

# COVID-19 SAFETY ORIENTATION - FALL 2021

## PRECAUTIONS AGAINST COVID-19 TRANSMISSION REQUIRED FOR EVERYONE (EVEN IF VACCINATED)



### HEALTH ASSESSMENT

Perform a personal health assessment each day before coming JIBC campus or attending JIBC activities at other locations – use the [BC Thrive Assessment tool](#)

- If you have symptoms notify us and stay away
- If you feel ill when already on campus – notify your instructor and/or First Aid and follow their instruction



### WEAR A MASK

Wear a mask over nose and mouth at all times in common areas, classrooms, or in-vehicle teaching spaces. Masks may be removed while actively eating in designated areas.

Mask requirements will increase or decrease based on **local** conditions and MHO guidance. Follow changing guidance as posted.

If you have forgotten a mask – one is available from Campus Security or a Campus Administrator.



### RESPECT PERSONAL DISTANCE

Campuses are returning to full capacity and we are excited, but it is important to respect personal space. Avoid congregating in close groups or clumping near doorways. Whenever possible leave an empty chair space between yourself and your neighbour. Distance requirements will likely increase or decrease based on **local** conditions and MHO guidance. Follow changing guidance as posted.



### WASH YOUR HANDS

Wash your hands with soap and water or use hand-sanitizer regularly:

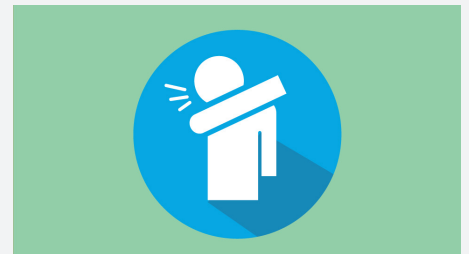
- When you enter and leave a building or class
- Before you eat
- After using washrooms



### WORK-PODS

You may be assigned to a small group “work pod” or “cohort” in your class for close-contact activities. Please limit your close contacts to that pod.

This is meant to reduce the chance of exposure for the whole class in case someone is asymptomatic (ill but not experiencing symptoms yet).



### COUGH/SNEEZE ETIQUETTE

Use cough/sneeze etiquette to reduce projecting respiratory droplets.

Cover your mouth and nose with a tissue or the bend of your elbow, then immediately dispose of the tissue properly, and wash your hands as soon as possible.



## VACCINATIONS

JIBC highly recommends getting both doses of your COVID-19 vaccinations. It is the single best control available to prevent transmission.

By Sept. 13, discretionary activities on site will require proof of one vaccination dose. By Oct. 24, proof of full immunization is required. Full immunization means at least seven days after a second COVID-19 vaccination. The exact details and process will be communicated as soon as the information is available.

B.C. post-secondary institutions continue to review what further access or activities may require proof of vaccination or alternate measures.

Please continue to apply all the other precautions listed in this guide and follow any further instruction provided on site.

## HOW IT SPREADS

Coronavirus is spread from an infected person through respiratory droplets and aerosols (smaller droplets) expelled when they talk, sing, shout, cough, or sneeze.

## SYMPTOMS

Symptoms of COVID-19 are similar to other respiratory illnesses like the flu and common cold. Symptoms include: fever, chills, cough, shortness of breath, sore throat and painful swallowing, loss of sense of smell, headache, muscle aches, diarrhea, fatigue, and loss of appetite.

## RISK ASSESSMENTS

JIBC regularly assesses the risks of our activities for both students and staff and establishes appropriate controls based on current guidance from the Ministry of Advanced Education and Skills Training, WorkSafeBC and the Public Health Officer. Rules and expectations for employees and students participating in our activities are specific to our hazards and circumstances.

These may be more stringent than requirements that apply to everyone in the general public on their own time.

## CLOSE CONTACT ACTIVITIES

Due to the applied learning that is integral to JIBC training, some activities cannot be completed while maintaining physical distance – you need to move in close. The time duration of close contact should be limited as much as possible. This reduces potential exposure. Immediately after you complete the close contact part of the activity you should move apart again and respect personal distance.