

## **Complex Trauma Counselling Training**

Support your practice by advancing your knowledge and skill level working with children, youth and adults who have experienced complex trauma.

Courses Include:

- Theories in Complex Trauma
- Assessment and Intervention
- Somatic work with Complex Trauma
- Complex Trauma Interventions and Skill Building
- Complex Trauma Integrated Project

If all courses are successfully completed by the December 31, 2027, there is the opportunity to receive the Associate Certificate in Complex Trauma. Contact [aeastman@jibc.ca](mailto:aeastman@jibc.ca) with any questions

| Course Code/Title                                                 | Course Start/End dates                                                                                                                                                                                                                                   | Tuition                                             |
|-------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|
| <b>COUN-5200 Theoretical Foundation in Complex Trauma</b>         | <b>January 18, 2027- March 28, 2027</b><br><b>Online</b><br>4 Zoom Sessions<br>(2 Hours + 15 Minute Break)<br>Tuesday, January 19th, 6-8pm PST<br>Tuesday, February 2nd, 6-8pm PST<br>Tuesday, February 16th 6-8pm PST<br>Tuesday, March 23rd, 6-8pm PST | \$1,441.37<br>*Subject to 2% increase April 1, 2027 |
| <b>COUN-5202 Complex Trauma: Assessment and Interventions</b>     | <b>May 3, 2027- May 6, 2027</b><br>face to face                                                                                                                                                                                                          | \$961.31<br>*Subject to 2% increase April 1, 2027   |
| <b>COUN-5208 Somatic Work with Complex Trauma</b>                 | <b>July 5, 2027- July 8, 2027</b><br>face to face                                                                                                                                                                                                        | \$961.31<br>*Subject to 2% increase April 1, 2027   |
| <b>COUN-5212 Complex Trauma: Interventions and Skill Building</b> | <b>September 20, 2027-September 23, 2027</b><br>face to face                                                                                                                                                                                             | \$961.31<br>*Subject to 2% increase April 1, 2027   |
| <b>COUN-5220 Complex Trauma Integrated Project</b>                | <b>November 8, 2027- December 17, 2027</b><br>online                                                                                                                                                                                                     | \$480.43<br>*Subject to 2% increase April 1, 2027   |

**COUN 5200: Theoretical Foundation in Complex Trauma** | 10 weeks online

This course includes self-paced online content with weekly assignments and a final assignment that will be due approximately three weeks after course completion. As well there are four, 2-hour virtual zoom sessions scheduled on an evening on weeks 1,3,5 and 10. [Register Here](#)

**COUN 5202: Complex Trauma: Assessment and Interventions** | 4 days, New Westminster

This course includes a pre-reading package that will take approx. 2-4 hours to complete, and a final assignment that will be due approximately three weeks after course completion. Learners will be sent the pre-reading 2 weeks before the class start date. [Register Here](#)

**COUN 5208: Somatic Work with Complex Trauma** | 4 days, New Westminster

This course includes a pre-reading package that will take approx. 2-4 hours to complete, and a final assignment that will be due approximately three weeks after course completion. Learners will be sent the pre-reading 2 weeks before the class start date. [Register Here](#)

**COUN 5212: Complex Trauma: Interventions and Skill Building** | 4 days, New Westminster

This course includes a pre-reading package that will take approx. 2-4 hours to complete, and a final assignment that will be due approximately three weeks after course completion. Learners will be sent the pre-reading 2 weeks before the class start date. [Register Here](#)

**COUN 5220: Complex Trauma Integrated Project** | 7 weeks online

This final assignment is a self-paced project designed to integrate learning from the previous courses and demonstrate skills and knowledge around complex trauma. [Register Here](#)