

Complex Trauma Counselling Training

Support your practice by advancing your knowledge and skill level working with children, youth and adults who have experienced complex trauma.

Courses Include:

- Theories in Complex Trauma
- Assessment and Intervention
- Somatic work with Complex Trauma
- Complex Trauma Interventions and Skill Building
- Complex Trauma Integrated Project

If all courses are successfully completed by the December 31, 2027, there is the opportunity to receive the Associate Certificate in Complex Trauma. Contact aeastman@jibc.ca with any questions

Course Code/Title	Course Start/End dates	Tuition
COUN-5200 Theoretical Foundation in Complex Trauma	January 18, 2027- April 11, 2027 Online 4 Zoom Sessions (2 Hours + 15 Minute Break) Tuesday, January 19th, 6-8pm PST Tuesday, February 2nd, 6-8pm PST Tuesday, February 16th 6-8pm PST Tuesday, March 23rd, 6-8pm PST	\$1,441.37 *Subject to 2% increase April 1, 2027
COUN-5202 Complex Trauma: Assessment and Interventions	May 3, 2027- May 6, 2027 face to face	\$961.31 *Subject to 2% increase April 1, 2027
COUN-5208 Somatic Work with Complex Trauma	July 5, 2027- July 8, 2027 face to face	\$961.31 *Subject to 2% increase April 1, 2027
COUN-5212 Complex Trauma: Interventions and Skill Building	September 20, 2027-September 23, 2027 face to face	\$961.31 *Subject to 2% increase April 1, 2027
COUN-5220 Complex Trauma Integrated Project	November 8, 2027- December 17, 2027 online	\$480.43 *Subject to 2% increase April 1, 2027

COUN 5200: Theoretical Foundation in Complex Trauma | 10 weeks online

This course includes self-paced online content with weekly assignments and a final assignment due as well as four, 2-hour virtual zoom sessions scheduled on an evening on weeks 1,3,5 and 10. [Register Here](#)

COUN 5202: Complex Trauma: Assessment and Interventions | 4 days, New Westminster

This course includes a pre-reading package that will take approx. 2-4 hours to complete, and a final assignment that will be due approximately three weeks after course completion. Learners will be sent the pre-reading 2 weeks before the class start date. [Register Here](#)

COUN 5208: Somatic Work with Complex Trauma | 4 days, New Westminster

This course includes a pre-reading package that will take approx. 2-4 hours to complete, and a final assignment that will be due approximately three weeks after course completion. Learners will be sent the pre-reading 2 weeks before the class start date. [Register Here](#)

COUN 5212: Complex Trauma: Interventions and Skill Building | 4 days, New Westminster

This course includes a pre-reading package that will take approx. 2-4 hours to complete, and a final assignment that will be due approximately three weeks after course completion. Learners will be sent the pre-reading 2 weeks before the class start date. [Register Here](#)

COUN 5220: Complex Trauma Integrated Project | 7 weeks online

This final assignment is a self-paced project designed to integrate learning from the previous courses and demonstrate skills and knowledge around complex trauma. [Register Here](#)