

#### **OFFICIAL COURSE OUTLINE**

**Course Code: PARA-1004** 

Short Title: FR

**Long Title:** First Responder

**Prerequisites:** None.

**Co-requisites:** Minimum age; 16 years.

**School:** School of Health, Community and Social Justice

**Division/Academy/Centre:** Health Sciences Division

Previous Code & Title: FRP106, FRP103 First Responder Level III; FRPAED104 First Responder

Automatic External Defibrillator; and FRPSM105 First Responder Spinal

Management

Course First Offered: 2011

Credits: 3

### **Course Description**

Students will acquire a full complement of basic skills to prepare them for carrying out all critical life-saving duties as a First Responder Provider. Students will be equipped to: perform an organized and prioritized patient assessment; intervene in life-threatening traumatic injuries and medical conditions; manage a patient in cardiac arrest including CPR and the use of Automatic External Defibrillation (AED); recognize and manage a patient with a spinal injury; and record and report patient information.

Students will gain valuable experience through hands-on practical sessions, accompanied by short lectures. The course is taught by experienced and practicing Fire Fighter and Paramedic Instructors. Graduates of the JIBC First Responder course will also receive a licence from the Ministry of Health Emergency Medical Assistants Licensing Board (EMALB).

### **Course Goals**

- To prepare students for further education or a career within health care
- To provide successful students with a First Responder licence at the EMA Schedule 2 (Except f) Emergency Childbirth).
- To provide successful students with cardio-pulmonary resuscitation certification level 'C' Health Care Provider (CPR-HCP)
- To provide successful students with Standard First Aid certification



## **Learning Outcomes**

Upon successful completion of this course, the learner will be able to:

- 1. Describe the components of the Emergency Health Services system
- 2. Describe the fundamental principles of anatomy and physiology
- 3. Assess and manage a broad range of life-threatening traumatic and medical emergencies
- 4. Demonstrate basic airway and breathing management and critical interventions
- 5. Demonstrate cardiopulmonary resuscitation (CPR) and Automated External Defibrillation (AED)
- 6. Demonstrate spinal-injury management procedures and techniques
- 7. Demonstrate the following specific treatments and medical interventions:
  - a. Blood glucose sampling and glucose administration to treat diabetic emergencies
  - b. Basic first-aid techniques including minor wound care and at-work treatment
- 8. Describe mass casualty and special rescue considerations

### **Course Topics/Content**

- Preparing to Respond
- Establishing Priorities of Care
- Traumatic Injuries
- Medical Emergencies
- Special Populations and Crisis Intervention

# **Text & Resource Materials**

- 1. Canadian Red Cross Emergency Care Manual, 2012. ISBN 13: 978-158-480-4048
- BC Emergency Health Services Act, Emergency Medical Assistants Regulation. BC Reg. 210/2010 (Available online at the following link: www.bclaws.ca/civix/document/id/complete/statreg/210 2010)
- 3. British Columbia Emergency Health Services Treatment Guidelines (Available online at the following link: <a href="https://www.bctg.bcas.ca">www.bctg.bcas.ca</a>)

### **Equivalent JIBC Courses**

None.

Instructional Method(s) (select all that apply)	Hours
☐ Direct Instruction (lecture, seminar, role plays, independent study, etc.)	
⊠Supervised Practice (includes simulations & labs)	42
☐ Practice Education, Field Placement, Internship or Co-op	



Instructional Method(s) (select all that apply)	Hours	
Total	42	

#### **Course Evaluation**

The evaluation criteria used for this course are represented below. Specific course evaluation information will be provided by the instructor at the start of the course.

Criterion		% of Final Grade (may be represented as a range)
Course work (activities, assignments, essays, reports, etc.)		0%
Quizzes and exams		50%
Simulations/Labs		50%
Attendance/Participation (in class or online)		0%
Practice Education/Internships		0%
	Total	100%

#### **Comments on Evaluation**

A total of 2 written evaluations are required to achieve a 'PASS' grade in the PARA-1004 course. To be eligible for entry into the final comprehensive written examination; a minimum pass grade of 80% is required in the CPR-AED written examination. A minimum pass grade of 80% is required in the final comprehensive written examination.

A total of 2 practical assessments are required to achieve a 'PASS' grade in the PARA-1004 course. A minimum pass grade of 80% is required in final practical evaluations of medical and traumatic injury scenarios.

Students who receive a grade below 80% on an exam will be provided with the opportunity to complete one retest per failed exam (see Program Evaluation Guidelines for more information). If a student does not achieve a grade of 80% or higher on the retest they will receive a final grade of 'FAIL'. Students have 60 days from the date of their final practical evaluation to complete a retest. Failure to complete this requirement within 60 days will result in a 'FAIL' grade.

Course Grading Scheme*			
□JIBC1 (A to F)	□JIBC2 (MAS/NMA)	□JIBC3(CM/IN)	⊠JIBC4 (P/F)
(* http://www.jibc.ca/policy/3304 Grading policy)			

### Other Course Guidelines, Procedures and Comments

Students must maintain a 100% attendance rate to achieve a 'PASS" grade in the PARA-1004 course. Failure to be present for all class components will result in a 'FAIL' grade.



View official versions of related JIBC academic regulations and student policies in the JIBC Calendar on the following pages of the JIBC website:

# **Academic Regulations:**

http://www.jibc.ca/programs-courses/jibc-calendar/academic-regulations

Student Academic Integrity Policy Academic Progression Policy Admissions Policy Academic Appeals Policy Evaluation Policy Grading Policy

## **Student Policies:**

http://www.jibc.ca/aboutjibc/governance/policies

Access Policy
Harassment Policy – Students
Student Records Policy
Student Code of Conduct Policy

### **JIBC Core Competencies**

The JIBC promotes the development of core and specialized competencies in its programs. Graduates of our programs will demonstrate high levels of competence in the following areas:

<b>Critical thinking:</b> Identify and examine issues and ideas; analyze and evaluate options in a variety of fields with differing assumptions, contents and methods.	<b>Problem solving:</b> State problems clearly; effectively and efficiently evaluate alternative solutions; choose solutions that maximize positive and minimize negative outcomes.
Communication, Oral and written: Demonstrate effective communication skills by selecting the appropriate style, language and form of communication suitable for different audiences and mediums.	Interpersonal relations: Know and manage ourselves; recognize and acknowledge the needs and emotions of others including those with diverse cultures, backgrounds and capabilities.
<b>Leadership:</b> Inspire individuals and teams to reach their potential by embracing innovation through strategic thinking and shared responsibility.	Inter-professional teamwork: Understand and work productively within and between groups, respect others' perspectives and provide constructive feedback with special
Independent learning: Show initiative by acting independently in choosing effective, efficient and appropriate applied learning, research and problem solving strategies.	attention to inter-professional relationships.  Information literacy: Recognize and analyze the extent and nature of an information need; efficiently locate and retrieve
<b>Globally minded:</b> Self-aware of own identity and culture, recognize the interconnectedness of world events and issues; interact respectfully and authentically across cultures; value multiple perspectives;	information; evaluate it and its sources critically, and use information effectively and ethically.

utilize curiosity to learn with and from others.