



## **JIBC Student Counselling Services**

### **Statement of Confidentiality**

Counselling services including personal, academic and career, are available to all JIBC students. JIBC recognizes that students are faced with various life stressors that can interfere with succeeding at school. At JIBC, we want you to succeed, and we provide counselling services to support your personal, academic and career success. Counseling services are completely confidential. We will not share any information with instructors or other individuals unless you provide written consent.

There are a few exceptions limitations to confidentiality in counseling situations.

- In rare instances courts may subpoena counselling records.
- Counsellors are required to report clearly imminent dangers to self and others, such as thoughts about suicide or threats to harm other people.
- Counsellors are required to report reasonable suspicion of emotional and/or physical neglect and/or abuse including sexual abuse of a minor.

### **Confidentiality Guidelines**

Many students are concerned about the confidentiality of meeting with a counsellor. The following guidelines provide information about the confidential nature of our services.

The following is kept confidential:

- That you are seeing a counsellor
- All contact information, including appointment times.
- Counselling information does not appear in the student's education file.
- The counsellor is the only person that has access to the information discussed, unless the student gives written permission for specific information to be shared.

If you have any questions about confidentiality, your counselor will be happy to discuss them with you.



## Rights and Responsibilities of Students

### *You have the right to:*

- be treated with respect and consideration;
- know that information you share during the counselling process is confidential;
- discuss with your counsellor any concerns or dissatisfactions you may have about your counselling experience;
- refuse to complete any consent forms requested during the counselling process;
- ask for a referral to another counsellor.

### *You are responsible for:*

- treating counselling staff with respect and consideration;
- maintaining the confidentiality of others in group counselling sessions;
- helping to make your counselling experience meaningful;
- letting us know immediately about any concern(s) you may have with our service