1759 **Street Smarts: Straight Talk for Kids, Teens & Parents with Detective J.J. Bittenbinder** (video, 60 minutes)
Detective J.J. Bittenbinder delivers a presentation to young people to make essential choices in dealing with the dangers of drugs, gangs and personal safety on the streets. (Brinks Home Security) (HV 7431 S777 1992)

- V2256 **Through a Blue Lens** (video, 52 minutes)
Constable Al Arsenault, along with six other policemen, began video-documenting the lives of people on their beat to create a powerful educational tool to help prevent drug use among young people. This unique group of officers, who formed a non-profit group dubbed the Odd Squad, resulted in an unusual relationship between the police and addicts in Vancouver's Downtown Eastside. The result is a documentary that gives addicts a voice to talk about who they are, and how they got to the streets. Through their participation, they hope to stop others joining their nightmare. (National Film Board of Canada) (HV 5840 C26 T473 1999)
Also available in DVD format, D455.
- V2917 **The Truth About Drugs** (video, 34 minutes)
Explores the lives of several teens who are current drug users. Shows the immediate consequences of illegal drugs, and illustrates how easily a life can be changed or destroyed after one drug use. Discusses the effects of heroin, cocaine, Ecstasy and other drugs, as well as techniques for turning away from risky drug-related situations. (Canadian Learning Company) (HV 5824 Y68 T78 2000)

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- Abusing the User: Police Misconduct, Harm Reduction and HIV/AIDS in Vancouver.** New York: Human Rights Watch. (HV 8079 N3 A288 2003)
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- Cities and Drugs: Responding to Drugs in the City of Vancouver, Canada** edited by Evan Wood and Thomas Kerr. Liverpool, England: International Journal on Drug Policy. (HV 5840 C26 C585 2006)
- Detoxication: A Plan for Vancouver** by R.E. Cutler. Vancouver, B.C.: Alcohol & Drug Commission. (RC 364 C8 1974)
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- Drugs and Drug Dependence: Linking Research, Policy and Practice: Lessons Learned, Challenges Ahead** by Richard Hartnoll. Strasbourg, France: Council of Europe Pub. (HV 5840 E85 H273 2004)
- Drug Use among Vancouver Secondary Students.** Vancouver, B.C.: Narcotic Addiction Foundation of British Columbia. (HV 5840 C32 V35 1971)
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An Exploration of the Natural History of Heroin Addiction by Gerald Irwin Henderson. Vancouver, B.C.: Narcotic Addiction Foundation British Columbia. (HV 5840 C32 B74 1970)

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Government Response to the First Report of the Standing Committee on National Health and Welfare: Booze, Pills and Dope: Reducing Substance Abuse in Canada. Ottawa, Ont.: Dept. of National Health and Welfare. (HV 5000 C2 B7252 1988)

The Health Entry Plan: Background Notes to the Compulsory Treatment Program for Heroin Dependents in British Columbia by Andre McNicoll. Victoria, B.C.: Alcohol and Drug Commission. (HV 5822 H4 M3 1978)

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Round Lake Treatment Centre: The Next Generation Solvent Abuse Community and Resource Project: A Demonstration Project to Test a Community Based Solvent Abuse Intervention Model by Wendy Rowe. New Westminster, B.C.: Cambie Consulting Group. (HV 5822 S65 R684 1994)

The Truth Heals: Notes From a National Consultation with Youth and Service Providers on Aboriginal Solvent Abuse. Ottawa, Ont.: Health Canada, Addiction and Community Funded Programs. (HV 5822 S65 T784 1993)

SOLVENT ABUSE - VIDEOS

- V1552 **Sniffing Stinks** (video, 47 minutes)
Intended for the understanding of children ages 8 and over. Young people from the Whitedog Reserves (Ont.) speak about sniffing and its effect, the reason for trying it, and reasons not to. Most of the excuses given for sniffing are discussed by young people who have done it themselves or those who chose not to. Community leaders and young people point out other ways of dealing with the need for escape, recreation or companionship. (Ottawa, Ont.: Health Programs Support Division, Medical Services Branch) (HV 5822 S65 S557 1991)
- V1553 **Spirit of the Forest** (video, 20 minutes)
Intended for the use and understanding of very young children from preschool to the primary grades. The video uses Anishinabbe values and philosophy as a basis for discussion about solvent abuse and how to deal with it. (Ottawa, Ont.: Health Programs Support Division, Medical Services Branch) (HV 5822 S65 S654 1991)
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Alcohol & Drug Problems: A Practical Guide for Counsellors edited by Susan Harrison and Virginia Carver. Toronto, Ont.: Addiction Research Foundation. (RC 564 A365 2004)

Asking the Right Questions, 2: Talking with Clients About Sexual Orientation and Gender Identity in Mental Health, Counselling, and Addiction Settings by Angela M. Barbara, Gloria Chaim, and Farzana Doctor. Toronto, Ont.: Centre for Addiction and Mental Health. (RC 564 B272 2004)

Best Practices, Concurrent Mental Health and Substance Use Disorders prepared by the Centre for Addiction and Mental Health. Ottawa: Health Canada. (RC 564.68 B478 2001)
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Best Practices: Treatment and Rehabilitation for Women with Substance Use Problems prepared by Janet C. Currie. Ottawa, Ont.: Health Canada. (HV 4999 W85 C873 2001)
http://www.hc-sc.gc.ca/hl-vs/alt_formats/hecs-sesc/pdf/pubs/adp-apd/bp_women-mp_femmes/women-e.pdf

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- Motivating Substance Abusers to Enter Treatment: Working with Family Members** Jane Ellen Smith and Robert J. Meyers. New York: The Guilford Press. (RC 564 S566 2008)
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Working with the Problem Drinker: A Solution-Focused Approach by Insoo Kim Berg and Scott D. Miller. New York: W.W. Norton. (RC 565 B465 1992)

TREATMENT - DVDs

D508 **Bevel Up: Drugs, Users & Outreach Nursing** (DVD, 270 minutes)
Documentary on a team of street nurses who reach out to youth, sex workers and street-entrenched men and women in the alleys and hotels of Vancouver's inner city. (National Film Board of Canada) (HV 5840 C32 V336 2007)

D463 **The Revolving Door and the Road to Recovery** (DVD, 20 minutes)
Examines the Vancouver Drug Treatment Court by following "Nicki" as she progresses through this innovative program designed to help treat the drug addiction that drives the criminal behaviour. (Odd Squad Productions) (HV 5840 C26 R483 2004)

TREATMENT - VIDEOS

V2839 **Addiction, Anger, Solutions** (video, 95 minutes)
In a series of three programs, lecturer Billy Weselowski discusses how to detect addiction, how to handle anger and its link to addiction, and methods for treating addiction. (HV 4998 A343 1996) (Maple Ridge, B.C.: Tricity Education)

V2016 **Addictions: Getting In, Getting Out** (video, 37 minutes)
This program is based on testimonials of three men recovering from alcohol and drug addictions. Part 1 explains how addictions begin and progress. Part 2 explores intervention strategies. Part 3 covers treatment options. Part 4 focuses on recovery. Useful for anyone concerned about alcohol or other drug addictions including educators, counsellors in colleges, community-based substance abuse prevention programmers, clinics and treatment centres. Valuable for health care professionals to improve their understanding of the addiction process. This tape is an abridged version of the original 1992 production which includes 2 additional testimonials from women. (Designed Learning, Inc.) (HV 5808 A345 1998)

V2021 **Confessions of a Rabid Dog** (video, 48 minutes)
Six heroin addicts in recovery, ranging in age from 20 to early 40s share their experiences with director John L'Ecuyer to create a picture of the emotional landscape of the drug-addicted. L'Ecuyer tracks his own introduction to the drug scene in Montreal, his recovery in Ottawa and his new life in Toronto. (National Film Board of Canada) (HV 5822 H4 C655 1997)

V793 **"Derek", an Alcohol Abuser** (video, 35 minutes)
This program demonstrates how a detoxification centre assists the substance dependent client, following a client through intake, medical assessment, and educational therapy provided at the centre. (Northwest Community College) (HV 5275 D473 1989)

- V2125 **Getting Off Heroin with Methadone** (video, 33 minutes)
Outlines the components of a comprehensive methadone treatment program. It includes information on pre-admission assessment, beginning treatment, determining proper dosage, urinalysis, and counselling. It raises issues about the underlying philosophy behind methadone treatment, providing openings for group discussion about themes such as harm reduction, HIV prevention, the causes of addiction and others. (Kinetic) (HV 5822 H4 G486 1995)
- V3162 **I Was Just a Kid** (video, 30 minutes)
Through the experiences of a group of women, explores the connection between childhood trauma and adult substance abuse; illustrates the fact that recovery from substance abuse entails recovering from the trauma of victimization. (THA Media Distributors) (HV 6626.5 I93 1997)
- V792 **Introduction to Assessment** (video, 35 minutes)
This program introduces the 5-part series on substance abuse. The series will demonstrate the importance of individualized assessment and treatment plans through presentation of 3 case studies, and interviews with counselors. (Northwest Community College) (HV 5125 I573 1989)
Other titles in this series:
“**Derek**”, an **Alcohol Abuser** (V793) and “**Sarah**”, **Drug Dependency and Depression** (V795) In Treatment-Videos section
“**Frances and Irene**”, **Substance Abuse and Pregnancy** (V794) and **Substance Abuse and Pregnancy: Fetal Alcohol Syndrome** (V796) In Prenatal Exposure to Drugs bibliography.
- V2634 **The Journey** (video, 29 minutes)
A documentary that shows how the Drug Treatment Court works. This special court supplies and supervises substance abuse treatment for addicted perpetrators of non-violent crimes who are charged with possession or trafficking in small quantities of drugs (crack, cocaine, heroin) or with offences related to prostitution. (Magic Lantern Communications) (KE 9050 J687 2001)
- V2840 **Profile, Youth, Women, Family** (video, 90 minutes)
The first program profiles an addict as he traverses from experimenting with drugs to complete dependency. Other programs feature interviews with women, drug addicts, young people who've become addicted, and with parents who've tried to save their children from the devastation of drugs. (HV 4998 P768 1996)
- V3118 **Relapse Prevention** (video, 24 minutes)
What do we really know about relapse, and how can we help clients avoid it? This videotape addresses these questions by providing information on the phenomenon of relapse and its often chronic appearance in the lives of alcohol and other drug abusers. The accompanying user's guide gives information on the components of relapse prevention. (NCADI: National Clearinghouse for Alcohol and Drug Information) (HV 5275 R456 1992)

- V795 **“Sarah”, Drug Dependency and Depression** (video, 27 minutes)
This case study follows a patient who is taking prescription drugs for depression due to stress in the family. She is treated by the Mental Health Centre and Northwest Drug and Alcohol, Terrace and joins an Al-Anon support group. (Northwest Community College) (HV 5809.5 S273 1989)
- V2309 **Substance Abuse Management Module (SAMM): Skills Illustration Videotape** (video, 20 minutes)
Teaches skills to patients with schizophrenia being treated for substance abuse. Actors model the nine skills taught during the skills training sessions: quitting after a slip, reporting a slip, refusing drugs offered by a pushy dealer, refusing drugs offered by a friend or family member, getting an appointment with a busy person, getting a support person, reporting symptoms and side effects to a doctor, asking someone to join in a healthy pleasure, and negotiating with a representative payee. (W.W. Norton) (RC 514 S823 1999)
- V1080 **Turnaround: A Story of Recovery** (video, 47 minutes)
The women who seek help at Aurora House, a residential treatment centre in Vancouver, share a common illness: a physical and psychological dependence on alcohol, prescription drugs, street drugs, or a combination of these. This is the story of the lives of five women at various stages of their rehabilitation. (National Film Board of Canada) (HV 5137 T87 1984)

WORKPLACE ISSUES - BOOKS

- Assessment of Police Perceptions of Police Drinking** by Georgia Shelton. Vancouver, B.C.: University of British Columbia. (HV 5047 S5 1977)
- Developing an Effective Alcohol and Drug Policy in a Police Force: Issues of Prevalence, Discipline, Human Rights, and Arbitration Trends** by J. Dietrich. Ottawa, Ont.: RCMP Health Directorate. (HV 7936 P47 D538 1987)
- Drug Testing in Police Forces: Need, Reliability, and Limitations** by J. Dietrich. Ottawa, Ont.: RCMP Health Directorate. (HV 7936 D7 D543 1986)
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- The Non-Medical Use of Drugs Including Alcohol Among Police Personnel: A Critical Literature Review** by J. Dietrich. Ottawa, Ont.: RCMP Health Directorate. (HV 7936 P75 D537 1986)
- Policy and Program for Problem Drinking Employees in the Public Service of British Columbia: Training Manual** by Jack Hague. Vancouver, Alcohol and Drug Commission. (HF 5549.5 E42 H33 1975)
- Preventing Workplace Substance Abuse: Beyond Drug Testing to Wellness** edited by Joel B. Bennett and Wayne E.K. Lehman. Washington, D.C.: American Psychological Association. (HF 5549.5 D7 P74 2003)

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Report of the Task Force on Alcohol and Drug Abuse in the Workplace. Task Force on Alcohol and Drug Abuse in the Workplace. Victoria, B.C.: Ministry of Health, Business Council of B.C., Workers' Compensation Board. (HF 5549.5 A4 T37 1987)

WORKPLACE ISSUES - VIDEOS

V582 **Choir Practice** (video, 52 minutes)
Hosted by Ed Donovan, an expert in the field of police stress management, this video addresses the problem of alcoholism in the law enforcement community. (Ed Donovan Productions) (HV 7936 J63 C466 1989)

YOUTH - BOOKS

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Adolescent Substance Abuse: New Frontiers in Assessment edited by Ken C. Winters. New York: The Haworth Press. (HV 4999 Y68 A36 2006)

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Can I Handle Alcohol/Drugs: A Self-Assessment Guide for Youth by David Zarek. Minneapolis, Mn: Johnson Institute. (HV 5824 Y68 Z272 1987)

Canadian Street Youth and Substance Use: Findings from Enhanced Surveillance of Canadian Street Youth, 1999-2003. Ottawa: Public Health Agency of Canada. (HV 1441 C2 C287 2007)
<http://www.phac-aspc.gc.ca/sti-its-surv-epi/report07/index-eng.php>

Choices & Consequences: What to Do When a Teenager Uses Alcohol/Drugs: A Step-By-Step System That Really Works by Dick Schaefer. Minneapolis, Minn.: Johnson Institute Books. (HV 5135 S33 1987)

Cocktails: Facts for Youth about Mixing Medicine, Booze and Street Drugs by Kathleen Collin. Vancouver, B.C.: Youth Health Program, Children's & Women's Health Centre of B.C. (HV 5824 Y68 C655 2005)

Criminal Conduct & Substance Abuse Treatment: Strategies for Self-Improvement and Change: Pathways to Responsible Living: The Provider's Guide by Kenneth W. Wanberg and Harvey B. Milkman. Los Angeles: Sage Publications. (RC 451.4 P68 W36 2008)

Designer Drugs and Raves by Scott Rintoul and Christy MacKillican. Vancouver, B.C.: Addictive Drug Information Council. (RM 316 R563 2001)

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The Relationship Between Family Structure and Adolescent Substance Use by Robert Alan Johnson. Rockville, Md.: Substance Abuse and Mental Health Services Administration, Office of Applied Studies, U.S. Dept. of Health and Human Services, Public Health Service. (HV 5824 Y68 J635 1996)

Teen Drug Trends: A Parents Guide in Understanding & Responding to Teen Drug Use by Robb McGirr. Port Moody, B.C.: Port Moody Police Services Union. (HV 5824 Y68 M145 2007)

Up Against a Wall: Coping with Becoming a Teen When You Have Been Maltreated as a Child: Substance Use Among Adolescents in Child Welfare Versus Adolescents in the General Population: A Comparison of the Maltreatment and Adolescent Pathways (MAP) Longitudinal Study and the Ontario Student Drug Use Survey (OSDUS) Datasets by Christine Wekerle ... [et al.]. Ottawa: Office of Research and Surveillance, Drug Strategy and Controlled Substances Directorate. (RJ 506 D78 U6 2009)
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What Parents Need to Know about Teen Risk Taking: Strategies for Reducing Problems Related to Alcohol, Other Drugs, Gambling and Internet Use by David A. Wolfe ... [et al.]. Toronto: Centre for Addiction and Mental Health. (RJ 506 R57 W43 2011)

Working with Substance Abusing Youths: Knowledge and Skills for Juvenile Probation and Parole Professionals by Ann H. Crowe. Lexington, Ky.: Council of State Governments for the American Probation and Parole Association. (HV 9076.5 C768 1999)

Youth & Drugs and Mental Health: A Resource for Professionals by Elsbeth Tupker. Toronto: Centre for Addiction and Mental Health. (RJ 506 D78 T86 2004)

Youth on the Street and Youth Involved with Child Welfare: Maltreatment, Mental Health and Substance Use. Ottawa: Public Health Agency of Canada. (HV 1441 C2 G653 2011)
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YOUTH - DVDs

- D550 **Dark Crystal** (DVD, 41 minutes)
Investigates how two B.C. towns in the Interior, Kamloops and Barriere, are dealing with a crystal meth epidemic among their young people. Interviews include: parents of addicts, former addicts, medical and social services staff, and the police; tracks the success or failure of three teenagers trying to kick the addiction. (Image Media) (HV 5840 C32 D37 2005)
- D034 **Death by Jib: The Dangers of Crystal Meth** (DVD, 19 minutes)
Filmed in the Lower Mainland of British Columbia, this film explores the devastation that results from the use of crystal meth in a graphic manner, in an effort to send a strong message to viewers about the harsh realities of using this drug. Features interviews with teens, young adults and parents who have been affected by meth abuse. Examines various issues associated with use of this drug: various losses experienced by users; sexual exploitation of youth on crystal meth; health problems including sores on the body, rotten teeth, cognitive impairment, and mental health concerns. (Kinetic Video) (HV 5822 A5 D425 2005)
- D257 **Project Resiliency: Overcoming Addiction: Real Youth--Real Stories--Real Hope--: Youth Tell It Like It Is** (DVD, 22 minutes)
Beneath the skin of a bustling metropolis, drug use is a serious problem. A youth director interviews several young people who tell it like it is. It focuses on how accurate drug information, personal strength, courage and resiliency are the antidote to drug temptation and hardship. (Langley School District #35) (HV 4999 Y68 P767 2005)
- D026 **Reduce Speed: A Film About Crystal Meth** (DVD, 22 minutes)
Highlights five youth's experience with the highs and lows of crystal meth use in Victoria and Vancouver. (Vancouver Island Health Authority) (HV 5822 A5 R437 2004)
- D462 **Scathed** (DVD, 17 minutes)
Crystal Meth has roared across the globe, leaving in its wake wrecked lives, broken dreams and death. Its use has cost millions in policing and health expenditures. This program looks at the problem through the eyes of the current and recovering users and their families, health-care workers and police. The documentary dramatically shows that using crystal meth is not a game. This program is suitable for high school students, their parents, educators, and anyone interested in understanding the seductive lure of illicit drugs. (Odd Squad Productions) (HV 5822 A5 S338 2007)

YOUTH - VIDEOS

- V3057 **Crystal Meth-- To Die for** (video, 13 minutes)
Cheap, easily available and highly addictive, crystal methamphetamine has become the drug of choice for children as young as ten. Cooked up using recipes found on the Internet, crystal meth usage is on the rise in our community and nationwide. (New VI-Civi Television) (HV 5822 A5 C796 2005)

- V2423 **Flipping the World: Drugs Through a Blue Lens** (video, 30 minutes)
A culturally diverse group of seven high school students meets with members of the Odd Squad, Vancouver police officials. They talk to the police and then meet young people who are in recovery, and others who are still struggling with addiction. In the process, they become more understanding and empathetic, and they reveal their own drug experiences. (National Film Board of Canada) (HV 5824 Y68 F558 2000)
Also available in DVD format, D454.
- V2124 **Safer with CYPHR: Street-Involved Youth Talk About Drug Use and Harm Reduction** (video, 20 minutes)
CYPHR (Concerned Youth Promoting Harm Reduction) is a team of six youths involved in Toronto street life. They interviewed more than 60 other young people to get their views on street life, drug use, and how to stay safe. Topics discussed include: HIV/AIDS, drug overdoses, violence, problems with family and friends, and lack of money, food or shelter. (Addiction Research Foundation) (HV 5824 Y68 S233 1997)
- V3077 **Tweaked. Part 1** (video, 20 minutes)
Presents the hopeless road to death and destruction that comes with meth abuse. Designed for the classroom, or rehab center, it's a "scared straight" presentation which delivers a wake up call to the addict or potential user; "there is little room for escape". (The Foundation) (HV 5822 A5 T84 2001 pt.1)
- V3078 **Tweaked. Part 2** (video, 50 minutes)
Includes all of the graphic sequences in part one plus a family of four girls who recovered from meth addiction. Just as part one, it weaves through intense and graphic interviews with: kids on the street in Venice Beach, California; a street wise narcotics officer; a drug abuse counselor; and two D.A.'s who reveal the grizzly aftermath of meth-induced crimes typical of those sweeping North America. (The Foundation) (HV 5822 A5 T84 2001 pt.2)
- V2599 **Where Angels Weep: A Film About Teenagers and Heroin** (video, 48 minutes)
This program takes a look at drug use among teenagers, and follows the downward spiral of heroin addiction from the suburbs to the misery and horror of life on the streets in the big city. Addicts and recovered addicts tell their stories themselves. The problem is shown in graphic detail with paramedics working on an overdose victim, a hospital emergency room, and a funeral, as well as scenes of an addict's arms and legs riddled with punctures, the "tracks" of intravenous drug use. (Pacific Television & Film) (HV 5824 Y68 W443 2000)
- V2622 **The Wrath of the Dragon** (video, 12 minutes)
This program takes a look at drug use among teenagers, and follows the downward spiral of heroin addiction and desperation, to the spectre of death. It shows drug addicts talking about their addiction, prostitutes speaking about the misery of their daily lives, and high school students talking about their perceptions and challenges. The program brings home the message that drug addiction, and the related violence at home and in the streets, is not limited to the downtown areas of big cities, but is also a growing problem in the suburbs and small communities. (Image Media) (HV 5824 Y68 W724 1999)

Related Bibliographies:

- *Prenatal Exposure to Drugs/Alcohol*
- *Substance Abuse in Corrections*

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